

*Holy Love*  
AN ECUMENICAL MINISTRY AND SHRINE



THE THIRD CHAMBER  
OF THE UNITED HEARTS

*"The third Chamber of My Heart is the one in which My martyrs of love are formed.  
It is perfection."*

*Jesus, August 25, 2000*

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## THE THIRD CHAMBER OF THE UNITED HEARTS

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*Compiled from Messages through 11/29/2007*

## Preface

*“In the world I am establishing the Confraternity of the United Hearts.”*

*Jesus, September 15, 1999*

This topical study is a fruit of the *Confraternity of the United Hearts of Jesus and Mary* and can be viewed and printed from the website: [www.HolyLove.org](http://www.HolyLove.org).

*United Hearts of Jesus and Mary* means the mystical union of the Hearts of Jesus and Mary that began at the moment of Jesus' conception, never to be parted.

The Confraternity of the United Hearts promotes a journey of sanctification through devotion to the United Hearts of Jesus and Mary. The entire journey is based on trustful surrender through love and was established to order lives towards God's intended purpose: Eternal life in the Holy Trinity through sainthood.

*“Be you therefore perfect, as also your heavenly Father is perfect.”*  
MT 5:48

The first Constitution of the Confraternity of the United Hearts was drafted in the Fall of 1999 by Archbishop Gabriel Gonsum Ganaka of the Catholic Archdiocese of Jos, Nigeria and, at the request of Our Lady, it was officially inaugurated in the Catholic Church on the Feast of the Annunciation, March 25, 2000, by the Apostolic Administrator of the Archbishop's diocese.

### ABOUT THE FOUNDER OF THE CONFRATERNITY

**ARCHBISHOP GABRIEL GANAKA** (1937-1999)

His Grace, the Late Most Rev. (Dr.) Gabriel Gonsum Ganaka of the Catholic Archdiocese of Jos, Nigeria, founded the Confraternity of the United Hearts shortly before his death in 1999. He was a native of Plateau State, Nigeria.



Archbishop Ganaka occupied important positions both within and outside this Archdiocese, including:

- Appointed a member of the Congregation for the Evangelization of Peoples by Pope Paul VI.
- Appointed to the Canon Law Review Commission and the Pontifical Council for Interreligious Dialogue by Pope John Paul II.
- Served as President of both the Catholic Bishops Conference of Nigeria and the Symposium of Episcopal Conference of Africa and Madagascar (SECAM).
- He was a leader and representative to many international pastoral events, including the World Day of Prayer for Peace and the Millennium of Christianity.

The Archbishop was known by all for his loving pastoral approach to his flock, his innovative evangelization which impacted the Church at large, and his role as the Charismatic Renewal leader in all of Nigeria. His Grace promoted the Divine Mercy devotion and other devotions throughout his diocese, and under his care, priestly vocations soared.

### THE CHAMBERS OF THE UNITED HEARTS OF THE HOLY TRINITY AND IMMACULATE MARY



The Door to Each Chamber is  
Deeper Surrender to Love - the Divine Will

In 1997, the Archbishop became acutely ill and was flown to the United States for medical treatment. One of his flock came to Maranatha Spring and Shrine, the home of Holy Love Ministries, to seek Our Lady's intercession and subsequently introduced him to Holy Love Ministries and the all-important messages of Holy and Divine Love. His Foreword graces the pages of the book *Holy and Divine Love: The Remedy and Triumph*.

Archbishop Ganaka established the Confraternity of the United Hearts, with the international headquarters in Nigeria. He wrote the Constitution for the Confraternity before his death on November 11, 1999, exactly three months to the day from when he introduced the visionary and other Missionary Servants of Holy Love to Pope John Paul II.



*On the joyful occasion of the visit by the visionary, Maureen Sweeney- Kyle, with the Holy Father in August of 1999. Her husband, Don (lower right), the Late Archbishop Gabriel Ganaka (top left), and Rev. Frank Kenney, her Spiritual Director (1994-2004) (top center), accompanied her on the visit.*

## The Third Chamber of the United Hearts - Perfection in Virtue

“The third Chamber of My Heart is the one in which My martyrs of love are formed. It is perfection. Thus in the third Chamber (perfection):

- The soul is given introspection as to his practice of every virtue in thought, word and deed.
- He practices these virtues and fine tunes them with the help of grace.
- God sees his efforts and infuses the virtues into his soul.” *Jesus 8/25/2000*

“In this chamber the virtues bloom and the fruits of the Spirit ripen. The soul may think his progress is unremarkable. But, in fact, few souls enter this chamber and try to be perfected in love to such a degree. This is the chamber from which I choose My saints, My martyrs of love.”

“But it is also the chamber where souls are most severely tested by Satan. The soul needs to use heroic virtue in this chamber lest he slip into discouragement.” *Jesus 10/17/1999*

“Every virtue proceeds from love and humility. Therefore, the depth of love and humility in the heart dictates the depth of every virtue.”

“Every virtue originates from the power of the Holy Spirit. A person may know how to behave lovingly and humbly, but it is all pretense unless these virtues are alive and thriving in the heart. No virtue originates in the intellect. Further, the one who desires to be known as humble, holy, virtuous is practicing false virtue. The practice of virtue needs to be between the soul and his Creator.”

“As the soul attempts to polish the virtues in his heart and refine them in the eyes of God, he enters the third Chamber of My Heart. In this Chamber the soul finds himself tested over and over in every virtue, for it is the test that strengthens or weakens virtue according to the soul's response.”

“This is the Chamber that fine-tunes holiness by testing the virtues as gold in the Flame of Divine Love.” *Jesus 1/27/2001*

“It is in this third chamber of My Heart that I inspire souls to sanctity through a more perfect union and conformity with the Divine Will. The soul can move as deeply into My Heart as he desires. The more he strips himself of self love, the deeper he grows in virtue and into the chambers of My Heart.” *Jesus 1/31/2000*

St. Thomas Aquinas says: “Praise be to Jesus. I have come to help you see that all the grace obtained in one Chamber of the United Hearts is carried into the next Chamber and deepened. In other words the soul enters the First Chamber and is purified of his iniquity through Holy Love. When he enters the Second Chamber--holiness in the present moment--the purification he experienced in the First Chamber abides with him and continues. As he seeks to be holy in the present moment, he is even more aware of the slightest fault or iniquity, and strives to overcome them.”

“Gradually, the soul is drawn into the Third Chamber which is perfection of the virtues. The virtues are deepened through an awareness of imperfections in the present moment--the First and Second Chambers. And so it goes until the Kingdom of God--the Kingdom of the Divine Will--is established within the soul itself through union with the Divine Will.”

“So you see, this spiritual journey is like building a house--a spiritual refuge--within the human heart. One block builds upon another until the Kingdom of the Divine Will is enthroned with the heart itself.”  
*St. Thomas Aquinas, 3/08/2003*

“It is to this perfection each soul is called, created, and chosen. I do not place any obstacle between any soul and his sanctification. It is the soul himself who chooses obstacles, or chooses only God's Will in the present moment. What I am telling you is that every soul is capable of reaching the pinnacle of sanctity if he desires it. You will please make this known.” *Jesus, 1/31/2000*

“As the soul is made more loving under the commandments of love, it moves into Divine Love and the second chamber of My Heart. Here the soul receives much illumination and interior changes take place within the heart. The soul develops a private relationship with Me. Now the soul has light, but it is like a flame under cover, for much of the flame remains hidden between the soul and Me.”

“The next chamber [the third chamber] brings noticeable change. The progress that the heart has made in the first two chambers comes to light. The flame of love in the heart of the soul spills out into the world around him. He is a martyr of love who strives to conform to the Divine Will of My Father.” *Jesus, 4/7/2000*

## Martyrs of Love

“....Today, I invite you to understand that few are required to give up their life for the faith. In these times, however, and because of the great apostasy within My Church, the members of the Confraternity are being asked to be martyrs of love.”

“To be a martyr of love means to be a martyr of free will to give up free will for the Divine Will of My Father. When a soul can say: ‘I have no more wants except what the Father in Heaven wants for me’ - he is well on the way to martyrdom of love - martyrdom of his free will. He is deep in My Heart.” *Jesus, 4/25/2003*

“....The future is dependent upon your hidden acts of love, your quiet growth in virtue and your devoted prayers. These are the souls who make up the Remnant Faithful, the Martyrs of Love, the Victims of Love. Do not seek importance, then, in man's eyes--only seek to appeal to Me.”  
*Jesus, 6/17/2007*

“....Each chamber preceding this fourth and last chamber makes the soul desire perfect union more and more. This fourth chamber is comprised of the living martyrs of love.”

“You will please make this known.” *Jesus 12/18/1999*



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# The Virtue of Chastity

“I am God the Father, Creator of Heaven and earth, Creator of Jesus born Incarnate, Creator of all sexuality.”

“I created each soul to pursue chastity, for this is according to My commandments. The human body is created to give life and not lust.”

“The virtue of chastity is not one like patience or humility which through time, effort, and grace comes to perfection. No, the chaste soul must always live this virtue perfectly, for any failure in purity is a sin. Like forgiveness, chastity cannot be practiced in portion, but must be observed always.”

“As in any virtue, chastity must be observed in thought, word, and deed.”

“Each soul has been created to share Heaven with Me. No one reaches the Heart of this Eternal Father through lustful thoughts, words, or actions. These are all inspired by My adversary.”

“No one is childlike and at the same time unchaste. It is only the childlike who enter the Kingdom of Heaven.”

“Make this known.” *God the Father, 9/21/2000*

“I am your Jesus, born Incarnate. My messenger, the way to overcome evil is to uncover it, for as long as the enemy lies under cover of darkness hidden from view, he can flourish. This is how Satan attacks purity of heart:

- Through the media—TV, radio, music, books, pornography, movies;
- By disguising himself as freedom, such as promoting artificial birth control within a marriage as the right to choose;
- By promoting abortions and birth control both in marriage and outside of marriage, making sex an act of enjoyment, and not procreation;
- By labeling homosexuality an alternate life style. It is not. It is a sin.
- By promoting immodest fashions, both male and female. How numerous are the sins committed by giving a bad example or tempting another to unchaste thoughts and desires.
- By compromising consciences to believe that extramarital affairs are acceptable. He does this through the aforementioned media.”

“Satan’s most profound lie that undermines chastity is that sex was created by God for human enjoyment, not procreation within a marriage. This is why self-will has become the battleground of Satan and his cohorts. If love of self is more important to the soul than love of God and neighbor, Satan has an open door to the heart.”

“And so, I invite you to see that unclean spirits come to you every day through these various media and tactics of the adversary, for anything that opposes chastity is an evil spirit. It is up to the human will to unclothe Satan and choose good over evil.” “Make it known.” *Jesus, 9/25/2000*

“First and foremost, I grieve for the loss of innocence in the world. Because of modern communications and travel, this loss of the virtue of chastity is more widespread than ever before. Innocent little children are used and exploited by a pleasure-seeking segment of the population.”

“Closely adjoined to this grievance is the taking of innocent lives through artificial birth control and abortion. Artificial contraception is most often just another form of abortion. The innocent lives I give are destroyed before they can flourish in the womb. Couples prefer the pleasure, but not the new life.”

“I also grieve for the worship of false idols by so many. The gods of money, power and unnatural sins of the flesh have consumed the heart of the world.” *Jesus, 7/5/2002*

“I come as Jesus, born Incarnate to address My remnant faithful.”

“My brothers and sisters, some hearts question the message that was given yesterday on the 5th of the month. They question why I would place the destruction of innocence and chastity in young ones ahead of abortion. Babies who are aborted receive a baptism of blood and they always choose the light when they see it and are saved. But the innocent children whose chastity and purity is destroyed by others often receive spiritual harm and some, because of the crimes perpetrated against them, choose damnation when they do come to Me later in life; and this is why it is a greater abomination to Me than even abortion itself.”

“Here you see, My brothers and sisters, the soul is of the utmost importance; and so, that is why I urge you to pray against pornography and any kind of molestation of the young.” *Jesus, 7/6/2002*

“The soul chooses sin because he loves the sin more than God and neighbor. Sin is self-serving, you see.”

“The sins most prolific and wounding to My Heart of Love today are those sins against chastity, life and innocence. If all the sins of every generation were combined, the sins of this generation would still outnumber them. But My Love is patient and full of Mercy. I smile with favor upon My remnant faithful. They alone withstand My Wrath and hold back My Arm of Justice with the help of My Mother.”

*Jesus, 9/7/2002*

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## The Virtue of Diligence

“I am your Jesus, born Incarnate. Are you ready for your lesson today? I am here to teach you about the virtue of diligence. Diligence is a virtue much like a container made up of the Will of God in the present moment. Through the practice of diligence, the soul surrenders every present moment task to the Will of God for the love of God. Anything that the soul does which is not done for the love of God is not of eternal value.”

“Through the virtue of diligence, the soul performs each task before him as perfectly as possible. But this perfection varies greatly from a worldly perfectionism. The worldly soul wants to perform tasks perfectly to meet with his own satisfaction or the laud of others. The soul who possesses the virtue of diligence takes on each task purely for love of God. Therefore, even the lowliest task is made worthy and holy and gains eternal merit.”

“The diligent soul knows well that the present moment will never come again. But every moment can be a part of My Victory through diligence.”

“Diligence is like a basket containing freshly baked bread, the bread being the soul’s good deeds performed diligently. The aroma of these deeds enhances the environment. The basket is woven of love of God’s Will in the present moment.”

“Make it known.” *Jesus, 6/17/2000*

“I am your Jesus, born Incarnate. I have come to describe to you the virtue of diligence. Diligence can be likened to the grains of sand in an hourglass. The sand is all the acts performed diligently—that is, for love of God. The hourglass

represents the love of God which must embrace every thought, word, and deed in the present moment in order to gain eternal merit. Diligence, more than any other virtue, holds the soul to the present moment. It is through diligence the mundane task is sanctified.”

“Make it known.” *Jesus, 6/19/2000*

“I desire you realize that no good deed, no charitable word or loving thought that is based on Holy Love goes unrewarded by Me. I never forget any thought, word or deed that comes from Holy Love. I store such as these in My Sacred Heart forever.”

“When the soul comes to Me at judgment, I see all that he has accomplished in Holy Love, and all that he has not accomplished from a motive of love. His life is played back like a story book. All his sins were flaws in Holy Love. If he has sought My Mercy, they are forgiven and forgotten forever.”

“But his loving accomplishments are remembered by Me for all eternity.” *Jesus, 10/18/2002*

Diligence – to do good works and do them well, with care solicitude, and promptness. A negligent person goes to his work unwillingly, slowly, whereas the diligent man hastens to it cheerfully, with promptness and concern.

From *Divine Intimacy*, published by TAN Books.

Repeat to ourselves - “Do this because it is pleasing to God” instead of “it is my duty”.

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# The Virtue of Forgiveness

“I am Jesus, born Incarnate. I have come to share with you a lesson on forgiveness. To be forgiving the soul must first be loving. This is an obvious base on which forgiveness is built. Unforgiveness is an overpowering obstacle to holiness. It keeps the heart centered on self and not God or neighbor. Since self-love is the root of all sin, it is at the very basis of all unforgiveness.”

“This is why the soul cannot surrender to Me past hurts, for he puts his own feelings first—God and all others last.”

“I showed compassion to those who wronged Me. But for so many, it is too much of a challenge to their love and humility to return love and forgiveness for insult and injury. You must love Me more than you love yourself. I have commanded it. Forgiveness is a sign that you have done so and are well on the way of holiness. Unforgiveness tells Me you allow your heart to center on you—your pride, your injury. Do not say, ‘Why me?’ Do not think, ‘Woe is me, such and such happened to me.’ Such thoughts are full of self-love and bear unforgiveness as a fruit.”

“I send you the grace, through My Mother’s Heart, that you need to forgive. Open your hearts. Receive it. Welcome it.”

“Receive the benediction of My Heart in your lives.”  
*Jesus, 2/20/1999*

“I am your Jesus, born Incarnate. I have come so that you will know that the soul who forgives all his enemies, his persecutors and detractors is a soul who is blameless in My sight. It is such as these that advance quickly through the Chambers of Our United Hearts. This is Holy Forgiveness and can only be accomplished through Holy Love.”

“When the soul asks with a sincere heart, he receives My assistance in reaching this depth of forgiveness. This is not to say that he no longer holds unpleasant memories about certain people in his past, but he can recall these people and situations without anger. Anger and unforgiveness go hand in hand.”

“Upon this journey of forgiveness, the soul begins to pray for the ones who have in some way injured him. The more unforgiveness is overcome in the heart, the more I fill the heart with My Divine Love—Divine Mercy. The soul must realize that this inner healing cannot take place in his heart apart from Holy Love, for it is love which must replace bitterness and anger.”

“Tantamount to forgiving is to recognize the need to forgive.”

“You will please make this known.” *Jesus, 7/31/2004*

“I am your Jesus, Divine Love—Divine Mercy, born Incarnate.”

“I have come to speak to you once again about unforgiveness. If love and mercy combined made a fine sauce, unforgiveness would be like a bitter herb that ruined the chef’s masterpiece when he added it. Unforgiveness in the soul is like a deadly disease—insidious at the onset, but as a deadly cancer to every virtue.”

“Resentments and woundedness are unforgiveness. These are like introverted anger. These are a form of pride buried deep within the soul eating away at personal holiness. Resentments and woundedness come from disordered self-love. The soul cannot accept the wrong that was done to him as God’s permitting Will. He cannot allow God to weave the tapestry of his own salvation. He cannot meet the challenge of becoming more humble.”

“I invite each one to surrender everything in the past to Me. Accept all the insults others have perpetrated against you with humility. This is how you surrender to forgiveness. Accept your own sinfulness and weaknesses. I do—I still love you and I forgive you!” *Jesus, 8/9/2004*

St. Thomas Aquinas says: “Praise be to Jesus.”

“Please realize that every virtue must be pursued intellectually, emotionally and spiritually; otherwise it is only pretense. Forgiveness is no different. If it is pursued in the mind and with emotion, it is a beginning.”

“But the real virtue of forgiveness must be deep in the heart. In like manner, the soul must not allow unforgiveness to enter his intellect and emotions. To do so assails the forgiveness he may have accepted in his heart. This is how Satan attacks the virtuous heart.”

*St. Thomas Aquinas, 4/20/2007*

“...please understand that unforgiveness drives a wedge between your heart and Our United Hearts. Any area of unforgiveness should be obvious to you, for the fruit of unforgiveness is anger. People that you have unforgiveness for



in your heart are the ones you need to forgive. Sometimes whole bodies of people have caused situations in your lives and need forgiving. *Jesus, 4/8/2002*

“Anger takes on many forms - unforgiveness of self or others, pouting, depression - even procrastination is a form of anger. When the soul cooperates with any of these kindred spirits of anger, he is playing into the hands of Satan.”

“Anger, as with any other spirit, is a form of self-love which is inordinate in desire. Self has taken over the center of the heart - replacing love of God and neighbor. This, of course, opposes unity and promotes conflict.”  
*Jesus, 1/23/2006*

“If there is much pride in a heart, it is so easy for Satan to use the person as his willing tool, for pride (Satan’s hallmark) begets unforgiveness. Unforgiveness begets bitterness. Bitterness is the enemy that leads to calumny, detraction, anger, and many other obstacles on the path of Holy Love.”

“The soul who pays little heed as to the direction they are being led is fair game for Satan’s lies. You cannot allow Satan any present moment. This is what leads to Satan’s entry into the present moment: resentments, jealousies, ambition, self pity, and a competitive spirit. If the soul does not look for these signs in his heart, Satan will win over many present moments.” *Jesus, 2/15/2000*

“Some excuse themselves every fault by saying, ‘It’s my personality’ or, ‘We’re human.’ Yet, no attempt is made to correct these faults or to recognize Satan’s hand in their midst. They allow themselves to be ruled by their emotions, rather than trying to conquer them through Holy Love. I do not come to excuse but to convict.”

“I give you new and sufficient grace in each new present moment to overcome your faults and to come deeper into My Heart. You cannot hide from Me. You are always under My maternal gaze. Yet, if you believed I was with you always, you would not give in to anger and pride. You do not accept Me at My words.”

“Surrender to Me. Do not give in to every emotion Satan throws at you. You should be progressing beyond infancy and into adulthood in your spiritual journey by now. You must learn to call on Me in time of need.”  
*Blessed Mother, 9/10/1997*

“Humility of heart allows the virtue of meekness to flower, for it is through humility the soul puts himself last and all others first.”

“It is meekness that allows you to be mild in the face of anger - patient in the midst of adversity. Like all virtues, it needs to be in the heart and not superficial. The meek soul treats all people the same - friend and foe alike. *Jesus, 1/15/1999*

“...on this spiritual journey into Our United Hearts, I’m asking you to leave behind all your baggage, your misconceptions, your unforgiveness, your anger, any grudges you may have against one another.” *Jesus, 5/24/2004*

“The Fourth Chamber is like a cloak that protects you from ambiguity, confusion, anger and sadness. Beneath this cloak is My Mother’s Mantle of Love. What a sublime place to be--never dissatisfied, ambitious or fearful--wanting only what God offers you in each present moment. Aspire to this.”  
*Jesus, 4/12/2004*

Jesus comes in red and white. He says: “I am Jesus, Redeemer and King, born of the flesh. I have come to celebrate with you today this time following My Resurrection. Understand, redemption came to you through My obedience to the cross—the will of the Father.”

“So today let us discuss obedience. To understand obedience, first understand disobedience. Disobedience is self-love, for the soul loves his own opinion more than God’s opinion, more than the Church’s opinion, more than the opinion of his superior that God has placed over him.”

“The soul is disobedient that does not obey the commandments. Tantamount to all the commandments is the Law of Holy Love, for it embraces all the others.”

“The soul is disobedient that challenges Church law—even if it is in the heart alone. This would include Church dogma, all Church rulings on birth control, women priests, married priests, annulments, forgiveness of sins and My Real Presence in the Eucharist.”

“Today there is much confusion about these things. Some judge in the name of discernment. Even My Mother’s apparitions are rash judged. It is not against canon law to visit these sites before they are investigated and found worthy.”

“Now let Me tell you about obedience. When you obey those in authority over you, you are always accomplishing God’s Holy and Divine Will. Obedience is like the sail of a ship, which carried along on the breeze of self-surrender sails safely into port. Or it is like the shoe on your foot which goes where the will directs it. Obedience is a refuge—a mantle of grace. It is a shadow of the soul’s humility. It is difficult for the proud to be obedient.”

“Come to Me and I will assist you in this and all the virtues. I love you. I will bless you.” *Jesus, 4/14/1999*

Blessed Mother says: “Praise be to Jesus.”

Jesus: “I am your Jesus, born Incarnate. Tonight I have come to help you realize that when you surrender to the Divine Will in the present moment, you are surrendering to your own holiness. Obeying the Divine Will means to accept everything as from the Hand of God, understanding that grace will provide. Tonight We’re extending to you the Blessing of Our United Hearts.” *Jesus, 5/8/2000*

“My brothers and sisters, the depth of your belief in this Holy Love Message is reflected in your thoughts, words and deeds. If you truly believe, then you will obey all of the commandments, for this Law of Love embraces all of the commandments. Further, if you are Catholic, you will be obedient to the Magisterium and all Church law, and you will reverence My Real Presence in the Blessed Sacrament.

“My coming to you is not your salvation, My brothers and sisters. Listen and live the Message.”

“I’m extending to you My Blessing of Divine Love.”  
*Jesus, 1/27/2002*

Jesus and Blessed Mother are here with Their Hearts exposed.

Blessed Mother says: “Praise be to Jesus.” Jesus says: “I am your Jesus, born Incarnate.”

Jesus: “My brothers and sisters, I have come to help you along the path of Holy and Divine Love. Always place God in the center of your hearts, and with this love, serve others faithfully. This will lead you deeper into love, humility and simplicity. Do not be attached to your own agendas or opinions, but listen especially to those to whom you should be obeying.” *Jesus, 1/9/2006*

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## The Virtue of Patience

The Sacred Heart of Jesus appears. Jesus smiles. He says: “I am Jesus, born Incarnate. Please transcribe this.”

“Love is patient. Yes, it is true. Patience so closely follows Holy Love—Holy Humility. It is the virtue that reflects love and humility more than any other. Patience is the fruit of love and humility which allows the soul to unite to the Cross. Where patience is lacking you find a flaw in love and humility.”

“If Holy Love was a delicious soup, the broth would be patience flavored by the ingredients of love and humility.”

“Patience is like a sand castle built by the sea, the sand being love and humility. It takes human effort to construct the castle. Thus you must, with your will, turn your hearts over to patience. Do not allow your efforts in this virtue to be washed away through self-love.”

“My grace and blessing will combine with your efforts. Pray for this virtue. It is the reflection of holiness.”

*Jesus, 2/3/1999*

“I am your Jesus, born Incarnate. I love when you think of Me and turn your heart over to Me. Yes, let Me be your portion, your provision. Revere our time together, as I do.”

Maureen: “Jesus, what do I need to overcome in order to go deeper into Your Heart?”

Jesus: “Impatience is a sign of a weak point in humility and love. I ask you to be able to bear all things patiently for love of Me. Did I not do so for you? Do not listen to Satan when he starts to suggest others’ weak points. You will know it is Me speaking to you of others by the peace in your heart. When Satan criticizes others to you, his goal is to agitate you.”

“When you fast, let it be from your own will. You can accomplish much change in this type of fast.”

“I am revealing to you the Kingdom of My Divine Heart. Treasure what I tell you in love.” *Jesus, 9/27/2001*

Mary of Agreda comes. She says: “Praise be to Jesus. My sister, take this down.”

“I am here to speak to you about the virtue of patience in the life of the Blessed Virgin Mary. Our Lady, who was perfect in every virtue, never allowed time to become Her enemy. In this way She never thought about the past in a negative context—nor did She worry over the future. This allowed Her to patiently live out the present moment in patience and humility. She did not consider how many times She performed a simple task in the past or how long She would need to wait for something in the future. She did not fault others for their sins—thus showing impatience with them. Instead, She prayed for them.”

“When She saw Her Son suffer She did not have a bitter Heart, but was patient with God’s Will for Her and Jesus in the present moment. She endured patiently every separation from Jesus—even His Ascent into Heaven.”

“Humility and love were the basis of Her patience, and they shone through Her like sun shines through crystal.”

“Imitate Her.” *Jesus, 9/30/2002*

Jesus is here with His Heart exposed and says: “I am your Jesus, born Incarnate.”

“My brothers and sisters, I have come to remind you that it is the humble heart that is most easily given over to patience. It is only with great patience that you can await Heaven’s Provision. Everyone who awaits some type of Divine Provision, whether it is a particular grace, a conversion of a family member or guidance along the path of holiness—each one must practice humility and patience as you await what Heaven offers. Do not jump to conclusions. Wait on My Provision, and I will show you where to go, what to do, when to speak and when to be silent.”

“Tonight I’m blessing you with My Blessing of Divine Love.” *Jesus, 10/21/2005*

“I am your Jesus, born Incarnate.”

“This is how we must do everything—together. Invite Me along in the least little effort. Be patient. Patience bears the fruit of longsuffering.” *Jesus, 11/24/2005*

## Supporting Messages and Scripture

“Prudence governs all the virtues. Sometimes we do not prudently use the virtues. Sometimes a person is too patient and does not speak up in the face of wrong. Or he may show love by spoiling a child and giving in to the child excessively.” 5/13/2000

“...It is only in the test that virtue is perfected. If you desire to be patient, you will be given opportunities to be patient and, therefore, grow in patience.” 4/25/2001

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“...Heroic virtue is virtue that the soul perseveres in despite personal cost. Therefore, when he is patient he has no thought towards ‘poor me - I must be patient in the face of this annoyance’. He does not consider himself humble or holy, but regards all others as more virtuous than himself and constantly pursues a deeper perfection in virtue...”

*Jesus, 1/12/2002*

“...being patient with your crosses, for trustful surrender bears the fruit of patience. The more patient you are, the more you have surrendered to Me—everything...”

*Jesus, 5/13/2002*

“...Patience is the fruit of trust. When you can patiently trust Me, then you are able to surrender more completely, more perfectly.” *Jesus, 5/12/2002*

“...The soul must never consider himself perfect in any virtue. He should never think: ‘I was patient yesterday so now I have perfected the virtue of patience’--for the next test may be even greater than the last. Each soul needs to ask for the grace upon arising to be virtuous throughout the day...”

*Jesus, 3/10/2003*

“...The depth of every virtue in the soul is reflected in the depth of Holy Love in the heart; for instance, the soul can only be as patient as he is loving.” *Jesus, 6/27/2005*

“...He says: “I am your Jesus, born Incarnate.”

“My brothers and sisters, tonight I invite you to have patient trust. Perhaps you do not understand the inner workings of the Divine Will in daily events, and you grow impatient for victories and triumphs through people and events in your life...” *Jesus, 8/26/2005*

Longsuffering is love on trial. It enables you to forbear and forgive others (Colossians 3:13).

As with the other manifestations of spiritual fruit, you can't produce it in yourself. The ability to be longsuffering comes from the Holy Spirit (Colossians 1:11) and by loving God's law. (Psalm 119:165)- patiently enduring difficulties.

“If God causes you to suffer much, it is a sign that He has great designs for you, and that He certainly intends to make you a saint. And if you wish to become a great saint, entreat Him yourself to give you much opportunity for suffering; for there is no wood better to kindle the fire of holy love than the wood of the cross, which Christ used for His own great sacrifice of boundless charity.” *St. Ignatius Loyola*

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