

Perfection in the Virtues

— A Publication of Holy Love Ministries —



**Holy Love is the Mortar
that holds the bricks together
on the Stairway of Holiness**

© M. Kyle

**A Guide to Living
a Virtuous
Life**

About Holy Love

"Holy Love is:"

- "The Two Great Commandments of Love – to love God above all else and to love neighbor as self."
- "The fulfillment and the embodiment of the Ten Commandments."
- "The measure by which all souls will be judged."
- "The barometer of personal holiness."
- "The Gateway to the New Jerusalem."
- "The Immaculate Heart of Mary."
- "The First Chamber of the United Hearts."
- "The Purifying Flame of Love of Mary's Heart that all souls must pass through."
- "The Refuge of Sinners and the Ark of these last days."
- "The source of unity and peace amongst all people and all nations."
- "Holy Love is God's Divine Will."

"Realize that only evil would be opposed to Holy Love."

(Jesus – November 8, 2010)

THE TWO GREAT COMMANDMENTS OF LOVE

When the Pharisees heard that Jesus had silenced the Sadducees, they assembled in a body; and one of them, a lawyer, in an attempt to trip Him up, asked Him, "Teacher, which commandment of the law is the greatest?" Jesus said to him, "You shall love the Lord your God with your whole heart, with your whole soul, and with all your mind. This is the greatest and first commandment. The second is like it: You shall love your neighbor as yourself. On these two commandments the whole law is based, and the prophets as well."

(Matthew 22:34-40)

THE VIRTUE OF LOVE

"I am your Jesus, born Incarnate. I have come to speak to you about the virtue of love. Holy Love is, as you know, the Two Great Commandments: love God above all else and your neighbor as yourself. It is the embrace of all Ten Commandments. Holy Love is the Immaculate

Heart of My Mother. It is the Divine Will of God."

"Holy Love can be likened to the sun, which spills its rays over the earth enlightening the shadows of darkness. It is like the keys to the Kingdom I entrusted to My apostle Peter. It is the door to My Sacred Heart and union with Divine Love."

"Holy Love is the harmony between man, nature, and the Creator. It is the interpretation of the law and the means of all sanctification."

"The will of man must choose Holy Love. It is not open to debate, and stands undaunted in the face of discernment. Holy Love cannot be judged, for it is the judge."

"Holy Love is offered in every present moment and follows the soul into eternity."

(Jesus – June 28, 1999)

THE EFFECTS OF HOLY LOVE IN THE HEART

"I have come to you to speak about the effects of Holy Love in the heart."

- "Holy Love can transform the most mundane task into a powerful redemptive tool in the Hands of God."
- "Holy Love, when it is accepted in the heart, can transform darkness into the Light of Truth."
- "Holy Love can inspire victory over sin; therefore, Holy Love is the foundation of every conversion of heart."
- "Holy Love is the vehicle of surrender of free will to accept God's Divine Will."
- "It is Holy Love which helps the soul to recognize God's grace in every cross."

"These are sound reasons for souls to accept these Messages and to support this Mission of Holy Love by living the Messages. To do so is to allow your heart to be transformed by Holy Love. To do so is to follow the pursuit of Holy Perfection."

(St. Francis de Sales – January 14, 2012)

"Without Holy Love in the heart, good deeds, penance and reparation are hollow; for Holy Love is the foundation of holiness, righteousness and Truth. It is impossible for the soul to comply with the Divine Will of the Father apart from Holy Love, for God's Will is Holy Love. Holy Love leads the soul away from focus on self to focus on God and neighbor. This leads the heart into balance with the Divine Will. The soul gradually loses sight of how everything affects him – to focus on how everything affects God and neighbor. Such a soul is a jewel in God's Eyes and mounts swiftly up the Stairway to Holiness (*see page 100*). This is the path to perfection."

(St. Francis de Sales – January 16, 2012)

A COMPARISON OF SELF-LOVE VS. HOLY LOVE

Self-Love	Holy Love
Is motivated towards self-advantage in thought, word, and deed.	Is motivated in every thought, word, and action by love of God, and neighbor as self.
Sees only others' faults, not his own. Considers himself on the right path—perhaps even humble and virtuous.	Sees himself full of imperfections. Is always seeking to be perfected through love. Considers everyone more humble and holy than himself.
Holds a checklist in his heart of every wrong perpetrated against him.	Imitates Divine Mercy as best he can. Is compassionate and forgiving.
Is quick to anger and stands vigil over his own rights making certain they are not transgressed.	Is patient. Takes note of others' needs and concerns.
Hangs on to his own opinions refusing to surrender to another viewpoint.	Offers his own opinions but listens to others and lends them equal merit with his own.
Takes pride in his own achievements. May even take pride in his spiritual progress.	Realizes all things proceed from God; that without God he is capable of no good thing. All good comes from grace.
Sees himself and the world as the be-all / end-all. His only pleasure is thus achieved through the world.	Takes joy in storing up heavenly treasure, in growing closer to God and deeper in holiness. Knows the difference between earthly pleasures and spiritual joy.
Uses the goods of the world to satisfy self.	Uses the goods of the world to satisfy quest for holiness.
Objects to every cross. Sees trials as a curse. Resents others' good fortune.	Surrenders to the cross through love as Jesus did. Sees crosses as a grace to be used to convert others.
Prays only for himself and his own needs.	Prays for all in need.
Cannot accept God's Will. Becomes bitter over trials.	Accepts God's Will with a loving heart even when difficult.

(Given to Maureen Sweeney-Kyle by Blessed Mother on August 18, 1997)

– Holy Love Ministries –
An Ecumenical Ministry and Shrine

Perfection in The Virtues

A Guide to Living a Virtuous Life

Messages to the Visionary
Maureen-Sweeney Kyle

Published by:
Archangel Gabriel Enterprises, Inc.

DECLARATIONS

This book is based on Messages given by Heaven to the American Visionary, Maureen Sweeney-Kyle, over a thirty-year period (1993 – 2023). All public Messages are posted on our website: www.holylove.org.

All Scripture citations are taken from the Bible used by the Visionary: *The Holy Bible: Revised Standard Version - Second Catholic Edition* (RSV-2CE) by Ignatius Press, ©2006. All rights reserved.

The artwork on the front cover was drawn by the Visionary, Maureen Sweeney-Kyle.

Current Canonical Explanation:

RESPONSE TO APPARITIONS AND VISIONARIES FOR ROMAN CATHOLICS

Since the abolition of Canon 1399 and 2318 of the former Code of Canon Law by Paul VI in AAS58 (1966) page 1186, publications about new apparitions, revelation, prophecies, miracles, etc., have been allowed to be distributed and read by the faithful without the express permission of the Church, providing that they contain nothing which contravenes faith and morals. This means, no imprimatur is necessary.

The Discernment of Visionaries and Apparitions Today

by Albert J. Hebert, S.M., Page III

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About the Apparitions

The Visionary, Maureen Sweeney-Kyle, was born on December 12, 1940, on the Feast of Our Lady of Guadalupe. Our Lady first appeared to Maureen in January 1985. Shortly after the first apparition, Maureen began receiving frequent Messages, first from Jesus and then from Our Lady. Our Lady gave daily Messages through December 1998, then Jesus gave daily Messages from January 1999 to May 2017, and God the Father has since given daily Messages from June 2017 to the present. To date, Maureen has received over 35,000 Messages from God the Father, Jesus, Our Lady, many saints and angels, and the Poor Souls in Purgatory.

Spiritual Directors:

Over the years, Maureen has been guided by various spiritual directors/ advisors who have been experts in Marian Theology.



On the joyful occasion of the visit by the Visionary, Maureen Sweeney-Kyle, with Pope John Paul II in August of 1999. Maureen's husband, Don Kyle (bottom right), Archbishop Gabriel Ganaka of Jos, Nigeria (top left), and Rev. Frank Kenney, Maureen's Spiritual Director from 1994-2004 (top center), accompanied her on the visit.

APOSTOLIC MISSIONS

During the early years of the apparitions, Our Lady gave Maureen a series of missions to accomplish:

1986 – 1990

OUR LADY, PROTECTRESS OF THE FAITH

(Promotion of the Title and the Devotion)

1990 – 1993

PROJECT MERCY

(Nationwide Anti-Abortion Rosary Crusades)

1993 – Present

The combined Revelations of **MARY, REFUGE OF HOLY LOVE** and the **CHAMBERS OF THE UNITED HEARTS**. In 1993, Our Lady asked that this Mission be known as **Holy Love Ministries** and then requested that the Ministry procure property for a shrine in Lorain County, Ohio. This was accomplished in 1995. This 115-acre shrine is now known as **Maranatha Spring and Shrine**, the home of Holy Love Ministries, an Ecumenical Lay Apostolate to make known to the world the Chambers of the United Hearts through the **Messages of Holy and Divine Love**.

MISSION STATEMENT

We are an ecumenical Ministry seeking personal holiness in and through the Message of Holy and Divine Love. We seek perfection through the Chambers of the United Hearts. We spread the Revelation of the Chambers of the United Hearts whenever and wherever we can, thus ushering in the triumphant victory of the United Hearts.

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that holds the bricks together
on the Stairway of Holiness**

(M. Kyle)

Vision of the Stairway of Holiness drawn by Maureen Sweeney-Kyle

Part One: Holiness

Introduction

■ February 26, 2014. THE BASIS OF ALL HOLINESS

"I am your Jesus, born Incarnate. To live in Divine Love is to comply to the Divine Will of My Father. This is only possible by success in Holy Love. Holy Love is the embrace of the Ten Commandments and of all the virtues. This embrace is only possible through self-illumination as to the soul's own strengths and weaknesses. The basis of all holiness, therefore, is the desire to improve in virtue and in obedience to the Commandments. This is the desire to improve upon destructive behavior which opposes holiness. No one can be virtuous or holy if he does not first desire it."

■ September 24, 2007. FIRST STEP IN HOLINESS

St. Thomas Aquinas says: "Praise be to Jesus. I have come to tell you that the first and most basic step in holiness is to regard others' needs first. In doing so you must not look upon how everything affects you yourself, but how everything affects those around you. When you are concerned mainly for yourself, this is a sure sign of inordinate self-love. Such an attitude quickly carries you out of the First Chamber and away from humility of heart. Be solicitous and accommodating towards the needs of others, and trust in God's Provision in your own needs. This is the first and most basic step in personal holiness. Disordered self-love is the inspiration of all sin and has its roots in evil. Love of God and neighbor is the basis of all holiness."

■ January 12, 2002. HOLINESS vs. SANCTITY

"I am your Jesus, born Incarnate. I have come to explain to you the difference between holiness and sanctity. The holy one is righteous in many ways. He tries to lead a virtuous life most of the time. When he remembers to keep Me in the center of his heart, he practices Holy Love. But there are, nevertheless, small areas of his heart he does not surrender to Me. Perhaps he does not consider the source of inspirations that come to him and, therefore, speaks or acts uncharitably. Perhaps through inordinate self-love, he is attached to the world in some way –

be it his reputation, his opinion or his appearance. Now the soul who reaches sanctity leaves everything behind except his love for Me and for his neighbor. The difference between the one who is holy and the one who is saintly is that the saint practices heroic virtue. Heroic virtue is virtue that the soul perseveres in despite personal cost. Therefore, when he is patient, he has no thought towards 'poor me – I must be patient in the face of this annoyance'. He does not consider himself humble or holy, but regards all others as more virtuous than himself and constantly pursues a deeper perfection in virtue. He is always ready to 'go the extra mile' for Me. You will please make this known."

■ **March 10, 2003. HEROIC VIRTUE vs. FREE WILL**

"I am your Jesus, born Incarnate. In every present moment the soul is given the grace to be heroic in virtue. All that stops him is his free will. He hesitates – considering the cost to himself. In the instant that he hesitates, Satan is present urging him to act contrary to virtue. If the soul is being tested in patience and meekness, Satan tempts him with thoughts of anger. If the test is in humility, the devil invokes thoughts of self-love and pride. But the soul can only advance in perfection of the virtue when he practices the virtue amidst trials – for it is in the test that the virtue comes to perfection. The soul must never consider himself perfect in any virtue. He should never think: 'I was patient yesterday so now I have perfected the virtue of patience' – for the next test may be even greater than the last. Each soul needs to ask for the grace upon arising to be virtuous throughout the day. Say upon arising:"

Prayer to be Virtuous Today

"Dear Jesus, through the Immaculate Heart of Mary, open my heart to the grace I need to be perfected in virtue today in every present moment. Amen."

The Stairway of Holiness

■ **March 24, 1999. VISION OF THE STAIRWAY**

Jesus showed me (Maureen) a big staircase in a vision. It reached up to the sky. He comes. He says: "I am your Jesus, born Incarnate. I have come to discuss the Stairway with you. It is, indeed, the Stairway of Holiness that leads to Heaven. Each step represents a virtue. The mortar between the bricks (*it is made of bricks*) represents Holy Love, as love binds all virtues together. You will notice that the first step is very

great compared to the others. It can only be mounted with sincere effort and choice of free will. It is humility. None of the other steps (*virtues*) are attainable without humility of heart. The soul needs to really submit to that step. It is not mounted through false pretense. Look at the railing alongside the steps. This is what the soul clings to in order to stay on the staircase. Do you understand what it represents? It is simplicity. Through simplicity the soul keeps its focus on God in the present moment. See the angels I have given you to help you climb." (*There are angels alongside the stairs.*) "Do not be afraid of falling. Once you begin, the angels will assist you. The door at the top of the stairs is the doorway to My Heart – the door of Divine Love. I will bless your efforts in making this known."

■ **August 24, 2006. EACH STEP IS A VIRTUE**

St. Thomas Aquinas says: "Praise be to Jesus. You are asking in your heart how each virtue can be a separate step on the Stairway to Holiness. It is true – all the virtues must come together in the soul in order to achieve perfection and harmony with God's Divine Will; however, not all virtue is obtained at once. Virtue is a combination of the free will in cooperation with the graces received through the Heart of Mary. In order to increase in virtue, the soul must first acknowledge his shortcomings in the virtues. Then he needs to pray to overcome these faults. For instance, if the soul is given over to impatience, then he needs to pray for the grace to become patient; practice patience, and Our Heavenly Mother will gradually give him a strong gift of the virtue of patience. So, you see why self-knowledge is so important. Without it, the soul cannot continue his journey into the Divine Will. Every virtue has its counter in sin, which battles against conformity to the Divine Will. Each soul has its own individual battle to fight – its own flaws in virtue – its own strengths and weaknesses. Every step towards perfection in virtue is opposed by evil. Satan cringes at the thought of personal holiness. This is why it is important to pray for yourself, as well as others."

■ **May 22, 1999. SELF-SURRENDER IS THE KEY**

"I am your Jesus, Divine Love, born Incarnate. I have come to explain to you the fullness of My call, which is self-surrender. Without your surrender I cannot achieve in you My goal and your salvation. Surrender means that you must give up or relinquish something. Self-surrender is My call for you to give up your own will. Your will is directed by whatever is in your heart in the present moment. This is why My call to self-surrender is at once My call to complete submission to Holy Love in the present moment. Self-surrender is the key that unlocks the door to My Heart and to Divine Providence. So often you do not see My Provision because

you are blinded by what you want. So often what you want is not good for you and will not lead to your salvation. My Provision, My Divine Will for you, is like a great tapestry that I, the Weaver, begin to weave at your conception. All through your life, I design to put each thread in its place to create the masterpiece of your salvation. When you refuse to surrender to Me, you inasmuch as pull a thread out of place. Then I, the Artist, must redesign the entire tapestry so that it all comes together harmoniously. But when you surrender to Me, the final outcome is much more easily attainable. You see My grace and you cooperate with My Provision, My plan. The design is more beautiful because it is My best design. Your self-surrender is what moves your feet up the Staircase of Holiness. Your surrender lets you inhale the sweet fragrance of the bouquet of My grace. Without your surrender you are like a broken tool in the hands of a master carpenter. The carpenter cannot use such a tool, so he sets it aside and searches out a better one. In the same way, I cannot use you to the fullest unless you surrender completely to Me. When you surrender, you are telling Me you trust Me to lead you, guide you, provide for you, protect you. I cannot resist such a one. My love completely embraces such a soul and I am united with him. This is why I tell you, your trust is everything. Your trust is your surrender."

Lead a Virtuous Life

■ January 16, 1999. IMPORTANCE OF A VIRTUOUS LIFE

"I am Jesus, the Word Incarnate. I have come to help you realize the importance of a virtuous life. It is through the virtues you come into Holy Love – the Immaculate Heart. It is through a deepening of the virtues you come into My Heart – Divine Love. Understanding the virtues helps you to see where you are failing in them. The virtuous soul is at peace. If Satan tries to attack such a one, peace is regained quickly. The virtuous soul knows himself. He knows his weaknesses and he tries sincerely to overcome them. Virtue and holiness go hand in hand. The one truly advancing in holiness does not present himself as one who must be accommodated and placated. Rather, he is the loving servant of all. He never flaunts his spirituality nor aspires for recognition, but is content to remain in the background. Thus hidden, he does not set himself up as judge of others, but works on the virtues in his own life. I help those who call upon Me. I am inviting each one into My Divine Love. Come to Me."

■ January 1, 2007. THE VIRTUOUS LIFE EXPLAINED

St. Thomas Aquinas says: "Praise be to Jesus. Today, on this royal feast day, I have come to expound on the virtuous life. (*It is the Feast of the Mother of God.*) Every virtue springs from the Heart of God because every virtue is God's Holy and Divine Will. Knowing this, you must understand that the more the soul imitates Divine Mercy and Divine Love, the deeper the virtues in his heart, for Mercy and Love are the essence of the Divine Will. It is like this – God's Divine Will can be likened to the force that pushes water out of a fountain. This force burgeons forth, spraying the water up and out for everyone to see and admire. The water in this analogy, of course, is the virtues. In the virtuous person, all of the virtues are visible for others to see and admire. The fountain, of course, does not look at itself and say, 'Look at me. I'm so beautiful. I am impressing everyone.' In true virtue, the soul must be just as detached from his spiritual strengths as the water in the fountain, not regarding whom or how much he impresses others. It is false virtue that tries to impress. True virtue springs only from Mercy and Love with a Holy Indifference as to the effect on those around him."

■ January 27, 2000. THE SECOND CHAMBER (HOLINESS)

"I am your Jesus, born Incarnate. I have come to further enlighten you as to the Chambers of My Heart. The souls that pass from Holy Love into Divine Love have been convicted in their conscience and purified of their most glaring faults. Now as they enter the Second Chamber of My Divine Heart I pour into them knowledge of the virtues, an awareness of the depth of each virtue in their own heart, and a hunger to increase in virtue. For such as these it is not enough just to reach salvation. These souls thirst for holiness, thirst to please Me and draw closer to Me. To them this thirst seems unquenchable. As the virtues deepen, they move closer to the next Chamber of My Heart..."

■ August 25, 2000. THE THIRD CHAMBER (PERFECTION)

"I am your Jesus, born Incarnate. The Third Chamber of My Heart is the one in which My martyrs of love are formed. It is perfection. Thus, in the Third Chamber (perfection):

- The soul is given introspection as to his practice of every virtue in thought, word and deed.
- He practices these virtues and fine-tunes them with the help of grace.
- God sees his efforts and infuses the virtues into his soul."

■ **May 4, 2011. FALSE VIRTUE/ FALSE GIFTS vs. GENUINE VIRTUE/ GENUINE GIFTS** (Given by St. Catherine of Siena)

<u>False Virtue / False Gifts</u>	<u>Genuine Virtue / Genuine Gifts</u>
Practiced to impress others.	Practiced quietly – not to be noticed.
Much spiritual pride. (May claim ownership of a virtue or spiritual gift.)	Accepts what God gives humbly and without pretense. May even hope no one notices.
Feels one-upmanship towards others; i.e., 'I'm better than these people because I have this or that gift – I'm chosen.'	Considers all others more holy than himself – more worthy than himself.
May believe others' holiness is his responsibility since he himself is so 'gifted.'	Prays quietly for others, and tries to give a good example of holiness.
Definitely desires spotlight as a 'spiritually-gifted' person.	Desires hiddenness.
In his heart, does not accept that gifts and virtues come from God and his own cooperation with God's grace; believes they come from soul's own merit.	Gives God the credit since He is the Author of all good. Does not just say this but means it in his heart.
Believes too much in himself; i.e., everything that he thinks, says or does is an inspiration from Heaven. Is easily misled because of this weakness, and misleads others, as well.	Waits on the Lord. Prays for discernment. Does not offer direction or guidance to others except after much prayer and guidance from a spiritual director. Is prudent.

■ **May 24, 2013. FALSE VIRTUE**

"I am your Jesus, born Incarnate. Today, I have come to help all to understand that virtue, like anything else, can become twisted to become a tool of evil. Then, of course, it is no longer virtue. Here are some examples. You may take great pains in being patient. This is a virtue. But suppose you are patient with a sinner that needs correction, but you choose patience over a work of mercy in correcting the sin. Patience

ceases to have a good end but becomes Satan's trick in perpetuating the way of the sinner. Suppose you are asked to do something out of obedience to an authority or superior, but the outcome of this obedience would destroy a good work or put others in jeopardy. If you have not taken a vow of obedience as a religious, then you, in Truth and righteousness, must not obey, for your obedience would not serve God nor have a good end. In practicing every virtue, you must take stock of the fruits that it bears. Is the virtue serving God and man or could it be convoluted to further Satan's kingdom under the guise of good? In Truth, always work to build up the Kingdom of God and His Righteousness. Be Children of the Light."

■ **June 27, 2018. SPIRITUAL DANGERS**

God the Father* says: "I am your Heavenly Father. I come to pronounce the way of Wisdom and Truth. As you, My Messenger, watch the newly-hatched birds grow each day, you note a steady progression in their quest to reach maturity. In the spiritual life, the soul's progress is not as steadily progressive as the physical growth of the little birds. There are many components working for and against deeper spirituality. The soul may be on fire with the Holy Spirit one day and in the dryness of the spiritual desert the next. He may progress up the Ladder of Virtue rapidly at first, but then fail in virtue and become too discouraged to continue forward. He may be attacked by friends and family for pursuing holiness and find it too difficult to continue on. Just as the baby birds have to learn the identity of other birds and animals who are a threat to them, the soul must learn to recognize spiritual danger – pastimes, certain people and even goals not in accord with God's Will. Be spiritually wise so that you can recognize spiritual dangers and overcome them."

*(*Please Note: Whenever God the Father gives a Message to the Visionary, He appears to her as a Great Flame that she has come to know as the Heart of God the Father.)*

■ **January 11, 2008. SPIRITUAL PRIDE (Part 1)**

St. Martin de Porres says: "Praise be to Jesus. I have come so that all may have this knowledge. True and genuine virtue remains hidden from the soul; otherwise it is false and a spiritual pride. Thus, the soul that thinks he is humble, patient or charitable, or who seeks to be recognized as such, is being tricked by Satan and guilty of pretense. The truly virtuous soul sees all others as more holy, more virtuous than himself. He does not congratulate himself in his thoughts on acting humble or being patient or on behaving in any way virtuous. If he does so, he has

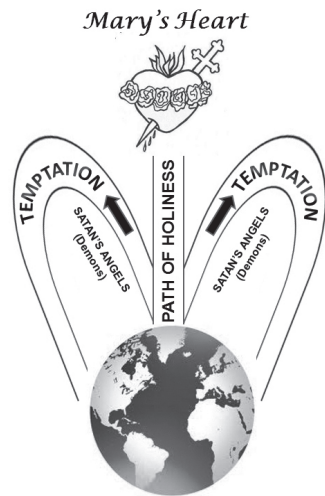
slipped into spiritual pride, to be sure. Spiritual pride is like a vanity in which the soul admires his own holiness and efforts in virtue. Such a one is actually slipping backwards on the Stairway of Holiness instead of advancing. Remember, Lucifer stood by the Throne of God before his fall from grace. I tell you all of this by way of warning, so that you do not fall victim to this most insidious snare of evil."

■ January 14, 2008. SPIRITUAL PRIDE (Part 2)

St. Martin de Porres says: "Praise be to Jesus. Sister, I have come to help you understand better my previous Message on spiritual pride. In the present moment, free will can choose to act on a certain virtue. Pride enters in when the soul congratulates himself on having succeeded in a certain virtue. The soul must not, in all simplicity, take inventory in what virtues he possesses or what Chamber he is in at any given moment. That is why simplicity is the handrail on the Stairway of Holiness."

■ July 9, 1993. TEMPTATIONS

Before and after Communion I (Maureen) was given the following vision. There was a narrow road which I understood was the narrow path of holiness that leads to Our Lady's Heart. Branching off this road were many side roads. These side roads seemed to go up to Our Lady's Heart at first, but then took a sharp turn downwards towards earth and away from Mary's Heart. Jesus said: "The side roads are the temptations of everyday life that each soul has. Satan's angels try to lure the soul from the straight and narrow path to My Mother's Heart. At first glance, the temptation looks good and the soul is deceived into thinking he is still on the good path. But as he is led farther and farther from holiness, he gets farther and farther from the Refuge of My Mother's Heart." [See *diagram*] He continued: "Pray to be shown the temptations in your life which are obstacles to holiness."



■ December 1, 2001. TEMPTATIONS

St. Thomas Aquinas says: "Praise be to Jesus...I have come to speak to you today about temptation. Temptation is the test of virtue. Without the test – without temptation – the soul cannot practice virtue, and cannot be perfected in the virtue being tested. Therefore, temptation can bring good or evil according to the soul's response. Do not be surprised, then,

when I tell you that the Message of Holy Love brings out the best and the worst in people. It brings out the best when the soul recognizes his faults through immersion in the Flame of Holy Love, and tries to overcome his faults – that is, be perfected in virtue. The Message brings out the worst in the soul when his faults are revealed to him, but he makes little or no effort to overcome them. So, it is the choice each soul makes in the face of temptation that determines the depth of his Journey into the Chambers of the United Hearts. It is the depth of love in the heart that determines the response to each temptation. Let me explain: If you have great love of God and neighbor in your heart (Holy Love), you will want, at all cost, to avoid hurting God and neighbor. Therefore, supposing you are tempted to be impatient, you will, in the face of temptation, practice patience. See then, it is God's Permitting Will that allows temptation to come into each one's life, for He desires that you be strong in virtue. I must return to Heaven now, but you will please make this known."

■ **May 22, 2009. OPPOSING SPIRITS**

St. Catherine of Siena says: "Praise be to Jesus. Today I have come to offer advice on the way of perfection through the Journey in Holy and Divine Love. The soul must desire perfection with his whole heart; that is, with his free will he chooses to practice the virtues, and chooses not to embrace any spirit which opposes virtue. These opposing spirits enter the heart through self-love. Take, for instance, impatience; the soul becomes impatient when he chooses the 'woe is me' attitude... 'look at what is happening to me'. Sometimes it is a good solution to laugh at the roadblocks Satan puts in your way. Another trap to take the soul away from perfection is choosing a sensitive spirit. Such a soul is unforgiving, brooding, a pouter and lives in the past allowing Satan to steal the present moment. The soul, please note, chooses these spirits himself. He keeps himself in a constant turmoil trying to get closer to Jesus and wondering why he can't. So today, I reveal to you, unless you choose to purge your heart of such spirits, your deeper holiness will always be foiled. You will not be in the light of Truth but on the outside trying to be perfected in your own way."

■ **May 1, 1999. LESSON ON ATTACHMENTS (OBSTACLES)**

"It is I, Jesus, the Word born Incarnate. Child, I have come to help you understand the mutual love I call you to. The law of Holy Love is to love the Lord thy God with your whole heart, soul, and mind, and your neighbor as yourself. This is the way to union with the Divine Will, the way to holiness, sanctity. Anything, person or place, that obstructs the way, represents an attachment. So today, I would like to teach you about attachments. It is Satan who tries to carry your heart away. He suggests

you should be worried about your appearance, your reputation, where you live, or what you are to eat. He keeps your heart in turmoil through unforgiveness. He suggests you must not give up your own opinion, which is the trap of self-righteousness. Within this same attachment to opinion lies another snare, that of judging. All of these fill your heart with thoughts contrary to love of God and neighbor. When you come before Me to pray, anything that your mind clings to in the natural is some sort of attachment. If you love Me with your whole heart it is easy to surrender everything to Me. It is easy to trust Me. But you do not trust Me if you cannot see My grace at work in every aspect of your life through My Love for you. Attachments are Satan's tool, his way of pulling you away from Me. If you ask Me I will help you overcome every barrier, but you must want it. Come to Me completely. Free yourselves of all that stands between us. I will bless you."

■ March 24, 2000. MOST COMMON OBSTACLES TO HOLINESS

"I am your Jesus, born Incarnate. I have come to lay bare the obstacles most common to the soul who first decides to choose Holy Love. Sometimes these are obstacles that remain with the soul all along his spiritual journey, as the soul does not recognize them. The first is unforgiveness, which bears the evil fruit of a bitter heart. Thus, when you first choose holiness, you must forgive everyone. If you do not, the virtuous life will elude you. The next obstacle is that of judging others. This is an open entrapment of Satan and stems from self-righteousness – a form of spiritual pride. This error has a sister, which is spiritual envy. A soul should never compare his spiritual progress to another. Yet another obstacle to the spiritual journey is discouragement. When the soul's faults are revealed to him, instead of overcoming them in the present moment, he may be tempted to live in the past or the future. But sorrow for sin belongs in the present where the soul understands the fullness of My Mercy. Therefore, in the present the soul trusts that My Mercy over his past removes his guilt forever. Understand that Satan does not want your holiness. He is eager for the soul to choose any obstacle through self-will. Be aware of his actions and pitfalls. Discover them and avoid them. I will bless you."

■ May 9, 2005. NEGATIVITY

St. Thomas Aquinas says: "Praise be to Jesus. I have come to help you see that those who have nurtured negativity in their hearts have grown an obstacle contrary to Holy Love – for Holy Love is the vine and humility a branch. The humble heart does not look at the bad effects of every situation and how all things affect him negatively. Humility accepts all things as from the Hand of God. In this, the humble soul rejoices in all

things and takes delight in the Will of God. Then, when difficulties come, as they will, he is able to give them back to God and await the next part of God's plan with patience and forbearing."

■ **April 14, 2008. HUMAN EMOTION**

St. Bernard of Clairvaux comes. He says: "Praise be to Jesus. Listen carefully. I desire the world understand what I am about to say. The virtuous life, even grace itself, is often obstructed by human emotion. When people respond to situations, whether in thought, word or deed with purely emotion, virtue flees and so, too, does the grace to practice virtue. Say, for instance, someone offers constructive criticism to you and it is received only with lack of humility and self-defense. Perhaps you worry about your reputation and how others perceive your words or actions. This opposes simplicity of heart, which does not chase after its reputation. Perhaps you are prone to impatience or anger. Humility, based on Holy Love, must be allowed to capture your heart. Pray for a generous spirit. Such a spirit is always ready to forgive, always ready to practice virtue when put to the test. The generous heart recognizes when he should give to others and when to hold back. He recognizes the opportunities that grace affords him to practice virtue. In this way, he practices wisdom, not impulse. Always trust in the Lord to give you the grace you need to rise above pure human emotion. It is given to each soul in every present moment."

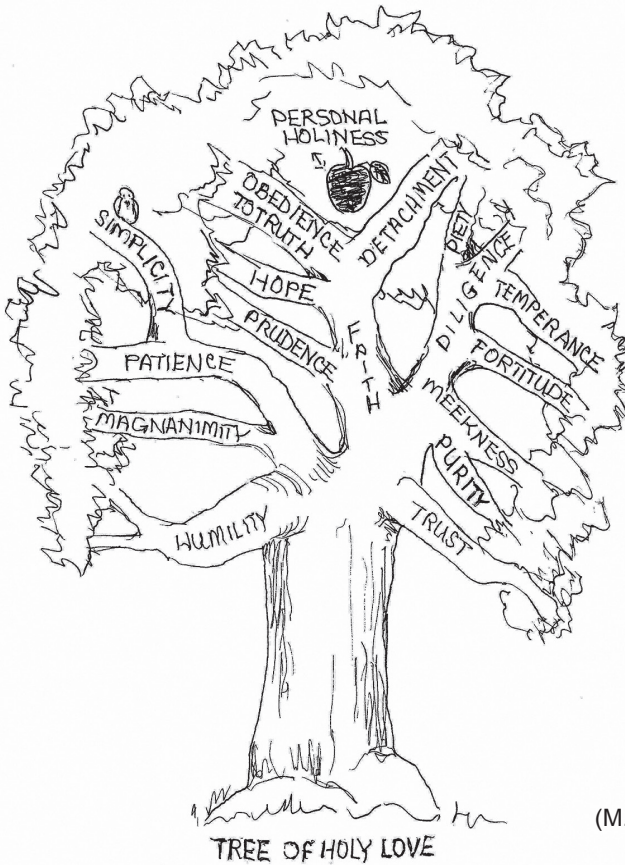
■ **September 10, 2014. SELF-COMPLACENCY**

"I am your Jesus, born Incarnate. I bid all who have ears to listen. Guard against being self-satisfied in your spiritual journey. Such self-complacency opposes humility of heart. The humble soul is constantly searching out his weaknesses in virtue and seeking to overcome them. Every virtue must be based on humility; otherwise, it is false and practiced only for show. The virtues do not flatter the soul, but give praise to God Who, in His Mercy, tenders forth the grace of living a virtuous life. Beware of those who do not practice humility or call themselves to account for failure in humility. Such as these oppose their own perfection and the Will of My Father and do not live in the Truth. The test of every virtue is the opportunity you are given to practice it." (***Read 2 Timothy 2:21-22 and Ephesians 4:23-24***)

■ **November 16, 2013. COMPROMISE**

"I am your Jesus, born Incarnate. I tell you solemnly, consciences which are formed around Holy Love are deemed righteous in God's Eyes. These are the ones who embrace the Commandments and pursue the virtuous life. If Holy Love is not the basis of every virtue, then compromise sneaks

in and begins its insidious destruction. The structure of compromise is always self-serving. The mentality is such as: 'I can get away with it; there will be no consequences; I deserve this, so I'll take – use – it.' This is why disordered self-love is such an enemy of the soul. Self-love, when it is inordinate, stresses some worldly reward. Holy Love seeks to serve God and neighbor. When a soul seeks holiness, but cannot purge himself of so much self-love, it is like this. Holiness is like a beautiful apple hanging high on the tree. The soul seeking holiness begins the climb,



(M. Kyle)

but compromise sneaks in. Halfway up the tree, the soul slips and falls – never to reach the 'apple' or holiness. The good news is he can always begin the climb over again. The soul must remember to use his guardian angel to give him a 'boost' in the right direction. It is grace that makes the 'apple' so appealing and delectable. Some walk by the tree and never notice it. Still others see the 'apple' but regard it as unattainable. Still others begin the climb but easily become discouraged. Each one's angel is ready and willing to help the soul in his efforts to reach the

'apple' of personal holiness. The tree is Holy Love and each branch is a virtue given to help the soul rise higher in his climb. The branches – the virtues – offer firm support if they are strong in Holy Love. The little birds that rest in the branches are your neighbors seeking your help, which you gladly give in Holy Love. You must hold on tightly to the branches or virtues as you climb towards your goal of personal holiness. Satan often blows a strong wind of compromise into the tree, hoping to make you slip and fall. A firm resolve to reach your goal and the help of your angel will enable you to hang on. Keep your eyes and your heart on the goal and climb ever higher towards it."

■ **September 9, 2011. PRAY TO DEEPEN PERSONAL HOLINESS**

"I am your Jesus, born Incarnate. Today I have come to ask souls to pray this way as a means of deepening their personal holiness:"

Prayer of Perfection in the Virtuous Life

"Dear Immaculate Heart of Mary, Protectress of Faith and Defender of All Virtue, Refuge of Holy Love, take my heart and place it under Your Maternal Gaze. Protect the virtues I am seeking to perfect. Help me to recognize any weakness in virtue and to overcome it. I surrender my virtuous life to Your charge. Amen."

Build a House of Holiness

■ **March 8, 1999. CONSTRUCTION OF THE HOUSE**

"I am here. I am Jesus, born of the flesh. Child, today I will liken the mount to perfection to the construction of a 'house'. The house is made of materials. These are the virtues in the spiritual life. The materials are useless unless the builder puts them together. The builder is your free will. The final product is a thing of beauty to behold, just as a soul is beautiful to Me that seeks union with Me through perfection. The house that is constructed is not only beautiful but can be put to use by many people. This is how I use a soul with many virtues. Such a soul can be used by Me for the good of many others."

■ **July 10, 1999. EACH HEART IS LIKE A LITTLE HOUSE**

"I am your Jesus, born Incarnate. Today I invite you to see that each heart can be likened to a little 'house'. The door is free will. The owner of the house can admit either good or evil. What the householder allows

in is also what comes out in the world around him. If the little house is a virtuous dwelling – a house of holiness – the bricks and mortar it is constructed with will be Holy Love, Holy Humility. These are the two that surround all the other virtues – unite them and make them strong. Without love and humility other virtues cannot truly dwell in the heart; there is no structure with which to hold them there: self-love assumes the role of the brick and mortar; false virtue – which is for show – envelops the heart. This is why you must measure the worth of every present moment according to Holy Love – Holy Humility. Surrender to Me and I will assist you."

■ **January 15, 2001. HEAVEN'S BLUEPRINT AND POWER TOOLS**

"I am your Jesus, born Incarnate. Today I have come to help you understand why Holy Love is the path of salvation. No one enters My Father's Kingdom who does not love God above all else and his neighbor as himself. My Messages to you concerning the Chambers of My Heart are as a blueprint to heaven, holiness and sanctity. There are many who do not know this path or my plan. For them, salvation is more complicated, holiness elusive, and sanctity an unrealistic goal. It is as though they are trying to build a 'house' without a blueprint. Besides this, they have no power tools. These power tools I give you are the virtues. So, you see, through this Message I have drawn for each soul a blueprint and am willing to give him power tools, as well, to construct his own house or heart of Holy Love. The more closely he follows My plan, the more perfect his house will be. Some are master carpenters, others not so willing to learn. But I am a patient teacher – a merciful taskmaster. And so, you will please make this known."

■ **January 7, 2006. YOUR PRAYER LIFE IS THE MORTAR**

St. Thomas Aquinas says: "I have come to encourage all those who seek holiness. If your spirit is comprised of all the virtues you embrace, please understand that your prayer life is the 'mortar' that holds the 'bricks' of virtue in place. Without mortar, bricks crumble and fall. Without prayers, virtues are replaced with weaknesses and sin. A solid brick wall is impregnable by fire. A brick wall without mortar can be easily toppled, and profaned by Satan's flames of deceit. When you neglect your everyday prayer life, you leave room for Satan to enter your heart with his suggestions. Then you fall into self-pity, egoism, avarice and more. What's more, you are not in harmony with God's Divine Will and, therefore, you do not see this happening. Your spirit becomes synchronized with Satan's agenda instead of God's Will which is a life of virtue. It is then you become the adversary's tool, which he uses to reach others. Understand, then, the impact your prayer life has – not

only on yourself – but others, as well. If you do not pray, the motives of your thoughts, words and deeds are easily taken over by self-love. I tell you these things to make you stronger in Holy and Divine Love, and thus to strengthen the Mission."

■ **July 14, 2013. HOLY LOVE STABILIZES THE HOUSE**

"I am your Jesus, born Incarnate. Holy Love must be in the heart as the foundation of every virtue. The stronger the virtue of Holy Love, the stronger is every other virtue. Since love is the foundation of personal holiness, it stands to reason that Holy Love in the heart is the target of Satan who seeks the destruction of every soul...The Gospel Message of My Commandments of Love is the foundation of Truth which I call you to. Stand firm upon this Rock of Love. Let Holy Love consume and transform you. Then you will be completely Mine. It is Holy Love in your heart that holds you firmly upon the path of Truth and builds you up in virtue. I desire the spiritual 'house' of each soul be stabilized in Holy Love, thereby being My Glory in the world."

■ **November 29, 2020. BUILDING THE HOUSE**

God the Father says: "The depth of Holy Love in your heart determines the depth of every virtue. It also determines the depth of your surrender to My Will. In your acceptance of all aspects of your life in the present moment is your surrender. Holy Love is the foundation of your personal holiness. First, you must surrender to a deepening love of Me and your neighbor. Upon this love, you build your 'house' of virtues. The framework of this house of holiness is surrender to My Divine Will. Storms of temptations, doubts and distractions whip against this house of personal holiness, but the stronger the commitment to holiness, the more resistance there is to these outside challenges. Every once in a while, the soul is able to look out of one of the 'windows' of this house to see where he has been and where he is determined to go. This gives the soul impetus to continue to make his house of holiness stronger and more impervious to outside forces. Others who see the house of holiness may admire it from afar or may see where improvement is needed. In such cases, they should help the owner of this house of holiness to improve by adhering more closely to My Divine Will. I observe very closely the construction of each house of personal holiness. I am the Master Architect." (***Read Ephesians 4:11-16***)

■ **December 1, 2020. SELF-DENIAL STRENGTHENS THE HOUSE**

God the Father says: "Children, I refer, once again, to your personal holiness as a 'house' which you and I build together and share together. As any soul is attacked by marauders who desire to weaken the soul's

spirituality, the soul who is unaware finds his spiritual house losing its integrity by outside influence such as love of wealth, ambition, power and material goods. These loves are all passing. Love of these passing things is like a flood, earthquake or tornado that compromises the spiritual house and destroys it. The soul must reinforce his spiritual house by his own efforts of prayer, fasting from his own will and connecting to My Divine Will. The more he denies himself, the stronger his spiritual house. The soul beautifies his spiritual house through this self-denial. I must continue with this analogy at another time. To all who follow it, I extend My Apocalyptic Blessing." (***Read Ephesians 6:10-18***)

■ **December 2, 2020. DEFENDING THE HOUSE**

God the Father says: "Continue to persevere in conservatism. This point of view is what your spiritual 'house' must be based upon. Your personal holiness must be constructed on the Truth – otherwise, it is the work of Satan. Keep your personal spiritual house free of what is called 'progressive'. This is merely a departure from the Truth. Each soul is called to build a private spiritual house within his own heart. This house is the work of personal holiness. It is heated by the Holy Spirit. Its comforts are a private relationship between the soul and Heaven. It is constructed of grace. The stronger its construction through prayer and sacrifice the greater its defense against doubts and lies. The soul must learn to defend his house of personal holiness by tenaciously clinging to the Truth which is outlined in My Commandments. These are the front door leading into your personal holiness. I have given you guardian angels to guard this door and to defend any attack of untruth which tries to compromise your personal holiness. Trust in their guidance. Place the Seal of Truth over your hearts. I extend to those who listen My Apocalyptic Blessing." (***Read Ephesians 6:10-18***)

■ **December 9, 2020. SELF-KNOWLEDGE IS THE HAMMER**

God the Father says: "Children, your spiritual 'house', like any house in the world, must be maintained lest the elements in the world destroy it. Your spiritual house is vulnerable to love of the material world, acceptance of any sin and infidelity to the Truth. You cannot shutter the 'windows' of your soul against every temptation. It is by your own effort every temptation is overcome through the help of your guardian angel. Some souls lead lifestyles which leave them standing on the precipice of certain spiritual disaster. Unless they listen to the Truth of where they stand before Me, they will certainly slip over the edge and lose their souls, which is a far greater loss than the loss of their physical life. Self-knowledge, therefore, is the 'hammer' used to build your spiritual house." (***Read Luke 11:9-10, 28***)

■ December 10, 2020. FREE WILL IS THE DOOR

God the Father says: "Children, the door which opens upon your 'house' of holiness is your own free will. This door can easily be accessible or it can be barred by love of the world. It is a portal which Satan can easily access if the soul does not carefully lock it and bar his access. This lock is the soul's awareness in any given present moment as to where his thoughts, words and actions are leading him. Pray to keep holiness a goal in your day. No matter your activities in the day filled with present moments, pray to be the Message of Holy Love in thought, word and deed. Be protective of the holiness in your heart above all else. When grace knocks at the door of your house of holiness, recognize it and welcome its visit. The unwelcome visitor may come clothed in splendor and flavor, but the watchdog who tends the doorway to your house of holiness is the Spirit of Truth and will not allow him in. In times of need, you can enjoy the peace of your house of holiness and rest in the peace therein, for your house is filled with trust." (*Read Psalm 5:7-8*)

■ December 11, 2020. A LIFETIME OF PRAYERS AND SACRIFICES

God the Father says: "Children, when I speak of your spiritual 'house', I am referring to your heart. The spiritual house you construct is not made of bricks and mortar. It is constructed of all your prayers and sacrifices throughout your lifetime. The more you pursue personal holiness, the stronger the fortress of your spiritual house against any attack of evil. Some who pray with great fervency have a special angel posted at the doorway to their heart. Do not hesitate to call upon this angel who is at once mercy and love. If you neglect your spiritual house, the mold and mildew of sin begins to collect. These would be the neglect of prayer and sacrifice and the absence of efforts to please Me. Such souls build what may be regarded as mansions on earth, but in My Eyes are shacks not suitable for habitation. Every once in a while, give your house of personal holiness a fresh coat of paint by discovering new ways to please Me. Do a frequent 'house cleaning' through an examination of your conscience. Then, the Holy Spirit will be welcome in your house of personal holiness." (*Read Colossians 3:17*)

■ December 13, 2020. WHEN TEMPTATIONS COME KNOCKING

God the Father says: "Children, everyone's 'house' of personal holiness sometimes has temptation knocking at the door. The grace is always present to recognize this unwanted visitor. Sometimes the owner of the house unwisely allows temptation in through thought, word or deed. The soul must be careful whom or what he associates with. If the soul is trying to advance in personal holiness, he will readily recognize the unwanted guest and usher him out. The soul must be very wise as to

whom he allows into his house as sometimes the unwanted guest comes disguised in goodness. Make your house of holiness like a fortress of virtue. This is the way to advance quickly through sacrifice and prayer and to 'decorate' your house of holiness with deeper and deeper virtue. The deeper the soul is in virtue, the stronger his efforts to protect his house of personal holiness." (***Read James 1:12***)

■ **February 19, 2021. WORTHY SACRIFICES SECURE THE HOUSE**

God the Father says: "Children, as you offer worthy sacrifices to Me based upon Holy Love, you are building a more secure 'house' of personal holiness. The windows of this house see more easily into what needs to be done to please Me. This is all part of the victory of your journey towards your own salvation. Sometimes the windows of this house of holiness become smudged by the attraction of the allurements of the world. It is then, by your efforts, you can 'clean the windows' by recommitting to an effort to live a life of holiness. This is all part of the human condition to make the house of personal holiness secure. Treasure the opportunities you are shown to make worthy sacrifices. Once again, always keep in mind the physical well-being of the temple of the Holy Spirit, which is your corporeal body." (***Read 2 Thessalonians 2:13-15***)

■ **February 20, 2021. STRENGTHENED BY HOLY LOVE**

God the Father says: "The stronger the Holy Love in your heart – the stronger your 'house' of personal holiness is. Holy Love increases in strength in proportion to your efforts to please Me. All your prayers and sacrifices are as worthy as the Holy Love in your heart is strong. Keep your eyes and your hearts centered always on My Divine Will. My Will is that you love Me above all else and your neighbor as yourself. Your acceptance of your crosses is your strength. Do not boast about your crosses for this weakens the sacrifice. Keep your focus upon the greatest good – the salvation of souls. By your example, you are teaching others how to sacrifice. These days, souls spend a great deal of time and effort on pleasing themselves. This is the effort of mass media and the efforts of advertising which promote self-happiness and pleasure. This leads to a false sense of security. Genuine security lies in a strong relationship with Me. Allow Me to lead you deeper into My Paternal Heart and to surround you with My Love. This is the goal I set before you – the goal I call you to." (***Read Ephesians 5:15-17***)

■ **March 9, 2021. HOLY HUMILITY vs. FALSE HUMILITY**

God the Father says: "In order to increase in holiness, you must first recognize your failings in virtue. This self-knowledge is the building

block of your 'house' of personal holiness. Humility is the mortar that holds these building blocks together. This is because without humility of heart, the soul cannot acknowledge his own shortcomings. Self-knowledge very easily slips through the cracks of pride. Therefore, first and foremost, pray for humility which is the building block of all the other virtues. The soul who thinks he is humble is the farthest from humility. False humility, which is humility practiced to impress others, causes many a house of holiness to tumble down. Without humility, the self-knowledge needed to increase in personal holiness is elusive." (**Read 1 Corinthians 2:12-13**)

■ **March 11, 2021. DEEPER HUMILITY vs. PRIDE**

God the Father says: "When you understand that deeper holiness is dependent upon deeper humility, it is then necessary to explore ways in which you fail in humility. Pride is the opposite of humility. Therefore, the soul who wants to become more holy needs to discover areas of pride in his life. Pride is always based upon disordered self-love. This may be demonstrated in placing self first – others last. Pride likes the spotlight and thrives upon self-importance. Pride presents itself as having all the answers or in concern for how others regard him. Now, you must understand, that moving deeper into holiness requires a big effort of free will. Free-will choices will have to constantly be surrendered to the most humble thought, word or deed. This choice of deeper holiness has to be supported by much prayer seeking Heaven's assistance. The soul will never build a stronger 'house' of personal holiness without the help of the Master Carpenter – Me. I send the necessary grace through the Heart of the Holy Mother. The soul cannot become more holy unless he is willing to try to become more humble. He can only accomplish deeper humility through the enlightenment of prayer. Deeper holiness is the fruit of deeper Holy Love in the heart." (**Read 1 Corinthians 13:4-7,13**)

■ **May 14, 2021. EMBRACE HUMILITY AND FORGIVENESS**

God the Father says: "Children, make certain your own spiritual 'house' is in order before you scrutinize someone else's spirituality. Truth be told, no one is perfect. It is never easy to forgive. However, Holy Love dictates Holy Forgiveness. If you are walking with Me, make certain you are not carrying burdens of unforgiveness which impede your spiritual progress. Unforgiveness is pride in disguise. Pray for humility of heart. The humble heart does not know how to be unforgiving. The humble heart is closer to Me than many of high and exalted reputations on earth. Once again, embrace humility which pleases Me." (**Read Hebrews 12:14**)

■ July 16, 2021. **BELIEF AND TRUST IN GOD'S MERCY vs. GUILT**

God the Father says: "Your spiritual 'house' cannot be built upon the sandy foundation of guilt over past sins. Believe in My Mercy. Trust in My Mercy. Only then will you be able to proceed to deeper virtue. Keep a focus on all I have provided for you – both corporally and spiritually. To become closer to My Son is to meditate on His Passion and Death. Pray for the Church upon earth which is involved in a quagmire of controversy. The shadows of immorality hide the power of grace that My Son offers through the sacraments of the Church. Build up your spiritual household by breaking with habits of sin. Every spiritual house must be built upon Holy Love – the 'rock' which supports obedience to My Commandments. Such a household cannot be easy prey to evil. The greatest stumbling block to holiness for many is unforgiveness. Pray to imitate My Mercy towards all and even yourself. In that way, you will firm up the rocks in the foundation of your house of holiness. Such a commitment will bring peace to your own heart and the hearts of those around you." (***Read Hebrews 12:14***)

■ July 17, 2021. **MAKE A DAILY EXAMINATION OF CONSCIENCE**

God the Father says: "Your spiritual 'house' is secured with the nails of the Truth. The Holy Truth, of course, is obedience to My Commandments. All that opposes this Truth, begins to destroy your spiritual house. The compromise of Truth begins as disordered self-love creeps in. Sin – no matter how minuscule – is like a wind that gradually pulls apart the spiritual house. The windows in this house are comprised of wisdom. This is Heavenly Wisdom that helps the soul to see what is spiritually dangerous to the spiritual house of your soul. These windows peer out to the outside world but they also look in from the outside. The windows are discernment as to the path the soul is taking. If the spiritual windows become smudged, the soul loses sight of the path he is taking. A daily examination of conscience is your window cleaner in your spiritual house." (***Read James 3:13-18***)

PRAYER OF FORGIVENESS OF SELF

"Dear Jesus, grant me the grace of forgiving myself. Thus, I can overcome all guilt. Give me the grace of trusting in Your Mercy in the present moment. Inspire me to praise Your Mercy always. Amen."

(*Jesus – August 8, 2012*)

Part Two: Lessons on the Virtues

Humility and Love (The First Step on the Stairway of Holiness)

■ **January 13, 1999. LESSON ON HOLY HUMILITY**

Jesus comes. Many lights (angels) precede Him. "I have come to give glory to the Father. I am Jesus Incarnate. Child, are you ready for today's lesson?" Maureen: "Yes." Jesus: "Today I will teach you about Holy Humility, as humility and love go hand in hand. A soul cannot progress along the path to the Kingdom of Divine Love outside of either of these two. The humble soul has died to his self-will. He has surrendered all to Me, and I to the Father. The humble one is like a little child who takes direction easily, and entrusts all aspects of his well-being to his parents. It is the humble who progress rapidly in the spiritual life, bringing many souls to Me. He succeeds in this by performing unpleasant tasks without complaint and in hiddenness. The truly humble is repelled by compliments, positions of importance, or power. Insults are of no consequence to the humble. Reputation has been surrendered to Me. The humble one does not take pride in his opinion, spirituality, or any attribute God has granted him. How does one achieve humility? Guard against the enemy of humility which is pride. It was pride that told Satan to say, 'I will not serve.' Practice humility of heart in pride's place. I will help you, if you ask. It is I who call you into the Kingdom of My Heart."

■ **November 28, 1998. HOLY HUMILITY AND HOLY LOVE**

"I am your Jesus, born Incarnate. If humility is the root of every virtue, understand that Holy Love is the soil in which it grows. The tree that bears all virtue cannot thrive without roots and soil. Every virtue is practiced by a movement of free will. It is infused into the soul through the persevering practice of the virtue. First, the soul must choose Holy Love – the soil. Through love of God above all else and love of neighbor as self, the soul must practice humility. Humility is self-abasing, thus open to self-knowledge – even welcomes it. Humility then sees criticism

as a grace, considers others more worthy of grace, esteem, reward than himself. Humility is happy with the lowliest job, and never seeks recognition for his efforts. Humility seeks to be hidden. Thus, a person who claims humility is far from it. In Paul to Corinthians, Chapter 13, Paul describes Holy Love. This is also a description of Holy Humility."

■ **July 24, 2002. LESSONS ON HOLY LOVE – HOLY HUMILITY**

(Part 1) St. Thomas Aquinas comes. He is standing next to a ladder. He says: "Praise be to Jesus. I have come today to give you this illustration of a soul's journey into the Fourth Chamber of Divine Love. The ladder represents the Third Chamber of the United Hearts which is the perfection of virtue. Each step is a virtue. The side railings that the soul must cling to in order to climb up this ladder represent humility and love. Every virtue is fastened to Holy Humility – Holy Love. If it is not, it becomes unsteady and weakened. The virtue itself becomes false. The soul who is trying to climb, easily slips backwards. I give you this graphic to show you how important humility and love are in the spiritual life. God, you know, is never fooled by exterior pretense. He sees clearly into every heart. Indeed, humility is knowing that you are nothing more than you are in the Eyes of God. True Holy Love is loving God's Divine Will in the present moment. Neither of these virtues can be acquired through the intellect, but only in the heart; that is, you are not loving and humble by thinking that you are. These virtues come through the soul's cooperation with the action of the Divine Will in their lives. Both of these virtues require a lessening of self-love. The more the soul loses sight of self, the more God fills the void. These two virtues work together in the heart to lead the soul into the Fourth Chamber. One cannot work apart from the other. Without them the other virtues do not enter the heart. I reveal this to make the climb easier. Pray to be open always to God's Will for you."

■ **July 24, 2002. LESSONS ON HOLY LOVE – HOLY HUMILITY**

(Part 2) St. Thomas Aquinas comes. He says: "I have come to continue my lesson on Holy Love – Holy Humility. Consider once again the ladder whose steps are the virtues and whose side rails are love and humility. When the step breaks away from the side rail, it is no longer strong. It may resemble a step, but in fact, lacks the strength of a genuine step. So it is with any virtue. The virtue is only as deep as love and humility are deep in the soul. Virtue that is not grounded in love and humility soon gives in, as it is false. Every virtue must be supported by Holy Love and Holy Humility. If it is not, the soul will not advance on the ladder of holiness, but slip and fall. Think of the virtue of patience. The soul that is not supported by love and humility easily becomes impatient. He

begins to think of 'poor me' and how all things affect him, rather than on God's Divine Will in the present moment. The same is true of a failing in perseverance, meekness, and more. It is always an inordinate self-love that pulls the soul away from love and humility. Self-love, therefore, is the antithesis of the entire spiritual quest for holiness and advancement through the Chambers of the United Hearts."

■ **July 26, 2002. LESSONS ON HOLY LOVE – HOLY HUMILITY**

(Part 3) St. Thomas Aquinas comes. He says: "I have come in praise of Jesus, born Incarnate. In order for the soul to make a steady ascent up the ladder of virtue, he must have his hands firmly planted on both hand rails – Holy Love and Holy Humility. As he ascends, he reaches up higher on each side to pull himself to the next step. This action represents the soul's deeper commitment to love and humility. I will describe for you the loving, humble soul as a goal to aim for. Such a soul always places God first, ahead of self and neighbor. To do so, his thoughts, words and actions are towards pleasing the foremost object of his love. Through love of God, the soul loves his neighbor – seeing God's creation in his neighbor. For love's sake, he tries to overcome disordered self-love. This action embraces humility. The humble soul regards all others as holier than himself. He knows his place before God and tries to please God. He does not look for faults in others, but looks for good. He is submissive to God's Will in all things and in every way. He uses the goods of the world to give glory to God. In so doing, he does not consider cost to self. This means he does not look at how everything affects him. His thoughts, words and actions are turned towards God, not towards himself and the world. In essence he loses sight of himself. He is not concerned for his reputation in the world, but only for his relationship with God. These hand rails of Holy Love and Holy Humility are not always easy to maintain a hold of. Satan tries to grease them with his temptations so that the soul loses his grip. It is only with the assistance of grace from the Heart of Our Heavenly Mother the soul can even begin the climb. If the hand should slip from one side or the other, Our Lady is there, placing the hand – finger by finger – back where it belongs."

PRAYER TO ACCEPT OTHERS

"Oh God, pour forth Your Spirit into my heart so that I might love everyone who comes to me today. Help me to forget myself and focus on others' needs. Give me the Wisdom and Counsel of Your Holy Spirit. Allow me to see You in each person. Amen."

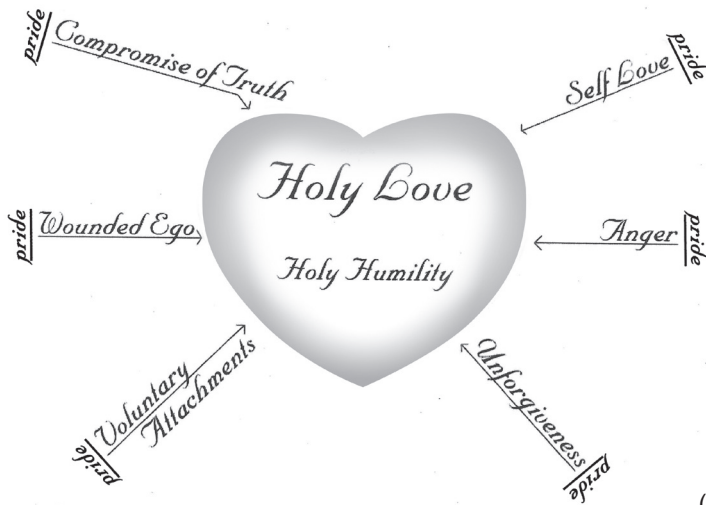
■ January 19, 2004. HOLY HUMILITY vs. PRIDE

"I am your Jesus, born Incarnate. I have come to help souls understand the virtue of humility, and to recognize in their hearts the archenemy of humility which is pride."

HUMILITY	PRIDE
Is a virtue.	Is a deadly sin.
Does not see himself as holy, but sees all others as holier than himself.	Is sanctimonious – self-satisfied with where he stands before God.
Forgives others easily.	Bears grudges; sees others' faults, not his own.
Is Truth.	Is Satan's lie.
Humility fosters a deepening of all other virtues. All other virtues will only be as deep as love and humility are deep in the heart.	Pride has a false sense of the depth of virtue in his heart.
Continually searches his own heart, examining it for flaws in Holy Love.	Believes he is probably in the Fifth Chamber, and there is no room for improvement.
Seeks to be hidden in the background; seeks a servant's position.	Loves to be in the limelight; seeks attention. Practices virtues for others to see.
Trusts in Jesus and in His Divine Providence.	Opens his heart to fears and doubts. Tries to control his own destiny.
Is always open to others' opinions once he has expressed his own.	Cannot surrender his own opinion; is self-righteous.
Tries in every present moment to surrender his own will to the Divine Will of God.	Cannot allow God to have His Own Way. Insists his plans, ideas, solutions are better than anything God could come up with.
Has as his motive for every thought, word and deed love of God and neighbor.	Has as a motive for every thought, word and deed self-love – his own personal agenda.

■ September 24, 1998. A SOUL DEEP IN HOLINESS

Blessed Mother is here as Refuge of Holy Love. "I have come to you today in praise of Jesus... The world values possessions and power. God values only the Holy Love in your heart. This is why Heaven's last call to humanity is Holy Love, for Holy Love is the last choice you must make for salvation. Therefore, My children, strip yourselves of the unnecessary, so that Holy Love can shine through and evil cannot penetrate it. My daughter, make the diagram I gave you in the dream. My children, see that the arrows are thrown by Satan to destroy personal holiness. They all stem from pride. I wish to describe to you the soul deep in holiness through Holy Love. The hallmark of such a soul is peace. This is true, for the soul has overcome Satan's arrows of pride. Therefore, the soul is found to be gentle, patient, forgiving, understanding, easily corrected, joyful, and, last but not least, wise. The more these traits are recognizable, the holier the soul. I will deeply bless each soul's efforts to attain holiness. I will bless you."



(M. Kyle)

■ December 21, 2001. SPIRITUAL PRIDE

St. Thomas Aquinas says: "Praise be to Jesus. I have come to help you understand what hinders the soul on his Journey into the Chambers of the United Hearts. It is always pride. Pride is the enemy of a deeper surrender to love. The essence of pride is self-love which fosters a lack of humility. The soul does not know his place before God. He does not recognize his own faults and shortcomings. He sees his free will as the 'be all – end all'. You see, my little soul, humility and love must

always work together in the soul. It is humility which makes Holy Love genuine and self-effacing. It is Holy Love that calls the soul to humility of heart. One cannot truly be in the heart without the other. Spiritual pride is a very deceitful counterfeit of true holiness. The one who is spiritually proud believes he is the source of the graces that come to him. He may never admit this, but deep within he does not give God the credit for the graces that come to him. He may even brag about the crosses he is asked to carry and graces he received in the hopes that others will see him as a 'chosen' soul. Spiritual pride is a form of duplicity. But when genuine Holy Love and Holy Humility work together in the heart, the soul is drawn swiftly, swiftly through the Sacred Chambers of the United Hearts, quickly being perfected in every virtue. Make it known."

■ July 30, 2004. HOLY LOVE AND HOLY HUMILITY

I (Maureen) was given the following interior vision: I saw two hands that seemed to be climbing up a golden rope which led to the Immaculate Heart of Mary. Then there were needles and pins which were diving towards the hands and piercing them, making it difficult for the hands to hang onto the rope. All at once gloves covered the hands protecting them, and they continued to climb. I was given the following interpretation: The hands are a soul. The golden rope is the journey in holiness through Holy Love. The pins and needles are persecutions, misunderstandings and lies that attack the soul on his journey. The gloves that protect him from Satan's attacks are humility.

■ August 3, 2002. PRAY TO PERFECT LOVE AND HUMILITY

"I am your Jesus, born Incarnate. Please write this down."

Prayer to Perfect Love and Humility

"Divine Heart of Jesus, in this present moment help me to live more deeply in Holy Love and Holy Humility. Give me the grace and the courage to look deep into my heart to see where I am failing in these virtues. I know it is only in overcoming these faults I can come deeper into the Chambers of Your Divine Heart. I beg Your strength in perfecting these virtues. Amen."

"Make it known."

■ April 17, 2006. PRAY FOR DEEPER HOLINESS

St. Thomas Aquinas says: "Praise be to Jesus. I have come to help you understand that your holiness and sanctification will only reach the depth of the humility and love in your heart. Therefore, in order to deepen your Journey into the Chambers of the United Hearts, each one should pray

daily for deeper love and humility, for on these two every virtue has its foundation. God has sent me to give you this prayer:"

Prayer for Deeper Holiness through Humility and Love

"Heavenly Father, I petition Your Paternal Heart in this present moment to carry my heart deeper into Holy Love and Holy Humility. I realize that my free will must cooperate with Your Divine Will so that humility and love can increase in me. I give You my will now, fully accepting whatever it may please You to send me, as I choose to be a little martyr of love in Your Hands. Amen."

■ **November 23, 2004. FALSE LOVE AND FALSE HUMILITY**

St. Thomas Aquinas says: "Praise be to Jesus. Understand, just as love of God and love of neighbor must always go together, humility and love must be together in the heart. If they are not present together, then false love and false humility are the result. The person cannot love genuinely in Holy Love if he is concerned about money, reputation, appearances or power, for these concerns stem from pride which is self-love. In the same way a person is not genuinely humble if he does not love his neighbor as himself or if he bears grudges or unforgiveness in his heart. The enemy of Holy Love and Holy Humility is self-love."

■ **January 6, 2005. PRIDE AND HATRED**

"I am your Jesus, born Incarnate. Once again, open your heart to this Truth – humility and love are always found together in the heart if they are genuine. Stop and consider the counter traits to humility and love. They are pride and hatred – two things Satan develops in a soul that cooperates with evil. But true virtue makes its home in the humble, loving heart. Such a heart is spiritually little and unassuming. Such a soul desires to be divested of honor and acclaim and takes delight in hiddenness. Always beware of the one who seeks recognition, who takes credit for the workings of grace and enjoys being in the spotlight. To such a one inspiration does not come from Heaven but from the adversary. A heart such as this is full of ambition, self-interest and promotes division instead of unity. Pray against all that opposes humility and love. Humility and love build up – pride and hatred tear down."

■ **November 15, 2004. SPIRITUAL CHILDHOOD / LITTLENESS**

"I am your Jesus, born Incarnate. I have come to help you understand the importance of spiritual childhood – spiritual littleness. The child seeks only to please his parent – to appeal to his parent. In a similar way, the spiritually little seek only to satisfy the Will of God. They want to be in the

presence of God more than anything. If they feel they are displeasing God in any way, they quickly seek His forgiveness. It is impossible to become spiritually little outside of humility and love. So, for this reason alone, spiritual littleness is a necessary step to perfection and to the Journey through the Chambers of Our United Hearts. Please make this known."

■ **November 15, 2004. PRAY TO EMBRACE SPIRITUAL LITTLENESS**

"I am your Jesus, born Incarnate. I am giving you this prayer to help you to embrace spiritual littleness:"

Prayer for Spiritual Littleness

"Dear Jesus, I wish to come to you as a little child. As a child, I desire only to appeal to you. In this effort, I reject the pomp of the world. I embrace the Truth of humility which reveals to me where I am in God's Eyes. I seek only God's approval in every present moment. Thus, I surrender my own will and my human nature to the Divine Will of God. In doing so, I do not chase after pleasures or importance in human eyes. I allow God complete mastery over my heart, trusting always in His plans for me. Amen."

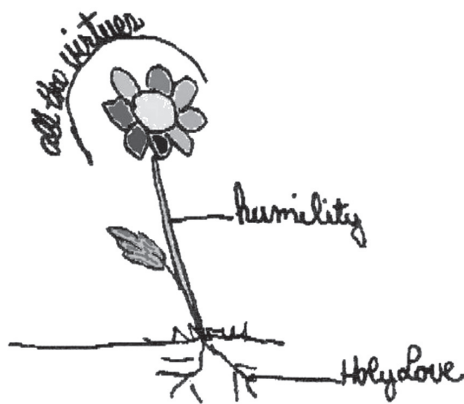
■ **September 2, 2011. IMPORTANCE OF HOLY HUMILITY**

St. Francis de Sales says: "Praise be to Jesus. I have come to help all to realize how important Holy Humility is to the spiritual realm. Humility and love are always together in order for all the other virtues to be genuine. Holy Love opposes inordinate self-love which is the undoing of personal holiness. The more the soul disengages self-centeredness, the deeper he is able to go into the virtuous life. The more the soul loses himself in love of God and neighbor, the deeper he is in faith, hope and love. Therefore, you see how important humility is in the embrace of faith, hope and love. But understand that every virtue descends into the heart from God. Therefore, the soul should not be remiss in praying daily for a deepening of faith, hope and love – and humility – in his heart; then all the virtues will follow and deepen."

■ **September 10, 2011. GENUINE VIRTUE**

St. Therese, the Little Flower, says: "Praise be to Jesus. Today, once again, I have come to address the topic of humility. There is no genuine holiness or virtue aside from Holy Love and Holy Humility. Humility is like a mirror which reflects all the other virtues. Humility is like a light that shines through every virtue. If personal holiness were compared to a flower, the bloom would be all the virtues, the stem would be Holy

Humility, bringing life to the bloom. The roots would be Holy Love; for all virtue – if it is genuine – is rooted in Holy Love. You'll notice I continue to make reference to genuine virtue. This is because many are tricked into thinking they are holy and virtuous, while at the same time, they criticize and rash judge others. Humility and love let God be the Judge. Humility always considers others more holy than himself. God does not look at the outer vestiges of the soul, but always at the heart. That is why humility always takes the last place, and never presumes to be more than he is. This is a great test of true virtue."



(M. Kyle)

■ **March 21, 2014. HUMILITY HOLDS THE VIRTUES IN PLACE**

Jesus says: "The foundation of all personal holiness is Holy Love. Every virtue is built upon Holy Love. The 'mortar' which holds each virtue in place is humility. Without humility, the 'virtues' that the soul believes he has are false. Please understand, then, that the soul who believes himself to be holy has been tricked by Satan. The truly holy person recognizes his errors and is constantly trying to be perfected in virtue."

■ **May 16, 2012. HUMBLE LOVE**

St. Thomas Aquinas says: "Praise be to Jesus. The opposite of spiritual pride would be humble love. Humble love regards himself as the least holy, the most unworthy of grace. He knows all good comes from God – that God is the source of every grace. He humbly tries just to be an instrument in God's Hands. Humble love humbly bears, with patience, the mistakes and character flaws of others. He mercifully, gently corrects when it is his place to do so. In humble love, the soul is always forgiving; knowing it is God's Grace that keeps him from making the errors another has made. In this same spirit of humility, he forgives himself of all iniquity. Humble love never tears down – always builds up. It never causes division, but unites. It does not see its opinion as the

only opinion unless it is a matter of good versus evil; then, humble love clings to the Truth. Pray for humble love in your heart."

■ **September 10, 2012. HUMBLE LOVE**

"I am your Jesus, born Incarnate. Today, I come to call all souls out of darkness into the light. Souls must participate in searching out defects in their own spiritual Journey through the Chambers of Our United Hearts. If they fail to seek self-improvement, they will never enjoy union with My Father's Will. Humble love is the means of this soul-searching. Without humble love, the soul is satisfied with staying where he is spiritually. Such a one does not see any error in his own heart, though he readily sees errors in the hearts of others. The one who does not search out error in his own heart, often enjoys making himself the center of attention and any prestige that may come his way. He practices virtue for others to see. This is false virtue. Humble love does not regard everything as to how it affects himself, but is always choosing to serve others. Thus, he avoids impatience, selfish ambition or the pride of enjoying the spotlight. Such a self-effacing soul does not seek to serve self first and then God and neighbor, but always God and neighbor first. The humble, loving soul readily gives compliments, drawing attention away from self, and does not readily – even in his own heart – become critical of others. The truly humble soul is never jealous, for jealousy is self-centeredness. The humble, loving soul is satisfied only with pleasing God and neighbor. He desires self-knowledge and the righteousness of knowing where he stands in God's Eyes."

■ **September 6, 2014. PRAY DAILY FOR HUMILITY**

"I am your Jesus, born Incarnate. Today, I have come, in particular, to extoll the virtue of humility. It is humility, based upon Holy Love, which propels the soul through the Chambers of Our United Hearts. The depth of humility is in proportion to the depth of Holy Love in the heart. Humility places God and others above self. Selflessness, then, is a fair barometer of personal holiness. Lack or flaws in the virtue of humility lead to ambition, envy, the desire for power and every type of temporal gain. The fruits of the Spirit – love, peace, joy – are weakened when humility is weakened. Truth is easily compromised and authority abused. Therefore, I come to you to ask you to pray for humility every day. Then I can lay a firm foundation of personal holiness in your heart and you will move rapidly towards perfection." (*Read Galatians 5:16-26*)

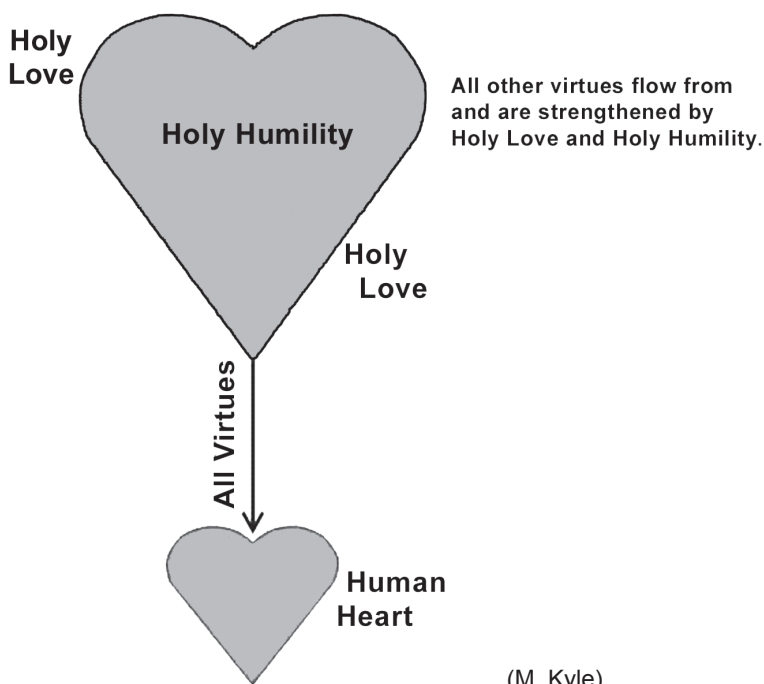
■ **August 17, 2010. HUMAN SPIRITUALITY**

"I am your Jesus, born Incarnate. This prayer needs to be woven into each soul's daily spirituality:"

Daily Prayer for Humility

"Dear Jesus, restore and renew the virtue of humility in my heart today. Do not let me fear being tested in humility, for I realize that the test of every virtue is a stepping stone to perfection. Help humility and love to work together in my heart so that all the other virtues will be made stronger and I can go deeper into the United Hearts. Amen."

(A graphic of a vision of human spirituality was given by Jesus.)



(M. Kyle)

■ September 20, 2021. LIVE EACH DAY AS A LESSON IN LOVE AND HUMILITY

God the Father says: "Live each day as a lesson in humility and love. Look for the ways in which you can practice these two virtues. Often, then, it will not take an effort to be virtuous but will be as a second nature to you. The times when it is most difficult to be humble and loving are the times which require the greatest inner holiness. Each day ask for My help in your efforts towards a deeper holiness. That way you will be prepared when these virtues are tested. Do not compromise these virtues through discouragement or anger." **(Read 1 Corinthians 13:4-7, 13)**

Simplicity *(The Handrail on the Stairway of Holiness)*

■ March 27, 1999. LESSONS ON SIMPLICITY (Part 1)

Jesus comes with lights coming out of His Wounds. He says: "I am Jesus, born Incarnate. I have come to teach you about the virtue of simplicity. Simplicity is to the soul like a compass is to a ship at sea. Simplicity keeps the soul on course, directing all thoughts, words, and actions towards God – everything in Him, with Him, and through Him. The simple heart holds no duplicity – no guile – no hidden agenda towards self-advantage. His words reflect what is in his heart. He seeks to please God above all else. If the simple soul could be seen it would be a little flower who, finding its nourishment from the sun, turns its face towards it and opens in full bloom. The more the soul allows himself to be steeped in self-interest, the more easily he is won over to duplicity. Perhaps he is passionate about reputation. This greatly compromises My simple call for the soul becomes compromised concerning himself about how others view him. I have My own opinion of each one. I look only into the heart. The more simple and single-hearted the soul is, the more I revel in him. This virtue, more than all the others, depends on Holy Love and Holy Humility. It is like the fruit put into the basket of love and humility. The bigger the basket – the more fruit fits in it. Make this known."

■ May 29, 2000. LESSONS ON SIMPLICITY (Part 2)

"I am your Jesus, born Incarnate. I invite you to contemplate once again the virtue of simplicity. The simple soul allows no obstacle to remain on the path between himself and God. All his thoughts, words, and actions come from a simple heart that has the singular motive of pleasing God. He is sincere and always truthful. He never tries to edify his reputation in the eyes of others through exaggeration or lies. He holds no hidden agenda in his heart towards self-advantage. He does not, in his actions, undertake projects simply to gain laud from others. He is always willing to make allowances for others' mistakes. He is always ready to forgive. Simplicity is the handrail on the Staircase to Holiness, for it holds the soul on the certain path of perfection. Make it known."

■ November 19, 2001. THE SIMPLISTIC HEART

"I am your Jesus, born Incarnate. A simple heart is the fruit of humility. It is the pure embrace of Holy Love. In such a heart there hides no

pretense or guile. Simplicity, you see, does not seek to impress men, but only to please God. The simplistic heart understands most clearly what is passing and what is everlasting. The obstacle to simplicity is the obstacle which stands in the way of progress into the Chambers of My Heart. It is inordinate self-love; for it is this disordered self-love that keeps the soul from surrendering to Me completely. Such a soul holds back – maybe not realizing it – but also not seeking perfect surrender. Every present moment carries with it the grace to surrender completely – therefore, the grace to advance in holiness. But remember, each present moment also carries with it temptations against your simplistic surrender – temptations to sin. The more you give to Me, the more I will give to you. If you pray more, you will receive more grace to see clearly your choices between good and evil. Make this known."

■ **November 8, 2006. HUMILITY, SIMPLICITY AND LOVE**

"I am your Jesus, born Incarnate. Remember, it is impossible to reach the depths of My Heart outside of humility, simplicity and love. The souls that lose sight of this, slip from the path of Holy Love. The depth of every virtue is in proportion to the depth of these three – humility, love and simplicity. Holy Love is the key that unlocks the door to the other two – humility and simplicity."

■ **January 14, 2008. SIMPLICITY vs. SPIRITUAL PRIDE**

St. Martin de Porres says: "Praise be to Jesus. Sister, I have come to help you understand better my previous Message on spiritual pride. In the present moment, free will can choose to act on a certain virtue. Pride enters in when the soul congratulates himself on having succeeded in a certain virtue. The soul must not, in all simplicity, take inventory in what virtues he possesses or what Chamber he is in at any given moment. That is why simplicity is the handrail on the Stairway of Holiness."

■ **January 16, 2015. PRAY FOR SIMPLICITY**

Our Lady comes as Mary, Refuge of Holy Love. She says: "Praise be to Jesus. Dear children, the simplest heart is the one who does not constantly seek his own advantage or is concerned about himself. His main goal in life is to please God and others. Such a soul is very childlike and a ready instrument in My Hands. He is not impressed with his own importance or reputation, but is always happy to build up the reputation of others. This is a very self-effacing soul – a soul who is easily pleased – a soul who is not critical of others' words or actions. This is why simplicity is the handrail along the Staircase of Virtues. Without simplicity, the other virtues collapse. Pray for this virtue."

The Theological Virtues: Faith, Hope and Love

■ **April 23, 2008. ACT UPON FAITH, HOPE AND LOVE**

"I am your Jesus, born Incarnate. How much I desire to be in the heart of every nation protecting it from the marauders of compromise, moral degeneration and false gods! But this is not the case; for faith, hope and love are not strong in most hearts today. When these three virtues are weak, all other virtues are weak. Moral strength is based on faith, hope and love. These basic theological virtues increase in proportion to the soul's will for them to increase. These days, most do not value a deeper relationship with Me. The superficial and temporary have taken precedence over that which is eternal. Mankind has little regard for God's gifts, even the gift of life. This is why these Revelations given here on the Chambers of the United Hearts are not accepted by the ones who need most to make this spiritual journey. This is why judgment overrides discernment. The soul that is not interested in being holy and coming closer to Me will develop false values. In every present moment, I offer each soul the opportunity to practice deeper virtue. Pray to act upon faith, hope and love so that I can increase in you and in every heart that will listen."

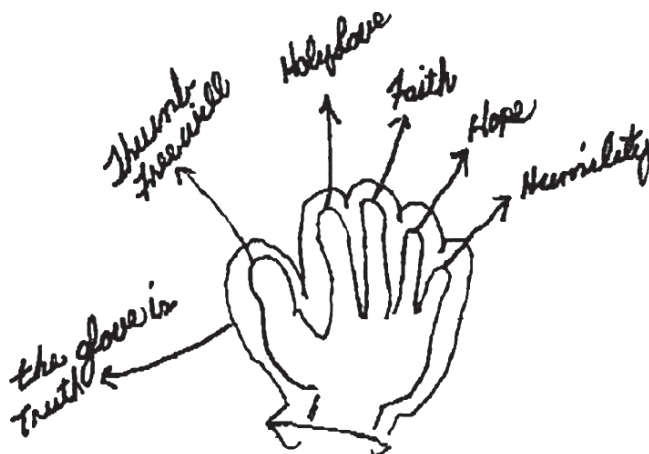
■ **May 30, 2020. FOUNDATION & BUILDING BLOCKS OF PRAYER**

God the Father says: "Faith, hope and love are the foundation and the building blocks of every good prayer and every solid prayer life. These three virtues come from My Heart, pass through the Heart of My Son, through the Heart of (Mary) the Mediatrix of all graces, into the heart of man. One nurtures the other. You cannot have faith without hope. The depth of love in the heart determines the depth of faith and hope. Pray to nurture a deep virtue of Holy Love in your heart so that you can live in My Divine Will. Faith, hope and love help you to understand My Will for you." (*Read Ephesians 5:15-17*)

■ **August 26, 2011. THE VIRTUOUS LIFE**

St. Teresa of Avila says: "Praise be to Jesus. Today I have come once again to speak about the virtuous life. Consider the analogy of a hand in a glove as it compares to the virtues of faith, hope and love. The index finger would be Holy Love, as it points and leads the way. The next two fingers would be faith and hope. The smallest finger would be Holy Humility, as the humble soul makes himself small. The thumb, which is

so vital in the overall operation of the hand, represents the soul's free will. The glove, which protects the hand, is Truth itself. It guards the hand against soil, which in the spiritual life, would be temptations clothed in Satan's lies. The fabric of the glove, which guards and protects all Truth, is Mother Mary's veil. Perhaps this will help all to understand the spiritual life better."



(M. Kyle)

The Virtuous Life

Faith

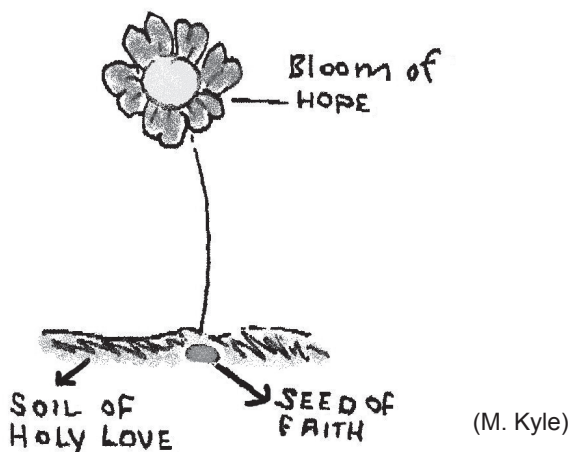
■ July 24, 1999. LESSON ON FAITH

"I am your Jesus, born Incarnate. My sister, allow Me to offer you some thoughts on faith. Faith is like the rock, which is unmoving and unchanged as the tempest sweeps by it. It is like the nail that holds secure the frame of a house. The degree of faith in the heart when a prayer is offered is like the heat in an oven. The warmer the oven the more quickly and completely the bread is baked. The higher the degree of faith, the more quickly and completely a prayer is answered. Faith is like gold which surrounds a great jewel, protecting it and revealing its splendor to the world. The gold is your faith, and the jewel your salvation. Faith is the path that leads you along the way of love with perseverance. Without faith you are tossed about like the branches of

a tree in a windstorm. Like the branch, your heart cannot settle or be at peace. Faith is like the wind that supports a kite in the spring breeze. If the breeze stops, the kite (your soul) sinks to the ground. Petition My Heart for faith. Always ask for a deeper faith. Faith, like love, can never be given in over-abundance. My peace be with you." He leaves.

■ April 11, 2012. THE SEED OF FAITH

St. Thomas Aquinas says: "Praise be to Jesus. I have come to tell you that as you look at the spring flowers all around you, I desire you think of the gift of faith. Faith is the little 'seed' in the 'soil' of Holy Love. It burgeons into a beautiful bloom, which is hope. The little 'flower' of hope is fed and nourished by the rich 'soil' of Holy Love, which faith is planted in. The richer the 'soil' of Holy Love, the more beautiful the 'bloom' of hope, which springs from a well-nourished 'seed' of faith."



■ June 26, 2009. HOLY LOVE ANCHORS FAITH

Blessed Mother says: "Praise be to Jesus. Today I come to help each soul realize that faith is not grounded upon great cathedrals or even persons of noted title or rank within the Church. Faith must be anchored upon Holy Love in the heart. If it is not, then it is an imitation – a superficial faith. Each one's heart is either genuine or artificial in its affections. God, Who looks only at the heart, judges only according to the Holy Love in the heart or the lack thereof at the moment of death. False virtues, attachments to the world, unforgiveness, all arguments or excuses, do the soul no good in that most important present moment. Because faith is according to each individual heart, the soul becomes a battleground – Truth against Satan's lies. Turn to Me in your conflicts for I am the Protectress of your Faith. I will defend your faith, as My Son has

given the faith of your heart over to Me. Do not entrust this gift of faith to anyone else – to false opinions borne of hatred, to jealous ones whom Heaven has lost influence over – or to those who only seek control and not your welfare."

■ **August 29, 2011. FAITH IS AN AFFAIR OF THE HEART**

Blessed Mother comes as Mary, Protectress of the Faith. She says: "Praise be to Jesus. Dear children, I have come once again, as the Father, Son and Holy Spirit allow, as Protectress of your Faith. Understand that faith is an affair of the heart. Faith does not come from the intellect, but is placed in the heart by God. Faith is lost when the heart succumbs to arguments set forth by the intellect and inspired by Satan. In the end, nothing is of any account except that which is in the heart; for it is what is in the heart at the moment of death that determines God's Judgment. Therefore, you must realize that riches, power or reputation are of no account unless they are used for the common good. Cleanse your hearts of attachment to any of these. Cling to faith, hope and love."

■ **August 30, 2011. VIRTUES SUPPORTING FAITH**

Blessed Mother is here as Mary, Protectress of the Faith and Refuge of Holy Love. She says: "Praise be to Jesus. Today I have come once again to speak to you about faith. Some virtues are very necessary in the support of the faith God places in the heart. If they are not there, faith is like the house that was built on sand that washes away with the first tide of opposition. In order for faith to be strong, it must be supported by the 'rocks' of hope and trust, and the boulder of Holy Love. Faith, hope and trust are synonymous in the virtuous life. Holy Love is the stable foundation of these. Without Holy Love in the heart, all other virtues are false and short-lived..."

■ **June 21, 2013. TRUE VALUE OF THE GIFT OF FAITH**

Blessed Mother says: "Praise be to Jesus. Dear children, I come to you today as Protectress of the Faith to help you understand the true value of your gift of faith. Faith is not something you can neglect or toy with through needless temptations. Be aware of what is challenging your faith; be it people, places or things. Do not challenge or try to redefine doctrine or dogma. Adhere to Holy Love and the Ten Commandments. Today, the secular world threatens faith on all sides. Never accept compromise. Come to My Property (Maranatha Spring & Shrine) and receive the Seal of Discernment."

■ **August 24, 2013. THE COMPROMISE OF TRUTH (FAITH)**

"I am your Jesus, born Incarnate. I tell you solemnly, everyone who has

lost their faith has accepted some compromise of Truth. Faith is based upon Truth. Sound reason is based upon Truth. When people start looking for proof of the tenets of faith, they have taken the first steps towards losing their faith. Faith is the belief in the intangible. It is a gift from God. If the human heart rejects this gift, it is taken elsewhere. The spiritual value of faith can never be fully realized in this life, but this in no way, diminishes its worth. I sent My Mother as the 'Protectress of the Faith', specifically for these times. Faith is in jeopardy and endangered by abusive leadership, modern technology and every other false god which compromises Truth. People would rather be politically correct than righteous in My Eyes. People place faith in themselves above faith in God. These are reasons why it became necessary to reveal to you My Mournful Heart. Console Me as I watch with anguish so many millions slip to their perdition. Hell lasts forever. The present moment is fleeting. If well-spent, the present moment brings you into eternal joy. Ask My Mother to protect your faith in the face of so much compromise."

■ **February 16, 2014. WHY FAITH WITHERS AND DIES**

Our Lady comes as Protectress of the Faith. She says: "Praise be to Jesus. Contemplate, if you will, a small flower which represents the faith. I come to protect the flower and to nourish it with these Messages. The little flower, however, is besieged with disease – the compromise of Truth. It does not assimilate the nourishment I send from Heaven and, therefore, withers and dies. The faith will likewise wither and die if it is not nourished in each soul by Heaven's grace. Like the little flower, faith is fragile and must be nourished from the outside in order to thrive within. The flower may be strangled by weeds and pestilence. Faith dies when exposed to the disease of liberalism and the weeds of compromised Truth."

■ **November 9, 2013. WHEN FAITH SHRIVELS AND DIES**

St. Thomas Aquinas says: "Praise be to Jesus. The tree whose leaves wither and die stands bare and naked – its beauty gone. So it is with each soul whose faith shrivels and dies. He is naked and vulnerable to every temptation and attack of Satan. In due season, the tree comes to life again – its leaves budding and blooming forth. The soul, however, can only come to life again if God offers to him the gift of faith once more. If the soul should be so fortunate, he will bloom forth in the radiance of grace if, through free will, he accepts the gift God offers. Every soul makes himself vulnerable to evil when he accepts any compromise of faith. The doorway to these challenges remains the soul's free will. Faith is based on Truth and Truth does not change."

■ November 12, 2013. WAYS TO STRENGTHEN FAITH

Blessed Mother says: "Praise be to Jesus. I have warned you of the many ways your faith can be threatened. Today, I wish to advise in ways your faith can be strengthened. Live a blameless life under obedience to the Ten Commandments, which is embodied in Holy Love. Appeal to the Heart of the Father and the Sacred Heart of My Son for an increase in faith, for faith is a gift. If you are Catholic, lead a sacramental life. These may seem like simple steps to gain an increase in faith but, in fact, they are fraught with obstacles laid in place by the enemy of all holiness. Therefore, as you seek to strengthen the faith God has given you, you must also seek the protection of your faith that I offer. I will never refuse such a petition."

■ October 23, 2014. PRAY TO PROTECT YOUR FAITH

Mary, Protectress of the Faith says: "Praise be to Jesus. Please write this [prayer] down."

Prayer to Mary, Protectress of the Faith

"Mary, protect my faith from all heresy. Protect my faith from popular opinion. Protect my faith from the desire to be accepted by others. Protect my faith from all doubts. Mary, Protectress of the Faith, strengthen me against all the temptations of the day. Help me to appreciate the priceless gift of faith God has given me. Please place my faith in the protection of your Immaculate Heart and assist me in defending the Truth. Amen."

■ October 26, 2014. WHY THE GIFT OF FAITH IS LOST

Mary, Protectress of the Faith says: "Praise be to Jesus. Today, I would like to address what causes the loss of the gift of faith. Free will must open the door to doubts. Doubts arise from affinity for the world: reputation, power, material goods or intellectual pride. This last threat to faith, intellectual pride; promotes the desire to question everything and to seek proof. But faith accepts that which cannot be proven by worldly standards. Faith believes in the unseen and that which is impossible to prove. These days, the heart of the world has surrendered to cynicism. The Truth is challenged and misrepresented. Faith is then compromised as Truth is compromised. The struggle to maintain the faith becomes even greater when leadership does not take firm stands against sin and error but supports a general confusion. I am always present to help those who struggle. Satan flees before My Title, 'Mary, Protectress of the Faith'. I desire, dear children, that you understand the true treasure that your faith is. It is the summation of your salvation." (**Read 2 Timothy 1:13-14**)

■ **January 13, 2019. THE INNER WORKINGS OF FAITH**

God the Father says: "Children, I desire with all My Heart your love, your friendship and your trust. These bear the fruit of faith. Faith is the greatest gift I can give you. It cannot be bought or sold or returned for something better. It is tested over and over in this life, but does not fail if love, friendship and trust are strong enough. It could be said these three are the batteries that operate faith. I use these simplistic examples to help you to best understand the inner workings of faith. Faith in My Divine Will for you is ultimately tested in the crosses of life. This is when you must have faith to know that nothing befalls you which I, your Papa God, do not see and will not assist you with. Faith is what pulls together the loose ends of life and makes sense out of the nonsensible. You best come to know Me through prayer and Scripture. The deeper your relationship with Me – the stronger your faith." (*Read Mark 5:34*)

■ **January 14, 2019. FAITH OF A SIMPLISTIC HEART**

God the Father says: "Children, faith is not the by-product of intellectual prowess. It is a gift given from Heaven – a gift which accepts the miraculous and the unexplainable. Faith does not try to reason in human terms, but accepts on spiritual terms. To the one who tries to reason out the Truths of faith, the Truth will never find him. That is why the simplistic and childlike heart is most pleasing to Me and the easiest to advance spiritually. Such a heart will not question what faith accepts as Truth. The intellectual picks apart matters of faith and tries to account by human reason the authenticity of what is easily accepted by the simplistic heart. Many spiritual Truths are confided to the childlike heart. Such a heart is not interested in importance or recognition. Imitate the simplicity of the little shepherds at Fatima or the seer in Lourdes. It is always the Message given to such souls – not the messenger that is important. The same is true here at this site. Faith opens the door to much understanding. Pray for deeper faith. It is a good prayer. Not only will your faith in the Truth increase, but you will understand outside of human reason." (*Read Psalm 4:2-3*)

■ **November 6, 2021. PRAY FOR A STRONG FAITH**

God the Father says: "Children, keep in your prayers your own faith. It is through a strong faith you can discover the grace of the present moment. When you discover this grace, you are defeating Satan, who wants to destroy your faith and lead you into discouragement. Even in every cross there is grace. I give you the strength of perseverance and patience in adversity. Think how My Son suffered His Passion – with courage and with patience. Ask Me for all you need with faith and you will receive it. I embrace the faith-filled heart with My Divine Love. Rely

on the grace of the present moment to see you through every difficulty. In this grace, Satan's plans are defeated." **(Read Romans 8:28)**

■ **November 27, 2021. A STRONG FAITH DEFEATS SATAN**

God the Father says: "...Treasure the gift of faith that, if nurtured, will carry you through these times. Every day opens upon new tests of faith and triggers greater challenges of perseverance. If your faith is strong, Satan will be unable to nurture fear in your hearts. You will not be unseated as one of My strong Apostles of Love. It is necessary that you pray daily for perseverance in righteousness through a strong faith. Such a prayer is your weapon against Satan's wiles. Faith based upon love is Satan's defeat." **(Read Romans 8:28)**

■ **January 15, 2019. FAITH EMBRACES HOLY BOLDNESS**

God the Father says: "Children, your faith is a rare commodity – more precious than any measure of gold or silver. It cannot be bought or sold. It is disclosed only by word of mouth or action. Your faith is a hospice of peace which is hidden away in your heart. It is by faith alone man is able to step forward and support Truth and righteousness. The stronger the faith in the heart, the easier it is to embrace holy boldness. These days, holy boldness is essential, otherwise, Truth will fade into the background. Morals, which today are compromised, can only be rescued by a faith-filled community. The reason it is so difficult for so many to discern good from evil is that faith in right reason has become diluted and weak. Pray for the faith to remain warriors of Truth in an unbelieving world. It is a prayer intention I will honor." **(Read 1 Thessalonians 2:13 and 2 Thessalonians 2:13-15)**

Hope

■ **June 26, 1999. LESSON ON HOPE**

"I am your Jesus, born Incarnate. Today, I will address the virtue of hope. Hope is faith and love in action. Hope is like a fisherman casting his net into the sea. He has faith that there are fish in the sea. If he casts his nets with Holy Love in his heart, he is able to hope that the Loving God will bless his catch. Those who hope in the world or in mortal efforts aside from God will always be disappointed. Holy Hope allows you to trust in God's Provision and His Divine Will for you. Holy Hope motivates your surrender to God – your self-abandonment. Holy Hope lets you trust in

God's Mercy. Holy Hope is like the farmer who, planting his crop, builds a great silo in hopes of a bountiful harvest. So too are you hopeful when you sacrifice and suffer, thus laying up for yourselves heavenly treasure. Those that hope in the Lord, trust in Me as well. Those that pray with hopeful hearts receive all they need and much more besides. If you do not love, you cannot trust. If you do not trust, you cannot hope. All the virtues blossom from a heart rooted in Holy Love. Make it known."

■ **May 30, 2001. HAVE HOPE**

"I am your Jesus, born Incarnate. I come today to invite you to have hope. If hope were a balloon rising in the air, doubt and fear would be the pin that would burst it. Hope is a fruit of trust – trust a fruit of love. Suppose you hope in something that is not in God's Will for you. Your hope is still a joy to Me, for it is an expression of your love. Believe that I desire only the best for you, and hope in Me."

■ **November 23, 2006. ALWAYS PRAY WITH A HOPEFUL HEART**

"I am your Jesus, born Incarnate. Today I have come to ask you to always pray with the garment of hope over your heart. Hope stems from Holy Love and faith. It is surrounded by love and faith. It is the hopeful petition that is carried deepest into My Heart. Hope does not allow the mist of fear to consume it. Hope is courageous and thankful – ever seeking to see My Father's Will in the present moment. Hope comes to you through the Heart of My Mother as a gift in the midst of turmoil. Hope is the remedy for despair. My Heart turns towards the hopeful heart, making it steadfast and persevering. Hope is the foundation of fortitude."

■ **September 22, 2002. HOPE vs. PRESUMPTION (Part 1)**

St. Thomas Aquinas comes. He bows to the tabernacle saying: "Praise be to Jesus. I have come to help you understand the difference between presumption and hope. They are opposites. Presumption takes for granted – grace. The presumptuous person thinks he has what he does not have. He does not allow in his heart space for the action of God's Divine Will. He would be like a ship caught in a turbulent sea that thinks he is safely docked. Hope, on the other hand, is a virtue that practices expectant faith. The hopeful person believes God can accomplish anything if it is His Will to do so. He entrusts his needs and petitions to the Lord, and allows Him to answer as He wills. In hope, he may even thank God ahead of time for whatever the Divine decision may be. The difference is – he does not presume the answer to his petition. His would be the ship lost at sea – praying with expectant faith to find a safe harbor. It is quite important to realize that Satan can mimic any gift

of the Holy Spirit. The presumptuous person believes every inspiration to be from God, and does not test the spirit. Remember, the only virtue Satan cannot imitate is humility, for he does not even understand it. So, in humility, be certain that you do not presume you have a certain gift or virtue."

■ **September 22, 2002. HOPE vs. PRESUMPTION (Part 2)**

St. Thomas Aquinas comes. He bows towards me saying: "Praise be to Jesus ever present in your little heart when you are embracing Holy Love. I have come once again to discuss with you the difference between hope and presumption. The virtue of hope proceeds from a heart full of Holy Love, Holy Humility and Holy Trust. Such a heart is able to hope based on the faith that God desires only that which is best for him. Presumption is based on pride. The presumptuous soul regards all things through the eyes of disordered self-love. He may presume he will be saved even though he leads an unrepentant life of sin. He believes he will receive salvation on his own terms, not God's terms. Such a soul trusts only in himself and makes no allowance for God's Will. There are those in the world today – indeed in places of prominence – who believe they have certain virtues or even certain gifts of the Holy Spirit. But, once again I tell you that which is not based on humility of heart is Satan's counterfeit."

■ **January 17, 2019. HOPE IS BASED ON FAITH**

God the Father says: "...Hope, you know, is based upon faith. When Noah was building his ark, he began with faith and proceeded with hope – hope that his workmanship would satisfy Me. Hope is the opposite of Satan's discouragement. Wisdom molds hope. Perseverance is the fruit of hope. Hope is the test of faith. The stronger faith is in the heart, the stronger hope is. When faith weakens – hope crumbles, as well..."
(Read 1 Thessalonians 5:8)

(The following 'Lessons on Hope' are taken from a series of Messages given by St. Theresa of Avila in 2011.)

■ **July 28, 2011. LESSONS ON HOPE (Part 1)**

St. Teresa of Avila says: "Praise be to Jesus. I have come to give you hope – hope that all you feel inspired to pursue will be realized. Hope is the courage to persevere. Without hope, God's Will cannot come to fruition the way He most desires it to do so. Hope is like an invisible thread that binds the human free will to the Divine. It is the courage to pursue righteousness and the Truth. Hope is the weapon against Satan's discouragement. Hope is the mother of courage. Without hope,

discouragement wins out."

■ **July 29, 2011. LESSONS ON HOPE** *(Part 2)*

St. Teresa of Avila says: "Praise be to Jesus. I have come this morning to tell you that hope is the catalyst of perseverance. It is the glimmer of hope in the heart that spurs the soul on in seemingly irreversible situations. It is hope that seasons prayer with faith. It is hope that founds trust in God's Eternal Will. When hope is challenged, discouragement moves in. Always remember, discouragement is Satan's hallmark – confusion the enemy's signature. Therefore, it behooves the soul to keep hope alive in his heart. In so doing, he will focus on God's Plan and God's Divine Will for him."

■ **July 31, 2011. LESSONS ON HOPE** *(Part 3)*

St. Teresa of Avila says: "Praise be to Jesus. Today, and during these times, it is important that souls keep hope always in their hearts. Hope can be likened to an open door with a warm light pouring through it, inviting the soul to step into it. The barometer of Holy Love in the heart is trust, as you know. The ambiance of trust is hope. The hopeful heart trusts in God's Perfect Provision in the future. Hope does not embrace fear but is ever vigilant for God's grace to overcome every difficulty. Hope is gladdened by trust and decorated with joy. Hope is the sister of faith – the child of Holy Love. Hope is the enemy of Satan's discouragement and the sword which enlightens Truth, placing all things in perspective according to God's Will."

■ **August 1, 2011. LESSONS ON HOPE** *(Part 4)*

St. Teresa of Avila says: "Praise be to Jesus. Any virtue to be strong in the heart must be practiced throughout the day no matter the situation the soul finds himself in. To live in the virtues means to live in the Truth; otherwise the virtuous life crumbles into hypocrisy. The virtue of hope must not give way to discouragement, for then faith is diminished, as well. God will not default the soul on good faith but always respects the soul's belief without challenge. This is not to say God respects superstition – but faith and hope in all that upholds righteousness."

■ **August 3, 2011. LESSONS ON HOPE** *(Part 5)*

St. Teresa of Avila says: "Praise be to Jesus. Today I am here to tell you that hope is the inspiration of perseverance. Without hope, the soul surrenders his positive efforts towards any good. This is why Satan opposes hope to such a degree. The enemy tries to keep the human spirit locked into a negative attitude. This negativity blinds the soul to hope – hope in God's Grace – hope in God's Provision. He is even

blinded as to God's Divine Will in every situation, failing to realize that God can bring good from every situation. So today I ask that every day each soul prays for hope. This way he will not be so easily led into discouragement by the enemy of his own salvation. Pray this way:"

Prayer for Hope in God's Grace and Provision

"Lord, give me hope in every present moment. Help me to recognize Your Hand in all of life's situations, for I know You are with me. My hope is in Your Grace and Your Provision. Amen."

■ August 4, 2011. LESSONS ON HOPE (Part 6)

St. Teresa of Avila says: "Praise be to Jesus. I desire that all see the virtue of hope as a warrior virtue, for without hope the soul loses sight of his own salvation. Hope defends trust – trust in God's Mercy. Hope reinforces perseverance and so, too, fortitude. It is hope that guards faith and love, for hope defends the Word of God. Hope is engaged in constant battle with Satan's discouragement. Hope is the armor against apostasy and heresy. Hope always defends the Truth."

■ August 11, 2011. LESSONS ON HOPE (Part 7)

St. Teresa of Avila says: "Praise be to Jesus. I have come to help you understand that hope never abides alone in the heart. It has with it the companions of Holy Love, for all virtues are borne of Holy Love – faith, then perseverance, fortitude, forbearance and patience. Of course, all the virtues – besides being borne of Holy Love – are grounded in Holy Humility which is Truth itself. Holy Humility calls the soul to hope for God's plans to be fulfilled. In Truth, then, the soul does not hope for some self-serving agenda inspired by evil. In Truth, the soul surrenders his own desires and hopes for the opportunity to be God's instrument. Satan tries to convolute every virtue with false virtues. These are 'virtues' practiced for others to see – 'virtues' used towards self-aggrandizement. True virtues lie hidden in the heart. The truly virtuous soul is self-effacing. His hope is to remain little and hidden. Sincere hope does not abide in the heart that does not trust. The soul cannot hope if he does not also trust, and he cannot trust outside of faith and love. So you see, the perfect conjoining of faith, hope and love produce trust."

■ August 12, 2011. LESSONS ON HOPE (Part 8)

St. Teresa of Avila says: "Praise be to Jesus. Today I have come to comment on those that concern themselves so much for what the future holds. In doing so, they lose the present moment and many graces, as well. This is a sign of weak hope and little trust in God's Divine Provision.

Further, effort is often wasted in chasing after different 'visionaries' and extrapolating their insight as to the future. Every future moment will be different for each soul, just as every present moment is different for each one. Fear is useless; what is needed is trust. The more you speculate, the less you will trust. If you place your hope in God, you will not be misled. If you live according to the Holy Love Messages, your heart will be prepared, and that is your eternal survival. This Mission is in the world during these times and in this location to build up faith, hope and love in the hearts of all. Therefore, be united and do not allow Satan his hour of division as to who to believe. You might be choosing error over Truth."

■ **August 13, 2011. LESSONS ON HOPE** *(Part 9)*

St. Teresa of Avila says: "Praise be to Jesus. So, my sister, I have come once again to speak to the world about hope. I must, at this time, explain the difference between concern and worry. Concern in the outcome of a situation means a healthy interest in the unfolding of events in the future. Concern trusts in, and hopes for, God's Provision. Worry, on the other hand, does not trust but fears. Worry presents many unlikely outcomes to situations and does not lean on God's grace. Worry robs the soul of the present moment."

■ **August 21, 2011. LESSONS ON HOPE** *(Part 10)*

St. Teresa of Avila says: "Praise be to Jesus. I have come to offer encouragement and hope to a world mired down in error and confusion. Every soul contributes to the state of the heart of the world. Therefore, when one soul is helped along their spiritual journey, all are helped – the world is helped. So it is, I come to advise all souls and every soul. When you examine your conscience at night, do not focus only on ways you failed to practice virtue; regard also the ways that you practiced virtue. This gives you hope along the pathway of your spiritual journey – hope that you are improving – that you can be perfected with God's help. Also, look at the ways the virtuous life was challenged. Understand the portals of attack Satan uses. Study the ways these attacks can be circumvented. Most of all, be hopeful that personal holiness is attainable with God's help."

■ **October 15, 2011. LESSONS ON HOPE** *(Part 11)*

St. Teresa of Avila says: "Praise be to Jesus. I have come to discuss once again the virtuous life. Hope is the foundation of peace in the present moment for a secure future; but those consecrated to the United Hearts must do more than hope in God's Mercy – they must trust in God's Mercy. Hope that is not enveloped in trust is superficial, for it is

trust which lends stability to hope. You can hope that something will come to pass but if you do not trust, your hope will falter. Hope and trust are the benchmarks of faith. Faith is always supported in and through Holy Love."

Holy Love

■ **January 12, 1999. LESSON ON LOVE**

"I am Jesus, born Incarnate. Come into My Heart of Divine Love. There is but one door. It is Holy Love. I come to you to teach you the way. Follow the path I now lay bare before you, lest you trip and fall. This lesson is on love. I will teach you the way of every virtue. Holy Love embraces every virtue. It is the embodiment of all Commandments. It is the mecca of holiness. If Holy Love could be seen, it would be sunlight enlightening good and revealing evil. If it could be felt, it would be the embrace of Heaven. If it could be tasted, it would be the foretaste of the New Jerusalem. Holy Love is everything – the sum total – the surrender to salvation. No one enters My Father's Kingdom who does not love Him with heart, mind, and soul. No one enters who does not love his neighbor as much as himself. This is how you love: you decide to do it. Without the surrender of your will, it is not possible to live in Love. How sweet your surrender! How sweet! It is only and always in the present moment I seek it. It is the way to Divine Love."

■ **April 10, 1999. THE EFFECTS OF SELF-LOVE**

"I am your Jesus, born Incarnate. I have come to you today to help you understand the effects of self-love. Once again, self-love is an inordinate self-centeredness that takes you away from love of God and neighbor. The soul opens himself to trusting only things in the world (money – power) and is led away from trusting in Me. I have given mankind the world to use towards his own salvation and holiness. In this way, he uses the world and its attributes to give glory to God and to express love towards his neighbor. It is this self-love that contributes greatly to false virtues. A false virtue is one that is practiced for show – to impress others – or to gain merit for self in the eyes of others. Anyone who tries to act loving, humble, or meek to impress others is guilty of this false virtue. The virtues are given to build up your own personal holiness within your own heart. This should be accomplished in simplicity and in the secret recesses of your heart. Your journey in holiness should be between you and Me, not for others to see. When you are judged it will

be just you and Me. No one else's opinion will matter. You will be unable to offer excuses for what I see in your heart. This is how you should live then – with your eyes fixed on Heaven and your hearts steeped in Holy Love. I give each one no other call."

■ **July 9, 1999. THE SOUL'S SURRENDER TO HOLY LOVE**

"Understand as I speak to you that I am Jesus, the Word born Incarnate. My Eucharistic Heart is the center of the universe. But this Heart cannot save a single soul unless the soul surrenders to Holy Love. The degree of surrender determines the degree of sanctity. Indeed, self-abandonment is the key to salvation. Souls cannot love Me or trust Me or even know Me who allow their hearts to be full of themselves. Self-love is always the door Satan walks through. Self-love is inordinate love of power, money, ambition, reputation, sensuality, greed – all these that are from Satan. But when the soul surrenders to Holy Love, he is willing to give up everything, all his own 'wants', for Me. Such a soul has no need for recognition. Such a one despises the limelight and has no concern for reputation. He does not promote himself or his own agenda, but waits in the background to quietly do My bidding. If he accomplishes something on My behalf, He does not look for credit, but gives thanks to God. These humble souls that surrender to Holy Love are the instruments I delight to use. These are the ones that allow Holy Love to take over their hearts. They place all My needs ahead of their own. These are the ones I call My own."

■ **September 24, 1999. HOLY LOVE EMBRACES EVERY VIRTUE**

"I am your Jesus, born Incarnate. Today I have come seeking your greater understanding of the virtues. The Holy Love in your heart in the present moment forms the vessel that embraces every virtue. The vessel is strengthened by surrender to Holy Love and weakened by self-love. Because Holy Love is the vessel that embraces every other virtue, know and understand that the depth of all virtue and the value of every act is determined by the degree of surrender to Holy Love. I am calling you to understand this and by virtue of the Message of Holy Love make it known."

■ **November 27, 2000. A SWEET SYMPHONY OF SURRENDER**

"I am your Jesus, born Incarnate, Lord of Mercy and Love. I have come to help you understand that a symphony is only sweet when each instrument is played to perfection. So too, Holy Love in the heart does not reach its fullness until the virtues are practiced in their perfection. The human heart is incapable of perfect love or perfect virtue by his own efforts, but it is capable of purifying its efforts in the virtues through My

grace. Therefore, the orchestration of the heart's efforts in holiness are in harmony with perfection (which is God's Will) when he cooperates with grace which leads him to be more and more perfect. Such efforts rise to Heaven as a sweet symphony of surrender. It is chanted throughout Heaven by all the angels. Then it rises to the nostrils of the Eternal Father as a fragrant incense. So sweet to Heaven are the soul's efforts in holiness through grace. Make it known."

■ **February 27, 2002. HOW TO LIVE IN HOLY LOVE**

Jesus comes walking towards me on what appears to be water. He says: "Let this image always conjure sentiments of trust in Me. I am your Jesus, born Incarnate. Today, I have come to describe to you how to live in Holy Love. Make yourself very little in My Heart. Forget about yourself. Do not worry about how others regard you, but only concern yourself with pleasing Me in every present moment. So often sins are committed in thought, word and deed out of concern for the opinions of others. Put Me always at the center of your heart so that I am in your every thought, word and deed. Respect the poor. Have compassion for the downhearted. Lead the spiritually impoverished. Your greatest efforts to assist others are made greater through your love and trust in Me. It is only by grace you can accomplish any good. It is only in littleness your love of Me comes to perfection."

■ **July 7, 2003. HOLY LOVE vs. WORLDLY LOVE**

"I am your Jesus, born Incarnate – Divine Love, Divine Mercy. I have come to help you understand the difference between love as the world knows it and Holy Love which leads to Heaven. Worldly love is an emotion – an affection – for a particular person, situation or thing. It does not lead beyond the temporary veil of this world. It is often self-seeking and sensual. Holy Love, on the other hand, is an affection of the spirit. This type of love calls the soul deep into personal holiness, virtue and Heaven itself. Holy Love brings the affections of the heart into union with the affections of the soul. When free will is finally given over to Holy Love – love of God above all else and neighbor as self – the soul begins his conformity to the Divine Will of My Father. In final judgment I look at the degree of Holy Love that has governed the soul's free will throughout his life, and especially as he drew his last breath."

■ **March 31, 2004. AGAPE LOVE (SELFLESS LOVE)**

"I am your Jesus, born Incarnate. At the heart of this Message is selfless love. This is agape love – a love that has no hidden agenda towards selfish motives. This is love in its purest form. With what eagerness do I answer prayers that come to Me rising from a heart full of such

pure love! It is this type of love that embraced the Cross and redeemed mankind..."

■ **March 27, 2005. LOVE IS THE ALPHA AND THE OMEGA**

"I am your Jesus, born Incarnate. I have come to reiterate what I told you after Communion today. Love is the alpha and the omega – the beginning and the end. It is the beginning because the soul is called to Holy Love as his first step on his spiritual journey. It is the depth of the soul's love that determines the depth of his trust in Me. The greater his trust, the more abundantly My Mercy comes to him. My Mercy is the doorway to Holy and Divine Union. Union is love's attachment to Me. In the end it is the depth of love or the lack thereof that determines the soul's place in eternity. Therefore, love is the alpha and the omega. God is Love."

■ **June 27, 2005. HOLY LOVE MIRRORS THE SOUL**

St. Thomas Aquinas says: "Praise be to Jesus. I have come to help you understand that Holy Love is the mirror which reflects the state of your soul. In this mirror the depth of Holy Love in your heart is reflected along with the reflection of all other virtues – for love is the light that shines through all virtues. It is self-love that clouds this mirror and does not allow the soul to see clearly the depth of virtue in his heart or his errors and faults. Holy Love is the mirror all souls need to gaze into to see their inner beauty which reveals how they appear in God's Eyes. This is the appearance and beauty that needs careful attendance – continual attendance. The depth of every virtue in the soul is reflected in the depth of Holy Love in the heart; for instance, the soul can only be as patient as he is loving. He can only be as humble as he is loving. To pretend otherwise is false virtue, and not a reflection of Holy Love. This is why the soul must continually weigh and measure his thoughts, words and deeds on the scale of Holy Love. Only then will he be a more perfect image of Holy Love for all to behold."

■ **January 18, 2006. THE SECRET OF PERFECTION IN LOVE**

St. Thomas Aquinas comes. He says: "Praise be to Jesus. I have come to help each one understand that true perfection in Holy Love and Divine Love only comes from God. The most the soul can do is to predispose his heart towards perfection by struggling with his free will to keep love of God and neighbor in the center of his heart. Satan attacks this predisposition through self-love – attraction to the allurements of the world – love of money, power and reputation. Perfect love of God and neighbor withers and dies in such an environment. It must remain a

constant struggle of the free will to keep God's Law of Love in the center of the heart. This is the secret of perfection."

■ **August 21, 2006. THE DEPTH OF EVERY VIRTUE**

St. Thomas Aquinas says: "Praise be to Jesus. Today I have come to help you understand that the depth of Holy Love in your heart determines the depth of every virtue, as well. Knowing this Truth, you must realize that you should pray daily to come deeper into Holy and Divine Love. It is through love of God and love of neighbor that you receive a more generous nature, making you bear others' faults patiently, overcoming jealousy and unforgiveness; indeed, increasing in every virtue so as to steady your feet upon the path of perfection. So then, realize that Holy Love is like a fountain of life – overflowing into each heart that welcomes it. However, no one can draw near this fountain unless he first embraces Holy and Divine Love."

■ **October 15, 2007. PRAY TO INCREASE IN LOVE**

St. Thomas Aquinas says: "Praise be to Jesus. I have come to tell you that in order for the soul to increase in faith and hope, he must pray to increase in love, for love is the foundation of every virtue. If every other virtue were likened to the lyrics of a song, love would be the melody. If every other virtue were the ingredients in a loaf of bread, love would be the yeast. You see, then, that love is the passport to personal holiness, for without love all other virtues are false."

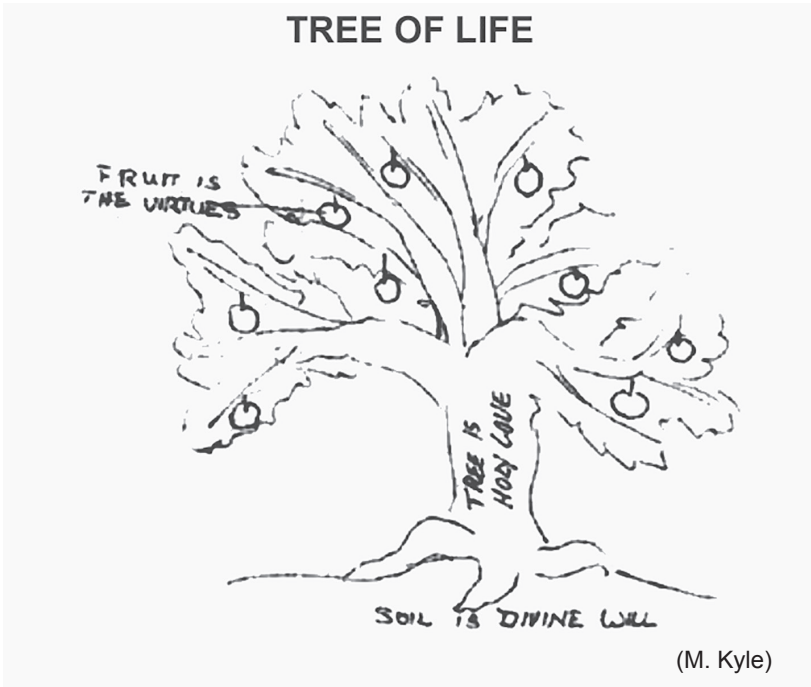
■ **August 31, 2011. THE DEPTH OF HOLY LOVE IN THE HEART**

St. Francis de Sales says: "Praise be to Jesus. You have received many Messages in these last 26 years – too bountiful for someone to summarily dismiss. Just recently Heaven has focused upon perseverance, hope and faith; but you must know by now the greatest of all virtues is Holy Love. Holy Love is the virtue which ignites all the other virtues. If the Flame of Love is extinguished in the heart, all the other virtues fail, as well. Since God is the Source of All Good, it is He Who must ignite the Flame of Holy Love, and place it in the heart; then it is according to free will to 'fan' the Flame and keep it burning. All that challenges Holy Love in the heart is from Satan. This is important to accept and to realize. Acceptance and belief in this alone could save whole nations from disaster, wars and terrorism. Souls that ask Jesus for assistance in living in Holy Love will receive it. Souls who ask Jesus for deeper personal holiness will be given what they seek. Most do not ask. Let my coming here today ignite in every heart the desire to live in Holy Love so that every virtue can be deeper. The depth of Holy Love in the heart

determines the depth of all the other virtues. The depth of Holy Love in the heart follows the soul into eternity."

■ **March 4, 2010. THE TREE OF LIFE**

(Jesus – After Communion – A.M.) "Come with Me under the tree of life which is Holy Love. This tree grants shade to the weary traveler. It gives sustenance to the spiritually hungry. Climb into the branches of this tree and rest surrounded by the goodness of Holy Love."



PRAYER FOR HOLY LOVE

"Dear Jesus, through the Immaculate Heart of Your Mother, perfect me this day in Holy Love! Keep me mindful that every thought, word and action should come from and lead to Holy Love. Bring me along the path of holiness by means of this love, so that by loving God and my neighbor, I will attain Holy Perfection. I ask this in Your Name, Lord Jesus. Amen."

(Our Lady – October 23, 1993)

Trust, Surrender and Peace

■ **March 19, 2001. FAITH – HOPE – LOVE – TRUST**

"I am your Jesus, born Incarnate. The soul who trusts in Me is deep into the virtues of faith, hope and love, for it is these three that bear the fruit of trust. Faith is trust in action and belief in the Intangible. Hope is trust in God's Provision in the future. Love – being the basis of every virtue, the light that shines through every virtue – is the basis and fiber of trust. You cannot love Me if you do not trust Me. You cannot trust Me if you do not first love Me. Make it known."

■ **February 13, 1999. LESSON ON TRUST**

"Ah! You have come at last." (*Delayed by snow.*) "I am Jesus, your Savior – the Word made Flesh. I have come to speak to you today about trust. As I have told you, the path that leads you to Divine Love – My Sacred Heart – is Holy Love. If your soul is not steeped in Holy Love, you cannot approach the door to My heart. The key which unlocks the door of this Heart is trustful surrender. The more you surrender to My Provision – the more I know you love Me. Trust is the key that looses [*i.e., to let loose or release*] the grace of My Provision. Confidence allows the soul to taste peace and to accept the Will of God. Every journey has some obstacle. The path to holiness is no different. Obstacles which stand in the way of your holiness are the same ones that keep you from trustful surrender. Perhaps you trust only yourself through self-love. A fruit of this flaw is fear. You try to control and manipulate the people around you. Maybe you dominate every conversation and refuse to let go of your opinion. Why? If you surrender all things to Me, I will attend perfectly to your every need. Perhaps you trust only in other people and pray only when others fail you. Trust Me always. My Provision is perfect. If you are like a little child, you will earn the Kingdom of Heaven, for a child places all his trust in his parents. Likewise, you must trust in Me. If the grace of My Heart were a beautiful bouquet of flowers, trust would be the gentle breeze that would carry the fragrance to you. Trust is like ascending a mountain; the higher you get, the closer you are to Heaven. Even in your trials, you must trust Me if you desire holiness. Nothing is permitted in your life that does not lead you close to Me, if you trust." He leaves.

TRUST IN GOD'S PROVISION	LACK OF TRUST
Rapid progression in life of virtue	- Flaws in Holy Love - Flaws in Holy Humility
Loves God and trusts Him above all else	- Much Self-Love - Fear - Learns to depend on people, but not God
Lives in Divine Love and Divine Will	- Cannot accept God's Will - Seeks a reason for everything that happens to him.

■ July 17, 2004. HOLY LOVE AND HOLY TRUST

"I am your Jesus, born Incarnate. I have come to tell you that greater merit is earned through trust than any other single virtue. I say this, for love and trust are the same. Holy Love and Holy Trust are always coupled and they are the embodiment of every other virtue. No one can trust Me who does not love Me. No one can say they love Me who does not also trust in Me. Those who worry or fear for any reason should understand they need to be purified through a deeper perfection in Holy Love."

■ February 26, 1999. PRAY TO LEARN THE VALUE OF TRUST

"I am Jesus, born Incarnate. I desire each soul learn the value of trust. Here is a prayer:"

Trust Prayer

"Dear Jesus, teach me to trust only in the power of You, Your Father, and the Holy Spirit. I surrender my will to You. In this surrender I accept that Your grace controls the future. I understand that You love me and want only my good – my salvation. I resolve to live in the present and await whatever You may plan for me in the future. I will trust in Your plans and Divine Will for me. Amen."

■ April 24, 1999. LESSON ON PRAYER

"I have come to you today as your Jesus, born Incarnate. I wish today to teach you about prayer. Prayer is a refuge or weapon and a means of unification – creature to Creator. The more the soul surrenders

his own will to the Will of God, the deeper his union through prayer. Surrender then your plans, your choices, your desires. No good comes to you except through God. In this surrender you are engaging all the virtues – faith, hope, love, humility, simplicity, meekness, trust. Prayer is communication with God, either in the heart, on the lips, or through any action that is surrendered to the Divine Will. My Mother prays with you when you pray the Rosary. Her Heart is a channel through which your prayers ascend to Heaven and grace passes back down to you. Her Heart is a connection then to God and God's grace, just as you would connect an electric light to currents. God receives the sacrifice of prayer and uses it as a sword against evil. He changes the prayer into grace that overcomes evil in hearts. Then see, it is Satan that tries to keep you from praying. It is Satan who embattles your heart and tries to keep you from surrendering your will so that you can pray. No matter your course of action in any event, everything depends on God. Trust this. The soul that trusts only in himself is lost. Think of prayer as a sunbeam. Its ray stretches down from Heaven. It nourishes the lilies and flowers. It royally clothes them in light. Thus arrayed, they bloom and their beauty gives glory to God. The soul that surrenders to prayer much, also becomes beautiful in God's eyes and gives glory to God. I have told you, My confidante, that prayer is a surrender and a sacrifice. But the soul must also accept the way prayers are answered. The little flower receives what it needs to be nourished and grow. The soul, through prayer, receives what it needs for salvation. In humility, he must accept God's Will. If the Father knows what the little flower needs, does he not know your needs as well? Accept what He sends you in humility and gratefulness, like the little flower dancing in the sunlight. I am pleased with any prayer. Most of all I am pleased with sincere prayer from the heart. This kind of prayer changes people and events. I, your Jesus, love the prayer of the Mass the most. Then I love the Rosary. Follow Me in prayer. I will lead you."

■ **November 30, 2012. PROPER PRAYER ATTITUDE**

St. Catherine of Siena says: "Praise be to Jesus. When you pray, the disposition of your heart is of great importance. Invite into your heart faith, hope and love. These three carry with them trust. Too often, people pray prayers of petition from hearts filled with self-interest and, often, even fear of not obtaining the desired results. I tell you, the foundation of faith, hope and love needs to be laid first in the heart to make any prayer most worthy. If you pray with hearts filled with fear, you are telling God that you do not trust Him to act in your best interests. He is an All-Loving God and does not permit that which does not lead to your salvation and the salvation of others. Your confidence in Him is a barometer of your love of Him. If your prayer attitude – that is, the state of your heart

when you pray – is other than one of complete trust, then your prayers are weakened. Therefore, allow this prayer to prepare your hearts for prayer:"

Prayer for Proper Prayer Attitude

"Dear Heavenly Father, I know You are All-Loving, and Your Will for me is Perfect. Please fortify my heart now with faith, hope and love. I ask Your Patience as I offer these petitions. I trust Your Answer will be part of Your Perfect Divine Will. Amen."

■ **September 25, 2006. PRAYER PETITIONS (Part 1)**

"I am your Jesus, born Incarnate. Child, place everything – every problem, every petition – in the recesses of My Divine Heart. Herein, all is attended to according to the Divine Will of My Eternal Father. Nothing is forgotten or overlooked. Nothing is unimportant. Whatever concerns you, concerns Me, as well. Every solution is within My Sacred Heart; nothing goes unanswered. Trust – yes, childlike trust – is what holds all your petitions in My Heart. When you can turn everything over to Me and to the welfare of My Heart, then My actions in your life are most profound and powerful."

■ **September 29, 2006. PRAYER PETITIONS (Part 2)**

"I am your Jesus, born Incarnate. To continue My discussion with you on trust. As it is the 'hand of trust' that holds your petitions in My Sacred Heart, I act promptly in strengthening and supporting the trust you show Me by placing My Wounded Hand under your hand. Thus, we act together in this effort of trust. Your initial effort of prayerfully surrendering each petition to My Heart is secured in place with your trust in My Provision. When I see your trust, I come to your aid, and support you by merit of My own woundedness."

■ **March 7, 2001. HOLY INDIFFERENCE**

"I am your Jesus, born Incarnate. Receive this Message with a loving heart for I, your Lord, speak it. When you surrender it means you have a Holy Indifference as to the outcome of a situation. This is the nugget of Truth that allows you to live in conformity to the Divine Will. Surrender is always surrounded by trust. You trust that God has an infinite, eternal plan that will bring good from any turn of events. Therefore, you remain indifferent as to the outcome, knowing God, Who is Love, will engineer the best outcome. Even when I was lost in the Temple, My Mother surrendered the outcome to God. She knew, full well, He had a plan and She accepted this plan blindly in trust. In order to trust the soul must be

humble and loving. If these two virtues are not in the heart, every other virtue will be superficial – false. I see through every pretense. I will not help the proud soul to surrender. I bend down to the lowly and assist them in their needs. Make this known."

■ **October 16, 2000. TRUSTFUL SURRENDER IS THE KEY**

Jesus, Blessed Virgin Mary, and St. Margaret Mary Alacoque appear. Blessed Mother and St. Margaret Mary say, "Praise be to Jesus." Jesus says: "I am your Jesus, born Incarnate." Blessed Mother says: "Now we have come full circle." Jesus: "I have come to explain to you the completeness of the Revelation revealed through you. All of what Heaven would reveal began with the Key to the Immaculate Heart of Mary – the Prayer to Mary, Protectress of the Faith. This simple prayer admits the soul into the First Chamber of Our United Hearts, which is the Immaculate Heart of Mary. With faith protected and Satan laid waste, the soul opens his heart to Holy Love – the First Chamber of the United Hearts. One year ago I revealed to you the inner Chambers of My Sacred Heart, which is the completion of the United Hearts Revelation and the spiritual journey towards perfection. The key to the innermost Chambers of My Heart is trustful surrender. Without this, the soul cannot come deeper into My Heart of Hearts. Therefore, see that the depth of trust in the heart is also the depth of holiness. The soul that does not love Me cannot trust Me. The soul that does not trust Me cannot surrender his will to Me. It is that simple and that complex. Once I said to you that you see trust as a 'sometimes thing'. Your trust must be always – amidst conflict and victory. Trust Me no matter what. I am God. There is nothing that befalls you that I am not aware of. All things turn to good for those who love Me. (**Romans Chapter 8**). Even in the cross is My victory. Acceptance of the cross and acceptance of God's Will are one in the same. But you can accept neither of these if you do not love Me, trust Me and surrender your will to Me. My plans are beyond your own, My Father's Will for you higher than you can imagine. When you trustingly surrender to Me, we can work together. It is then I take you deepest into the Chambers of My Heart and your weakness is transformed by My strength. Yes, your trust is everything. It is a reflection of your innermost being. Please make this known."

■ **August 29, 2001. HOW TO ACHIEVE TRUSTFUL SURRENDER**

St. Thomas Aquinas is here. He says: "Praise be to Jesus. You question how you achieve this elusive trustful surrender through love. First and foremost, love Jesus with your whole heart. Then accept whatever He sends you in every present moment. This means, dear one, you grow to love the Will of God. When you make plans, if God sends a different

plan, you embrace it, all the while knowing His plan is best for you. Let me show you the opposite of trustful surrender through love. This would be a person who cannot let go of his wants. He sets goals and does not want God to have His say. He cannot give up control and be indifferent as to the outcome of a situation. This way of thinking says to Jesus and the Father: 'I love my will, not Yours'. Do you see the difference? Trustful surrender through love takes a humble stand – always waiting and watching for God's Will. Try to assimilate what I have told you today. Pray for the grace to do so."

■ **September 9, 2002. 'JESUS, I TRUST IN YOU'**

"I am your Jesus, born Incarnate. I have come so that you may know your greatest gift to Me is your trust in Me; for in your trust is your love for Me. The depth of your trust in Me is in direct proportion of the depth of your love of Me. Therefore, when you pray the little prayer – '**Jesus, I trust in You**' – with profound love in your heart, My merciful gaze rests upon you. My Heart opens and the torrent of grace within It floods your soul. I can refuse no one My attentive gaze when they pray thus. Please make this known."

■ **November 14, 2001. DEPTH OF TRUST**

St. Thomas Aquinas comes. He says: "Praise be to Jesus. I have come to help you comprehend why Jesus beseeches your trust in Him daily. It is because the depth of your trust reflects the depth of your love. Trust is the barometer of your love. When you have deep sentiments of love for someone, you welcome the opportunity to demonstrate your trust in him. When you trust you place your faith in him. It is a grace, then, to be given the opportunity to trust, for it is a way of showing your love and affection. On the other hand you must see attacks against trust as either human weakness or evil inspiration. Oppose these thoughts by invoking '**Mary, Protectress of the Faith and Refuge of Holy Love, (come to my aid.)**'"

■ **February 28, 2007. TRUST IN THE FATHER'S LOVING WILL**

God the Father says: "Praise be to Jesus truly present in the tabernacles of the world. Dear child, no one can fathom the depths of My Divine Will any more than they can fathom My Divine Mercy. But in the same way that Jesus petitions your heart to trust in Divine Mercy, I beg your trust in My Divine Will. Remember, trust is the fruit of love. Therefore, pray for a deep and abiding love of My Divine Will for you. Do not be quick to question circumstances and events of the day, but see My Will in every present moment. Carry in your heart and upon your lips, the ejaculation, '**Eternal Father, I trust in Your loving Will for me.**' This little prayer

carries with it – peace. I send an angel to assist you when you believe. I, your Eternal Father, desire this be made known and be made popular."

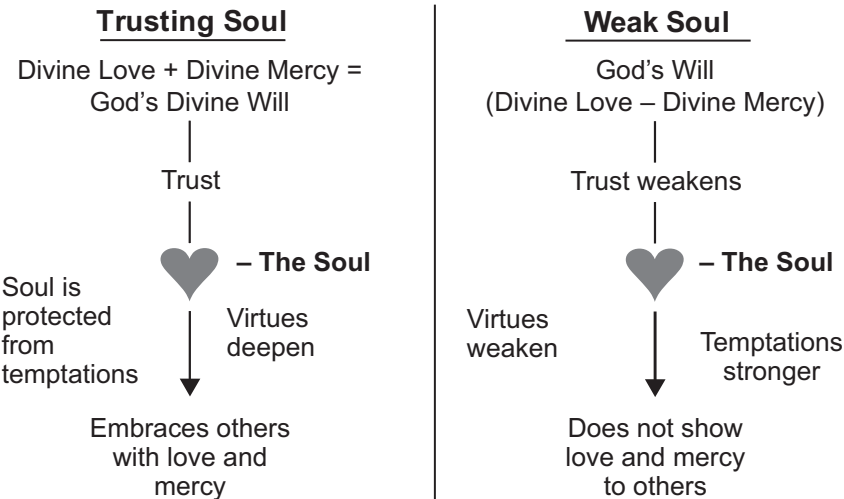
■ **January 18, 2007. TRUST vs. LACK OF TRUST**

Maureen had a vision of the following:

TRUSTING SOUL	SOUL WHO LACKS TRUST
Believes in God's Love and Mercy upon him.	Is unable to feel God's Love and Mercy. Feels guilty over past sin. Trusts only human effort.
Heart is centered on God and others. Lives in Holy Love.	Self-centered. Views everything as how it affects self. Many flaws oppose Holy Love.
Open to illumination of conscience. Always seeks to improve. Welcomes criticism.	Is insulted when others suggest he has a fault. Defensive. Does not easily accept correction.
Tries to find good in others.	Is judgmental. Looks for others' faults.

Lack of trust is a pride which places human limitations on God. Such a soul does not accept wholeheartedly the Messages, but judges, instead of discerns.

OUTLINE OF SATAN'S ASSAULT ON FREE WILL



■ June 12, 2003. HOLY TRUST vs. WORLDLY TRUST

"I am your Jesus, born Incarnate. In the world trust in Divine Providence is mere folly. For the world trusts that which it can experience only with the senses. But to the spiritually wise, trust in the Divine Provision of My Sacred Heart is the path of fulfillment, rich in promise, enduring in consolation. Do not waste a moment in worry. Worry is one of Satan's traps that he uses to capture the present moment for himself. Rather, let the present moment be sealed forever in faith, hope and love. Then I will bless you abundantly."

■ January 10, 2007. HOW SATAN ATTACKS TRUST

"I am your Jesus, born Incarnate. My Messenger, I have told you in the past that your trust in Me is a barometer of the depth of your love for Me. This is how Satan attacks trust. He convinces the soul that everything depends on human effort. The soul no longer sees that I am present and concerned for every detail in their life. He no longer lives in trustful surrender to the Divine Will. Remember, the Divine Will is comprised of Divine Love and Divine Mercy. So the soul that has difficulty in trust, also has difficulty in accepting that God loves him and forgives him. Then it follows that he is not practicing love and forgiveness towards others. This is the spiritual destruction that Satan pursues in every soul. When the enemy can successfully separate the soul from a trustful relationship with Me, he is free to attack the soul through the many weaknesses he may fall prey to. Therefore, beware of any weakness in trust or any camouflage Satan uses that sets you about trusting too much in your own efforts."

■ March 25, 2007. GUILT – ANXIETY – WORRY

"I am your Jesus, born Incarnate. Today, My brothers and sisters, you must realize that Satan is trying every inroad into your hearts to destroy your peace. He is the Father of Lies – the master deceiver and unrelenting accuser. The devil tries to rob you of the present moment through guilt, anxiety and worry. These three – guilt, anxiety and worry – are always the enemy's attack on your trustful surrender to the Divine Will of My Father. My Father's Will is Pure Mercy – Pure Love. When Satan is able to weaken your trust in the Divine Will, he strengthens his grip on your heart and weakens your journey into Holy and Divine Love. Today, My brothers and sisters, realize that there are many obstacles that can come between your heart and Mine. Your heart can be divided by love of the world, love of reputation, love of your appearance; but these, for certain, are the greatest weapons Satan uses – guilt, anxiety and worry. With these he destroys your trust and your love of Me and of the Divine Will. Therefore, stand guard over your heart and recognize

his attacks. I'm blessing you with My Blessing of Divine Love."

■ **March 12, 2001. LOVE – TRUST – SURRENDER – PEACE**

"Thank you for coming. I have awaited your arrival. I am your Jesus, born Incarnate. I have spoken much to you in this penitential season of Lent about surrender – surrender of your own will – surrender to the Divine Will of God. Understand that your will and your wants are the same. Because you see the future with human eyes, that is, imperfectly – what you want may not be what God sees you need. You were created to know and love God, and to share eternity with Me. Your wants very well may not lead you to this end. But the Will of My Father is perfect, eternal and all-encompassing. How foolish not to trust in His Will for you, then. If you do not trust it is because you do not love as you should. Love is the virtue that shines through every virtue, especially trust. The soul that trusts only in himself – his wants and his efforts – is like a ship without a rudder cast about on the sea of self-love. It is tossed upon the waves of empty goals and aimless efforts, never finding the port of peace. But the soul who accepts all things as from the Hand of God is already at peace. His wants are My Wants. His will is My Will, which is always the Will of My Father in Heaven. Love, trust, surrender and peace follow in this order. The more Holy Love comes to perfection in your heart, the more you trust – the more you surrender, the more you are at peace. You will please make this known."

■ **April 11, 2003. CONFORMITY TO THE DIVINE WILL**

"I am your Jesus, born Incarnate. I invite you to understand that Holy Love, Holy Trust, Holy Surrender and Holy Peace all increase in the soul in proportion to his conformity to the Divine Will. So then, see that as the soul progresses deeper into the Chambers of Our United Hearts – love, trust, surrender and peace become deeper and more profound in his heart, for these are the fruits that conformity to the Divine Will will bear, and Holy Love nourishes them all."

■ **October 30, 2021. SATAN'S ATTACKS ON PEACE OF HEART**

God the Father says: "Children, when you trust in My Omnipotent Power, you are at peace. It is Satan who presents to you every sort of challenge to your peace of heart. This is why you must learn to challenge his attacks by virtue of your trust. This is how the Most Blessed Virgin lived Her entire life, trusting in My Divine Will. You do not have to understand My Will, but through your love for Me, know in your heart I bring some good from every circumstance of life. This good may not be always readily apparent. It is your loving trust which gives you patience in every adversity. Therein lies your peace. Satan challenges your peace of heart

at every turn. It is in your peace of heart you are able to unite to My Will for you. This is Satan's defeat in your heart." (*Read Psalm 5:11-12*)

■ **April 11, 2008. THE INNER ELEMENTS OF TRUST**

St. Catherine of Siena says: "Praise be to Jesus. I desire that you understand the inner elements of trust. When the Lord asks a soul to trust, the heart is then set adrift in a period of waiting, waiting to see how the Lord will act and what the Divine Will desires. At times, the soul may feel abandoned, not knowing how long his wait upon the Lord will be. In a sense, this is much like Purgatory, in that the Poor Souls do not know how long they must wait for their deliverance into Eternal Glory. So it would be wise to ask the assistance of the Poor Souls whenever God tells you to trust. They will help you wait upon the Lord, and you can pray for their patience during their time of waiting. Yes, trusting is much like a little Purgatory on earth."

■ **May 29, 2011. TRUST GUIDELINES**

"I am your Jesus, born Incarnate. I tell you in all Truth that the soul who does not trust Me can never find true peace. Furthermore, the soul who claims he trusts Me but does not live in Holy Love in the present moment is lying to himself. Holy Love begets trust. Trust is always ready to surrender any burden to My Divine Providence. Do not say one thing but believe another. You are tricking yourself if you do so. Do not hold in your hearts personal agendas unknown to anyone. This leads to guile. In Holy and Divine Love be united – always united. Do not squander the present moment through guilt or worry. Remember, trust is the foundation of faith. If you follow these guidelines, you will prosper in holiness. Your faith will be strengthened and I will bless you abundantly."

■ **November 9, 2018. MAKE YOUR HEART A SPIRITUAL 'ARK'**

God the Father says: "Children, you can trust in My Divine Will, only if you first love Me. Every virtue is built upon the foundation of love. Trust is the support of every virtue – patience, perseverance, humility to name a few. Holy Love protects you when Satan attacks the very core of your personal holiness, which is the perfection of your virtuous life. Trust is the barometer of your love of Me and My Divine Will. You may not understand My Divine Will which fills every present moment, but trust in Me helps you to persevere, as events play out. Every challenge in life is made easier if you first love Me and then trust Me. I am asking you to make of your hearts a spiritual 'ark' prepared to weather any storm of life and every test of your love for Me. Trust Me as Noah trusted Me when I asked him to build the ark. The spiritual ark of your hearts will be buffeted by the winds of controversy and rained upon by guile and

deceit. But, if your trust in Me is well-grounded in Holy Love, your hearts will withstand any storm. I am protecting a well-built ark in the depths of your hearts." (***Read Psalm 1:1-6***)

■ **March 31, 2020. PATIENT COURAGE – SURRENDER – TRUST**

God the Father says: "Children, you cannot persevere amidst any difficulty unless you first have courage. You cannot be courageous unless you are patient with My Will for you. Patience helps you to surrender to My Will in any given present moment. Your surrender is a movement of your free will to accept My Will for you. Therefore, understand that in your acceptance is your surrender to Me. Every life has some difficulties – every soul its crosses. Every cross is a challenge in trust. You never face a challenge alone if you first surrender it to Me. The cross is made lighter when you surrender with loving trust to My Will knowing I desire what is best for you. All of these are interwoven – patient courage, acceptance of My Will, and surrender. Then, you are able to trust." (***Read Romans 8:28***)

Chastity and Purity

■ **September 21, 2000. LESSON ON CHASTITY**

"I am God the Father, Creator of Heaven and earth, Creator of Jesus born Incarnate, Creator of all sexuality. I created each soul to pursue chastity, for this is according to My Commandments. The human body is created to give life and not lust. The virtue of chastity is not one like patience or humility which through time, effort, and grace comes to perfection. No, the chaste soul must always live this virtue perfectly, for any failure in purity is a sin. Like forgiveness, chastity cannot be practiced in portion, but must be observed always. As in any virtue, chastity must be observed in thought, word, and deed. Each soul has been created to share Heaven with Me. No one reaches the Heart of this Eternal Father through lustful thoughts, words, or actions. These are all inspired by My adversary. No one is childlike and at the same time unchaste. It is only the childlike who enter the Kingdom of Heaven. Make this known."

*NOTE from Rev. Frank Kenney, S.M., Maureen Sweeney-Kyle's Spiritual Director from 1994-2004:

"According to Pope Paul VI in an address June 30, 1968 on the topic 'The Credo of the People of God' Jesus was 'born of the Father

before time began,' and 'through the Father... all things were made' – that is, created, which includes Our Lord's humanity. One birth was from all eternity, impossible for us mortals to totally comprehend, while the other birth happened in time and is well-documented."

■ **September 25, 2000. HOW SATAN ATTACKS PURITY**

"I am your Jesus, born Incarnate. My Messenger, the way to overcome evil is to uncover it, for as long as the enemy lies under cover of darkness hidden from view, he can flourish. This is how Satan attacks purity of heart:

- Through the media – TV, radio, music, books, pornography, movies;
- By disguising himself as freedom, such as promoting artificial birth control within a marriage as the right to choose;
- By promoting abortions and birth control both in marriage and outside of marriage, making sex an act of enjoyment, and not procreation;
- By labeling homosexuality an alternate lifestyle. It is not. It is a sin.
- By promoting immodest fashions, both male and female. How numerous are the sins committed by giving a bad example or tempting another to unchaste thoughts and desires.
- By compromising consciences to believe that extramarital affairs are acceptable. He does this through the aforementioned media."

"Satan's most profound lie that undermines chastity is that sex was created by God for human enjoyment, not procreation within a marriage. This is why self-will has become the battleground of Satan and his cohorts. If love of self is more important to the soul than love of God and neighbor, Satan has an open door to the heart. And so, I invite you to see that unclean spirits come to you every day through these various media and tactics of the adversary, for anything that opposes chastity is an evil spirit. It is up to the human will to unclothe Satan and choose good over evil. Make it known."

■ **April 21, 2000 – Good Friday. THE SCOURGING**

"I am Jesus, the Word Incarnate... I suffered the mortification of the Scourging for those who commit sins of the flesh."

Diligence

■ June 17, 2000. LESSON ON DILIGENCE

"I am your Jesus, born Incarnate. Are you ready for your lesson today? I am here to teach you about the virtue of diligence. Diligence is a virtue much like a container made up of the Will of God in the present moment. Through the practice of diligence, the soul surrenders every present moment task to the Will of God for the love of God. Anything that the soul does which is not done for the love of God is not of eternal value. Through the virtue of diligence, the soul performs each task before him as perfectly as possible. But this perfection varies greatly from a worldly perfectionism. The worldly soul wants to perform tasks perfectly to meet with his own satisfaction or the laud of others. The soul who possesses the virtue of diligence takes on each task purely for love of God. Therefore, even the lowliest task is made worthy and holy and gains eternal merit. The diligent soul knows well that the present moment will never come again. But every moment can be a part of My Victory through diligence. Diligence is like a basket containing freshly baked bread, the bread being the soul's good deeds performed diligently. The aroma of these deeds enhances the environment. The basket is woven of love of God's Will in the present moment. Make it known."

■ June 19, 2000. DILIGENCE SANCTIFIES THE MUNDANE TASK

"I am your Jesus, born Incarnate. I have come to describe to you the virtue of diligence. Diligence can be likened to the grains of sand in an hourglass. The sand is all the acts performed diligently – that is, for love of God. The hourglass represents the love of God which must embrace every thought, word, and deed in the present moment in order to gain eternal merit. Diligence, more than any other virtue, holds the soul to the present moment. It is through diligence the mundane task is sanctified. Make it known."

Forgiveness and Compassion

■ February 20, 1999. LESSON ON FORGIVENESS

"I am Jesus, born Incarnate. I have come to share with you a lesson

on forgiveness. To be forgiving the soul must first be loving. This is an obvious base on which forgiveness is built. Unforgiveness is an overpowering obstacle to holiness. It keeps the heart centered on self and not God or neighbor. Since self-love is the root of all sin, it is at the very basis of all unforgiveness. This is why the soul cannot surrender to Me past hurts, for he puts his own feelings first – God and all others last. I showed compassion to those who wronged Me. But for so many, it is too much of a challenge to their love and humility to return love and forgiveness for insult and injury. You must love Me more than you love yourself. I have commanded it. Forgiveness is a sign that you have done so and are well on the way of holiness. Unforgiveness tells Me you allow your heart to center on you – your pride, your injury. Do not say, 'Why me?' Do not think, 'Woe is me, such and such happened to me.' Such thoughts are full of self-love and bear unforgiveness as a fruit. I send you the grace, through My Mother's Heart, that you need to forgive. Open your hearts. Receive it. Welcome it. Receive the benediction of My Heart in your lives."

■ **July 31, 2004. HOLY FORGIVENESS**

"I am your Jesus, born Incarnate. I have come so that you will know that the soul who forgives all his enemies, his persecutors and detractors is a soul who is blameless in My sight. It is such as these that advance quickly through the Chambers of Our United Hearts. This is Holy Forgiveness and can only be accomplished through Holy Love. When the soul asks with a sincere heart, he receives My assistance in reaching this depth of forgiveness. This is not to say that he no longer holds unpleasant memories about certain people in his past, but he can recall these people and situations without anger. Anger and unforgiveness go hand in hand. Upon this journey of forgiveness, the soul begins to pray for the ones who have in some way injured him. The more unforgiveness is overcome in the heart, the more I fill the heart with My Divine Love – Divine Mercy. The soul must realize that this inner healing cannot take place in his heart apart from Holy Love, for it is love which must replace bitterness and anger. Tantamount to forgiving is to recognize the need to forgive. You will please make this known."

■ **April 20, 2007. INTELLECTUAL, EMOTIONAL, AND SPIRITUAL FORGIVENESS**

St. Thomas Aquinas says: "Praise be to Jesus. Please realize that every virtue must be pursued intellectually, emotionally and spiritually; otherwise it is only pretense. Forgiveness is no different. If it is pursued in the mind and with emotion, it is a beginning. But the real virtue of forgiveness must be deep in the heart. In like manner, the soul must not

allow unforgiveness to enter his intellect and emotions. To do so assails the forgiveness he may have accepted in his heart. This is how Satan attacks the virtuous heart."

■ June 20, 2011. THE BEAUTIFUL GRACE OF FORGIVENESS

"I am your Jesus, born Incarnate. I have come specifically to dissect the beautiful grace of forgiveness. Forgiveness flows directly from Truth. It is Truth that helps the unforgiving heart to make allowances in Holy Love. It is God's Wisdom which allows the soul to accept the human frailty which needs forgiveness. It is humility of heart which finally embraces forgiveness."

The Beautiful Grace of Forgiveness



(M. Kyle)

■ September 5, 1996. HOLY LOVE AND HOLY COMPASSION

"I am your Jesus born Incarnate. My Mercy and My Love are inseparable. Holy Love and Holy Compassion are inseparable. You need to always forgive and overlook each other's faults. Work on your own holiness. I call those who will serve. Remember, I do not call the perfect but the willing."

■ April 15, 2020. A TRUE CHRISTIAN IMITATES JESUS

God the Father says: "Today, I remind you, children, that you must not be a Christian in name only. A true Christian imitates My Son in all ways. Remember, My Son is All-Mercy – All-Love. He is always ready to share His goods, His talents and to forgive. My Son never carried a grudge in His Heart. Even as He hung on the Cross, He begged Me to forgive His persecutors. Those who consider themselves Christian cannot do any less. It is Satan who conjures up reasons to be angry with one another. It is evil that makes the soul pout over supposed injuries to his ego or any wrong perpetrated against him. Christ is and was the personification of loving forgiveness. No one has the right to dishonor the name of Christian and at the same time nurture a grudge in his heart. A true Christian forgives his brethren as I forgive every repentant sinner." **(Read Luke 17:3-4 and 1 Peter 1:22)**

■ April 10, 2006. LOOK FOR THE GOOD IN OTHERS

"I am your Jesus born Incarnate. Today I invoke you, do not be quick to examine the faults of others though they be real and present. Look, rather, for the good in each person for the Holy Love they manifest in word and deed. This is the compassionate way to regard one another. If it is your duty to correct someone, do so in Holy Love."

■ January 24, 2018. MAKE ALLOWANCES

God the Father says: "I am Father of all Ages. Turn to Me. I protect and guide. In order for a soul to forgive, he must cooperate with the graces given to forgive. This brings to light a basic tenet of Holy Love, that is to make allowances. With compassion look upon those you need to forgive and pray that their consciences convict them before My Son judges them. Search your own heart to rid yourself of any residual bitterness. Ask to be 'washed clean' in Holy Love. This frees your spirit of any obstacle between your heart and My Own. Patiently pray for those in whom you see error. Do not slip into sanctimony." (*Read 1 Corinthians 13:4-7*)

■ October 16, 2013. ANATOMY OF UNFORGIVENESS

St. Margaret Mary Alacoque says: "Praise be to Jesus. I have come to explain to you the anatomy of unforgiveness, as this is such an obstacle between the human heart and the Sacred Heart of Jesus. Unforgiveness is really a form of pride. The soul cannot let go of the woundedness by such and such a person; or if the unforgiveness takes the form of guilt, he cannot forgive himself for having done such and such a thing. In this pride is impatience and perfectionism. The soul is impatient with others' imperfections or, in the case of guilt, his own. Humility is the victor over any form of unforgiveness. Humility accepts the error or sin of self or others and moves on. A prayer for the well-being of the one whom you cannot forgive is a good start. Every day pray to recognize the unforgiveness in your own heart, and pray that others forgive you."

■ December 9, 1998. LESSON ON UNFORGIVENESS

Our Lady comes as Refuge of Holy Love. She is seated on a throne and in a pink light. She says: "Praised be Jesus. My angel, today I come to you once again seeking reconciliation between all people, all nations, and God. As I have revealed to you, judging each other is the first step to unforgiveness. Now please understand, the last step in unforgiveness, that is the most unmerciful outward sign against another, is persecution. The unborn are persecuted in the womb for who they are and what they will become. Races and nationalities are persecuted in much the same way. The Church and other religions face an ongoing battle

against persecutors. I, Myself, am persecuted by those whom I love. Persecution is unloving, unforgiving, unaccepting, misunderstanding, and uncompassionate – all taken together as one. It should not surprise you, then, that My missionaries and seers are also considered fair game for Satan's persecution. Much evil is accomplished in the name of discernment. Discernment needs to be accomplished through prayer and openness to the Truth. Some take pride in opposing the ones I use. This is persecution as well. All wars and insurrections begin in judging, then unforgiveness, and finally, persecution. See, then, what an unkind act unforgiveness is. See what it leads to. It leads to hate – the opposite of Holy Love. Please search your hearts today, My children, for any area of unforgiveness, of judging, or persecution. I am blessing you."

LESSON ON UNFORGIVENESS

Finding fault	Compassion
⇓	⇓
Judgment	Compassion
⇓	⇓
Unforgiveness	Compassion
⇓	⇓
Persecution	Compassion
⇓	⇓
Hate	Love

PRAYER TO OVERCOME UNFORGIVENESS

"Jesus, I trust in You. I know that You love me. I desire every obstacle between us be removed. Take from my heart any morsel of unforgiveness so that I can be completely Yours. Help me to forgive those who have hurt me, have lied about me, have gossiped about me, were jealous of me, have stolen from me or have abused me in any way. Then plunge me deep into Your Most Sacred Heart. Cover Me with Your Most Precious Blood. Do not allow me to resist Your Love again through unforgiveness of another. Amen."

(Alanus, Maureen's Guardian Angel – March 6, 2008)

■ August 9, 2004. SURRENDER TO FORGIVENESS

"I am your Jesus, Divine Love – Divine Mercy, born Incarnate. I have come to speak to you once again about unforgiveness. If love and mercy combined made a fine sauce, unforgiveness would be like a bitter herb that ruined the chef's masterpiece when he added it. Unforgiveness in the soul is like a deadly disease – insidious at the onset, but as a deadly cancer to every virtue. Resentments and woundedness are unforgiveness. These are like introverted anger. These are a form of pride buried deep within the soul eating away at personal holiness. Resentments and woundedness come from disordered self-love. The soul cannot accept the wrong that was done to him as God's permitting Will. He cannot allow God to weave the tapestry of his own salvation. He cannot meet the challenge of becoming more humble. I invite each one to surrender everything in the past to Me. Accept all the insults others have perpetrated against you with humility. This is how you surrender to forgiveness. Accept your own sinfulness and weaknesses. I do – I still love you and I forgive you!"

Fortitude

■ May 14, 2010. PRAY FOR FORTITUDE

"I am your Jesus, born Incarnate. Today I have come to ask you to pray for fortitude which lends itself to inner strength in the face of trials. Fortitude enables the soul to push forward unflinchingly despite obstacles and misfortune. The Ministry here – its mere existence – is a witness to the fortitude of many, including your own. Fortitude is like a stubborn patient courage – an unwillingness to surrender to defeat. Without the virtue of fortitude, the Ministry would not be standing today and would not continue to burgeon forth tomorrow. Pray this way:"

Prayer for the Gift of Fortitude

"Lord, send forth Your Spirit and ask Him to place the gift of fortitude in my heart. Through this grace of fortitude, help me to be patient in the face of all trials and difficulties. Give me the courage through fortitude to press on amidst every difficulty. Amen."

■ July 17, 2011. FORTITUDE vs. FORBEARANCE

St. Thomas Aquinas says: "Praise be to Jesus. Listen carefully now,

as you seem to be mixing up what Sr. Rita told you. You are confusing fortitude with forbearance. Fortitude is the 'miracle' of the Holy Spirit. It is fortitude that gives strength to perseverance. It is fortitude that enables the soul to practice forbearance. Fortitude gives the soul strength to practice virtue..." (See also: *Perseverance, Courage and Forbearance*)

■ **April 24, 2020. FORTITUDE IS THE GRACE TO CARRY ON**

God the Father says: "Children, fortitude is the inner strength you need to persevere. In times such as these, the greatest threat to your peace of heart is discouragement. Therefore, you need to pray for fortitude. Realize that when one cross is lifted in victory, it is very often replaced with another. Fortitude gives you the inner strength to accept all I ask of you in each present moment with Holy Courage...Fortitude is the grace to carry on." (*Read Philippians 2:1-2 and Philippians 4:6-7*)

■ **September 3, 2022. THE WEAPON AGAINST WEAKNESS**

God the Father says: "Spiritual fortitude is a rarity these days. The world is winning out in many arenas of spiritual battles. It requires a strong resolve to maintain a firm faith these days. Most people do not notice where their faith is. Is it strong or weak in the midst of the crisis of faith these days? Fortitude does not come into play unless the soul recognizes the battle between good and evil. You cannot win a war unless you engage in battle. Once the war is recognized, fortitude is the weapon against weakness. Pray for the spiritual enlightenment of all souls so that they recognize the enemy of spiritual fortitude and engage this enemy in battle." (*Read Ephesians 6:10-18*)

Meekness

■ **January 15, 1999. LESSON ON MEEKNESS**

"Today's lesson is on meekness. I am Jesus, born Incarnate. Child, as humility goes hand in hand with love, so meekness is the sister virtue of humility. One can hardly be present, and is present only imperfectly, without the other. Meekness lets the soul attain loftiness. Love is patient and kind. Love is slow to anger. These are all fruits of meekness. Humility of heart allows the virtue of meekness to flower, for it is through humility the soul puts himself last and all others first. It is meekness that allows you to be mild in the face of anger – patient in the midst of adversity. Like all virtues, it needs to be in the heart and not superficial. The meek soul

treats all people the same – friend and foe alike. The meek soul has his heart in Heaven while on earth. Thus he quickly mounts to perfection. Practice meekness. Pray for it. I will adorn your efforts with My grace."

■ **January 23, 2006. ANGER**

St. Catherine of Sienna comes. She says: "Praise be to Jesus. People these days do not realize the moment-to-moment warfare they are engaged in. Satan disguises his attacks in many ways. For instance, a soul does not need to lose his temper to cooperate with the spirit of anger. Anger takes on many forms – unforgiveness of self or others, pouting, depression – even procrastination is a form of anger. When the soul cooperates with any of these kindred spirits of anger, he is playing into the hands of Satan. Anger, as with any other spirit, is a form of self-love which is inordinate in desire. Self has taken over the center of the heart – replacing love of God and neighbor. This, of course, opposes unity and promotes conflict. Remember, as well, when you find fault with your neighbor, you had better look into your own heart with honesty and with courage. Very often the same fault you see in your neighbor is, in fact, a fault you need to work on. Because Satan is a lying spirit, he convinces you it is your neighbor who has such and such a fault. Keep your wits about you. Do not let your guard down. Before, you knew nothing of the enemy. Now, you know he is everything that opposes Holy Love in the present moment."

■ **November 19, 2008. ANGER BORN OF UNFORGIVENESS**

St. Thomas Aquinas says: "...The heart that strives to embrace Holy Love in every present moment will make good choices in thought, word and deed – choices that most resemble God's Divine Will. In this light, I wish to help you to see that what you hold in your heart concerning another can affect the relationship of that soul with God. If you are unforgiving, then you are surrounding that person with thoughts of anger. This makes it more difficult for him to turn to Divine Mercy. The same feelings of anger born of unforgiveness present an obstacle between your soul and the Heart of God. Make these things known."

Obedience to the Truth

■ **April 14, 1999. LESSON ON OBEDIENCE**

Jesus comes in red and white. He says: "I am Jesus, Redeemer and

King, born of the flesh. I have come to celebrate with you today this time following My Resurrection. Understand, redemption came to you through My obedience to the cross – the Will of the Father. So today let us discuss obedience. To understand obedience, first understand disobedience. Disobedience is self-love, for the soul loves his own opinion more than God's opinion, more than the Church's opinion, more than the opinion of his superior that God has placed over him. The soul is disobedient that does not obey the Commandments. Tantamount to all the Commandments is the Law of Holy Love, for it embraces all the others. The soul is disobedient that challenges Church law – even if it is in the heart alone. This would include Church dogma, all Church rulings on birth control, women priests, married priests, annulments, forgiveness of sins and My Real Presence in the Eucharist. Today there is much confusion about these things. Some judge in the name of discernment. Even My Mother's apparitions are rash-judged. It is not against canon law to visit these sites before they are investigated and found worthy. Now let Me tell you about obedience. When you obey those in authority over you, you are always accomplishing God's Holy and Divine Will. Obedience is like the sail of a ship, which carried along on the breeze of self-surrender sails safely into port. Or it is like the shoe on your foot which goes where the will directs it. Obedience is a refuge – a mantle of grace. It is a shadow of the soul's humility. It is difficult for the proud to be obedient. Come to Me and I will assist you in this and all the virtues. I love you. I will bless you."

■ **August 25, 2011. SEARCH OUT THE TRUTH**

St. Augustine says: "Praise be to Jesus. The Lord has sent me to relay this Message to all the world and, in particular, to all unbelievers. No one can be converted outside of the Truth. Therefore, as Holy Love is the embodiment of Truth, it follows that no one can be converted outside of Holy Love. Moreover, the Truth is like a well-fitting glove which snugly fits over faith, hope and love. None of these (faith, hope and love), can be genuine unless they embrace Truth and are encapsulated in the Truth. It is not enough to say you live in the Truth or you have the Truth, for some believe in the disingenuous. You must search out the Truth which is always based upon Holy Love."

■ **February 5, 2014. VOWS OF OBEDIENCE**

"I am your Jesus, born Incarnate. I tell you, it is erroneous opinions which have destroyed the morals of the world. I ask each soul to search out the reality of the Truth as it relates to the Ten Commandments. Do not invest in the abuse of authority by obeying it, but make all authority accountable to the Truth. A vow of obedience precludes disobedience but, still, Truth

must be brought to light. Too often, vows are the instrument of control and further abuse of authority."

■ **February 16, 2014. OBEY ALL TEN COMMANDMENTS**

"I am your Jesus, born Incarnate. Today, I come to remind mankind of the importance of obedience to the Ten Commandments. You must obey in full each Commandment. You cannot obtain salvation by obeying nine and disobeying one of these Commandments. Once again, I tell you, that all of these Ten Commandments are embodied in Holy Love. My dear brothers and sisters, it is up to each of you to choose your own salvation through obedience to these Commandments. Be conscious of this and direct your free will accordingly."

■ **July 9, 2014. ABUSE OF AUTHORITY**

Jesus comes with His Mournful Heart exposed. He says: "I am your Jesus, born Incarnate. My Heart reflects My sadness when authority is abused in such a way that virtue is compromised. Consider the ways the virtue of obedience has been misrepresented as dogmatic rule over hearts. It is, in such cases, no longer a virtue to be practiced out of loving respect, but a compliance with a dictatorial leader – no matter if such obedience leads to good or evil. I do not endorse such authority. You can only be with Me or against Me. Erroneous leadership does not make untruth into Truth. With sin there is no gray matter. You must not use obedience as a means of control and belief in error."

■ **July 12, 2014. BLIND OBEDIENCE**

Blessed Mother says: "Praise be to Jesus. Dear children, all the Messages given to you most recently concerning obedience are Heaven's attempt to urge you to live in the Truth. If you blindly obey without an eye towards where you are being led, or what fruits your obedience will bear, you open yourselves to obeying evil and strengthening Satan's grip on the heart of the world. Two things are jeopardized in blind obedience – the moral righteousness of the leader who is given power to dictate as he chooses, and the righteous path of those who blindly obey, for they may be cooperating with evil. This is why obedience in and of itself is not a virtue unless it is tempered with love, humility, wisdom and discernment. Here, I am not speaking about Church dogma which must be obeyed."

■ **September 28, 2014. THE HEART OF THE TRUTH**

"I am your Jesus, born Incarnate. The heart of this Mission has always been the conversion and salvation of souls. I tell you, solemnly, no soul can be converted and saved unless he first recognizes and accepts the Truth. This Truth may be recognition of his own sins and subsequent

repentance; or the Truth needed for conversion may be discovery of the ways leaders have misled the soul to believe evil as good and good as evil. The heart of the Truth is the clear recognition of the difference between good and evil. This Truth must be based upon the Truth of the Ten Commandments and My Commandments of Holy Love. This is the soul of personal holiness." (**Read 1 Peter 1:13-16, 22-23**)

■ January 5, 2015. WHY PEOPLE COMPROMISE THE TRUTH

St. Thomas Aquinas says: "Praise be to Jesus. The reason people compromise the Truth is they want to believe they walk in righteousness while twisting the Truth to suit their own will. But, Truth is Truth and does not change to accommodate sinful, self-serving desires. The prime example of this convoluted thinking is the attempt to reinterpret God's Commandments to fit human will and desires. The reality of the Truth is dismissed as no longer relevant in the 'new' truth that the soul invents for himself. Disobedience to the Truth is evil and leads the soul into darkness. The Truth is godliness." (**Read 1 Peter 1:22 and Titus 1:1-2**)

■ April 22, 2015. EFFECTS OF THE COMPROMISE OF TRUTH

St. Thomas Aquinas says: "Praise be to Jesus. Truth unites the soul to God. Untruth damages the soul's relationship with God. The soul needs to be continually cognizant of where his thoughts, words and actions are coming from and leading him to. If these transgress Holy Love and the Ten Commandments, the Truth has been compromised. This compromise of Truth is the inspiration towards sin. The compromise of Truth pulls the soul away from God's Will and into error. Since all souls are created to be united with God, anything which pulls the soul away from God's Will must be identified and avoided. These Truths are what Satan tries to compromise, so that the soul is unable to be perfected in Holy Love. The very basics of good versus evil are now challenged in this generation of compromise. God's Patience is tested. Each soul needs to surrender over and over to the Truth of Holy Love in order to mend his ongoing relationship with God. This effort will appease the Heart of God. Do not take Truth for granted, for in every present moment Satan challenges the Holy Love in your hearts." (**Read 1 Peter 1:13-16, 22-23**)

■ February 1, 2016. OBEDIENCE TO HOLY LOVE

Mary, Refuge of Holy Love says: "Praise be to Jesus. I have come to help you see that obedience to Holy Love is a refuge and a protection against evil. This obedience helps the soul to recognize evil and to oppose it. Obedience to Holy Love is like placing yourself under My Mantle of Protection and securing your moment-to-moment decisions in

the Divine Will. This obedience is your key to salvation. Of course, you are challenged by those who will not and do not believe. Realize that standing up courageously for the Truth does not win for you popularity. In fact, your belief and support of Holy Love encourages opposition from the enemy. This is why you must strengthen your prayer lives. Sacrifice often for the conversion of the heart of the world. Pray for those who, clothed in goodness, support evil knowingly or unknowingly. Discernment is more valuable today than ever before due to the compromise of Truth and the abuse of authority. When you are obedient to Holy Love, you are obedient to the Truth."

■ **November 25, 2019. BLIND OBEDIENCE**

God the Father says: "Children, I wish to speak to you today about obedience – perhaps a touchy subject. There is obedience which I dictate – obedience to My Commandments. There is obedience to all civil law. These types of obedience must be blind obedience – that is without scrutiny. But some forms of obedience must, of necessity, be challenged. Case in point is obedience to authorities who opposed this Mission before it even began to bloom. Had this Messenger blindly obeyed, millions of prayers would have been left unsaid. Innocent lives would have been lost in the womb. Many Truths would have never been exposed. This is why I continue to say to you, you must pay heed to the consequences of your obedience or disobedience, for this is the age of Satan's confusion. He uses seemingly good, to attain his nasty purposes. Obedience has and continues to be at times a form of control. You must pray for discernment as to who and what to obey. Too often, Satan gains control of situations, people and institutions through blind obedience." (*Read 1 Peter 1:22*)

■ **February 7, 2021. OBEY THE COMMANDMENTS**

God the Father says: "Children, I have given you My Commandments as a pathway to Heaven. Obedience to My Commandments is the garment you must wear when you present your soul before My Son's Judgment. Therefore, learn these rules of Mine and every nuance they represent. Do not rely on a moment of argument when you stand before your God in judgment. There will be no negotiation. Represent obedience to My Commandments to others in the world around you. Every controversy can be settled by the embrace of righteousness over evil. It is man's unwillingness to accept good over evil which creates every controversy. If you think about it, My Will is represented in My Commandments and should be easy to figure out. My Divine Will is the umbrella which protects you from evil if you will obey the Commandments I have imparted to you.

Your eternal life depends upon this obedience." (**Read 1 Peter 1:22-23 and 1 John 3:18-24**)

■ **August 11, 2021. CONSECRATE YOUR HEART AND LIFE**

God the Father says: "If you consecrate your hearts and your lives to the Truth, you will be able humbly to say as the Blessed Virgin did at the Annunciation: *'Behold the handmaid of the Lord; let it be done unto Me according to Thy Will.'* The Holy Mother had to continue throughout Her life to say this. The Truth is what My Will allows in your hearts and your lives to be played out in every present moment. In order to accept the Truth, you must be completely obedient to My Commandments. This is the obedience that is the salvation of the world." (**Read 1 Peter 1:22-2**)

■ **November 23, 2021. DEDICATE YOUR DAY UPON ARISING**

God the Father says: "Children, when you arise in the morning, dedicate your day to My Divine Will. This is the way to consecrate your hearts and your lives to obedience to My Commandments, which is always My Will for you. Be assured of My Assistance in this regard. I will ask your guardian angel to remind you of this obedience at every turn in the road. Recognize the importance of this obedience to My Commandments as your whole salvation depends on this. Do not allow worldly desires to compete with this all-important obedience to My Commandments. Align your thoughts, words and actions to this obedience and do not allow Satan to talk you out of it. Your angels are always trying to remind you of this very important challenge to obey My Commandments. Listen to them." (**Read 1 Peter 1:14-16 and Exodus 23:20-21**)

■ **January 20, 2009. MAKE A DAILY CONSECRATION TO THE TRUTH**

"I am your Jesus, born Incarnate. I have come to speak to you once again about Truth. Truth is all that embodies and supports the Ten Commandments. Therefore, understand that the Law of Holy Love, which is the expression and composite of the Two Great Commandments – to love God above all else and neighbor as self – is Holy Truth. For the soul to determine if he is living in the Truth, he must do some 'housekeeping' in his own heart. This is not unlike cleaning out a refrigerator or sorting through a stack of papers. [He smiles.] You take everything aside and sort through it, evaluating its worth. In the heart of man, everything must be evaluated in the light of Holy Love before it is allowed space within the heart. A heart thus 'tidied up' in Holy Love is pleasing in My sight and is an abode of My Father's Divine Will. The 'clutter' of the world is no longer a part of his moment-to-moment decisions. Here, then, is a Consecration Prayer to the Truth that can be recited daily:"

Petition for Acceptance of an Illumination of Conscience

"Dear Jesus, I petition the Heart of Your Eternal Father to wash my poor heart in the cleansing water of His Divine Will. Show me anything in my heart which opposes Holy Truth, and help me to cast it out forever. I understand that all Truth is based on Holy Love. Only through love and humility can I live in Holy Truth. Through this Truth, which I hope to abide in now, help me to accept any illumination of conscience You choose to send me. Amen."

PRAYER OF CONSECRATION TO THE TRUTH

"Your words, Lord, are Light and Truth. Your Provision, Your Mercy and Your Love come to me clothed in Truth. Help me always to live in Your Truth. Assist me in recognizing Satan's deceit in my own thoughts and in the thoughts, words and actions of others. Do not let humility elude me, as I know humility is Truth itself. Amen."

(Jesus – July 13, 2007)

Patience

■ **February 3, 1999. LESSON ON PATIENCE**

The Sacred Heart of Jesus appears. Jesus smiles. He says: "I am Jesus, born Incarnate. Please transcribe this. Love is patient. Yes, it is true. Patience so closely follows Holy Love – Holy Humility. It is the virtue that reflects love and humility more than any other. Patience is the fruit of love and humility which allows the soul to unite to the Cross. Where patience is lacking you find a flaw in love and humility. If Holy Love was a delicious soup, the broth would be patience flavored by the ingredients of love and humility. Patience is like a sand castle built by the sea, the sand being love and humility. It takes human effort to construct the castle. Thus, you must, with your will, turn your hearts over to patience. Do not allow your efforts in this virtue to be washed away through self-love. My grace and blessing will combine with your efforts. Pray for this virtue. It is the reflection of holiness."

■ **March 30, 2020. THE VIRTUE OF PATIENCE DEFINED**

God the Father says: "Today, I come to define to you the virtue of

patience. Patience does not look back at the way things were – at accomplishments or failures. Patience does not become anxious over the future meditating on the worst-case scenario as events play out. Patience remains in the present moment, living as best as is possible in Holy Love, for that is most pleasing to Me. Patience is the best friend of courage and perseverance amidst difficulties. Patience is the backbone of fortitude and trust in My Will. Patience is the sister of every virtue, strengthening good and opposing evil. During every trial pray for patience, as therein lies your strength. Then, you will rapidly progress along the path of deeper holiness." (**Read 1 Corinthians 13:4-7 and Galatians 6:9-10**)

■ **September 30, 2002. BLESSED MOTHER'S PATIENCE**

Mary of Agreda comes. She says: "Praise be to Jesus. My sister, take this down. I am here to speak to you about the virtue of patience in the life of the Blessed Virgin Mary. Our Lady, who was perfect in every virtue, never allowed time to become Her enemy. In this way She never thought about the past in a negative context – nor did She worry over the future. This allowed Her to patiently live out the present moment in patience and humility. She did not consider how many times She performed a simple task in the past or how long She would need to wait for something in the future. She did not fault others for their sins – thus showing impatience with them. Instead, She prayed for them. When She saw Her Son suffer, She did not have a bitter Heart, but was patient with God's Will for Her and Jesus in the present moment. She endured patiently every separation from Jesus – even His Ascent into Heaven. Humility and love were the basis of Her patience, and they shone through Her like sun shines through crystal. Imitate Her."

■ **October 21, 2005. AWAITING HEAVEN'S PROVISION**

"I am your Jesus, born Incarnate. My brothers and sisters, I have come to remind you that it is the humble heart that is most easily given over to patience. It is only with great patience that you can await Heaven's Provision. Everyone who awaits some type of Divine Provision, whether it is a particular grace, a conversion of a family member or guidance along the path of holiness – each one must practice humility and patience as you await what Heaven offers. Do not jump to conclusions. Wait on My Provision, and I will show you where to go, what to do, when to speak and when to be silent. Tonight I'm blessing you with My Blessing of Divine Love."

■ **November 24, 2005. PATIENCE AND LONG-SUFFERING**

"I am your Jesus, born Incarnate. This is how we must do everything

– together. Invite Me along in the least little effort. Be patient. Patience bears the fruit of long-suffering."

■ **December 27, 2021. TEMPTATIONS**

God the Father says: "Children, I desire you begin to prepare in your hearts for the coming New Year. What things can you change that would bring you closer to Me and more faithful to My Commandments? What are the areas of temptation to sin in your daily routine? How can you show love of your neighbor to a greater degree? Perhaps there are situations in your life that cause you impatience. Learn to pray ahead of time for these moments of temptation. If these temptations occur spontaneously, pray when you arise to offer every temptation to Me as they occur. This way your angel will remind you as each situation towards impatience presents itself. As a matter of course, learn to use your angel throughout the day. He will alert you as to temptations to sin and ways to express love of your neighbor. He will reassure you of your path of righteousness and pull you back to this path if you slip. Disbelief in your guardian angel does not negate his presence or his service to you. He is always in your company, praying for your salvation. It behooves the soul to use him." *(Read Exodus 23:20-21)*

■ **November 5, 2010. PATIENCE BEGETS FORTITUDE**

"I am your Jesus, born Incarnate. My brothers and sisters, tonight I have come to invite you to see that your patience in the face of every adversity and opposition from the most unlikely places demonstrates fortitude; for patience begets fortitude and courage of heart. Continue to pray for these virtues. Tonight I am blessing you with My Blessing of Divine Love."

■ **November 26, 2021. PATIENT SACRIFICE**

God the Father says: "Today, dear children, I invite you to patient sacrifice. This is the type of sacrifice that is most powerful in upsetting Satan's plans. Your patience is one with your acceptance of My Paternal Will for you. This is the surrender that is needed before My Son's Return. Without your efforts in this regard, Satan is victorious in many small ways, as well as in great ways. This is how he takes over hearts, governments, and the economy without much notice. The wise soul can see the evil influence at its inception. The worldly person succumbs to the evil cover-up offered by Satan's cohorts – the media. If you are faithful to prayer, you will see the value of patient sacrifice without counting the cost. You will know which efforts and whom to support. Patient sacrifice bears the fruit of wisdom." *(Read James 4:7-8)*

■ June 16, 2022. HOW TO BE PATIENT WITH OTHERS

God the Father says: "Children, one step in being patient with others is to try to understand the crosses in their lives. Perhaps they are very critical as they suffer from perfectionism. Perhaps they make much of their physical ailments. This should be a sign to you that they have not fully accepted their crosses or that they are proud of their crosses. Try, when dealing with such as these, to put things in perspective for them. This involves representing the Truth to them. You can be sympathetic, but at the same time point out others who suffer similar crosses patiently. At the root of impatience is disordered self-love. Remember how patient Jesus was in carrying His Cross. Pray for patience in every adversity." *(Read Psalm 31:23-24)*

■ September 20, 2022. PATIENCE IN ADVERSITY

God the Father says: "Today, I wish to discuss with you the virtue of patience in adversity. This is a powerful sign of deep personal holiness. It is a sign of acceptance of My Divine Will. My Son was the essence of this virtue as He carried His Cross. The soul who is patient when all seems to be against him shows Me not only that he accepts My Will for him in the present moment, but that he has the patience to wait on My Timing to resolve the problem at hand. No one goes through life on earth without facing dilemmas with other people or certain situations. Impatience with these problems makes everything more difficult. If you await My Timing, you will save negative energy. Oftentimes, you must take advantage of solutions at hand. This, too, requires patience – the patience to accept help. The patience to take certain actions to resolve issues. The grace is recognizing solutions and acting on them patiently." *(Read 1 Peter 2:20)*

■ July 24, 2022. PRAY FOR PATIENCE IN ADVERSITY

God the Father says: "With any cross it is patience and courage that makes it more tolerable. Satan tries to make time the enemy in regards to any cross. This is when the soul needs to pray for patience. This prayer alone takes much courage. Patience in adversity is a long sought-after grace, but necessary in My Plans for victory over sin. Confide your hopes and fears to My Paternal Heart. My Omnipotence stands ready to assist you. Nothing is impossible to Me. I am Lord of All." *(Read Psalm 3:3-4)*

■ June 1, 2022. ACCEPT CROSSES WITH PATIENCE

God the Father says: "Both in turmoil and in victory, I am ever-present to you. Nothing escapes My Gaze. I am Omnipresent. Life has a beginning

and an end on earth. Eternity is forever. It is during each soul's short life on earth, he earns his eternal existence. Therefore, understand that your life in the world is a test. It is your earthly existence which earns your eternity. You must see your crosses in the world as a test towards your eternal existence. Accept each cross with patience. I will help you. Anger has no place in patience or adversity if you wish to gain merit in My Eyes. Your patience in turmoil is a stepping stone on the ladder to a higher place in Heaven. View it as such." (**Read Psalm 3:1-6**)

■ **April 10, 2020. HAVE A PATIENT SPIRIT AT THE HOUR OF DEATH**

"I am your Jesus, born Incarnate. My Death on the Cross was the perfect example of death for all people. Dying takes away all human values – physical powers, appearance, reputation, prestige amongst men, financial power. All of these things, when surrendered with love and patience, become strengths in the spiritual world. My Passion was an example for all to follow in the final hours of life. I lost My independence not with anger but with a patient spirit. I was totally united to the Will of My Father..." (**Read Luke 24:25-26**)

Perseverance, Courage and Forbearance

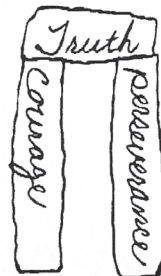
■ **August 13, 2001. COURAGE AND PERSEVERANCE**

"I am your Jesus, born Incarnate. Please comprehend that courage is the ballast which keeps the ship of your soul afloat amidst every storm. Courage is perseverance in the face of adversity. The courageous soul more readily surrenders to My Father's Will in the present moment. The courageous soul is like a little flower which blooms amidst the rocks and obstacles of life. Not beaten down nor discouraged by what lies around him, the courageous soul turns its face towards Me and reaches the fullness of salvation. Such a one trusts Me – surrenders to Me. It is the test of courage that proves the soul's love for Me. Such a soul, I embrace and nurture. I caress it with a soft shower of grace, and warm it with My Divine Love. These little blossoms – these courageous souls – I pluck from the earth and lay at My Mother's Feet. These are the ones that console Her."

■ **October 25, 2013. TRUTH – COURAGE – PERSEVERANCE**

"I am your Jesus, born Incarnate. I have come today to speak further about the Truth. There are two stanchions which support Truth in

the heart. One is courage and the other is perseverance. Courage is necessary to search out the Truth and then stand up for the Truth. Perseverance is the armor around Truth, guarding it in the face of controversy and compromise. Courage is the stalwart effort to find the Truth no matter the source of contradiction. Therefore, through courage the soul searches out the Truth with a conscience well-formed in Holy Love, which is righteousness. Once the Truth is discovered, perseverance enables the soul to never waver from the Truth, but to regard any variance as an evil. The soul that lives this way is not far from My Father's Kingdom. Jesus shows me (Maureen) this vision:"



(M. Kyle)

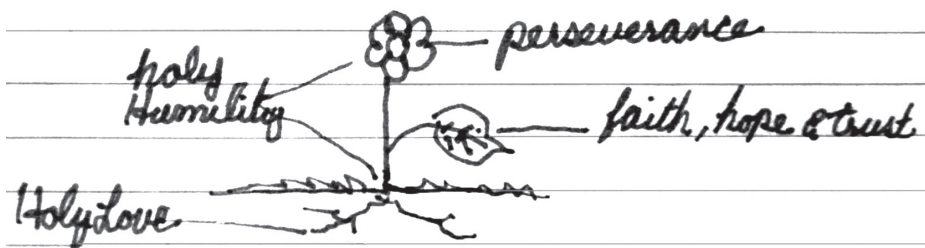
■ June 28, 2002. TRUST – COURAGE – PERSEVERANCE

"I am your Jesus, born Incarnate. Child, if you were to ask Me the cost of trust, I would tell you there is none. Trust begets courage. Courage begets perseverance. So then, when you are called to trust in the present moment, embrace the call, for you have nothing to lose. Cast your concerns upon the Throne of My Heart, for it is only by providence all things are gained. In Heaven every moment is perfected by grace, and there is no element of time – only perfect grace. On earth it is the Will of My Father that brings the moment into perfect grace. The Will of My Father is Holy Love. When your love moves towards perfection, you can more perfectly accept My Father's Will, for trust and love are always one."

(The following 'Lessons on Perseverance' are taken from a series of Messages given by St. Rita of Cascia in 2011.)

■ July 7, 2011. LESSONS ON PERSEVERANCE (Part 1)

St. Rita of Cascia says: "Praise be to Jesus. I have come to speak to you concerning perseverance. Think of a flower. The roots are firmly planted in the soil of Holy Love. The plant that rises out of the soil is Holy Humility.



(M. Kyle)

The leaves that surround the bloom, adding to its beauty, are faith, hope and trust. The flower – the ornament of the whole plant – is perseverance; for it is through all of these other virtues, perseverance blooms. Without Holy Love, Holy Humility, faith, hope and trust, the soul is unable to persevere in prayer or good works. Understand, then, that when you persevere in anything spiritual, all of these virtues are at work."

■ July 8, 2011. LESSONS ON PERSEVERANCE (Part 2)

St. Rita of Cascia says: "Praise be to Jesus. For any soul to persevere in his pursuit of personal holiness, he must be courageous. He must not give in to or listen to Satan's words of discouragement, which lead away from prayer and good works. He must allow Holy Love to be the guardian of his heart in every present moment; thus protecting the soul from distractions. The soul is assaulted in every possible way by his archenemy – Satan – through accusations, lies and every sort of temptation; but within the 'heart of the soul' must be courageous perseverance in Holy Love. This is Christ's weapon and His Victory. If Holy Love is present, perseverance is also present."

■ July 10, 2011. LESSONS ON PERSEVERANCE (Part 3)

(A.M.) St. Rita of Cascia says: "Praise be to Jesus. Today I come to point out to you the necessity of perseverance in everyday – moment to moment – holiness. The soul who seeks to walk the spiritual journey of Holy Love must pray for the grace – the virtue – of perseverance in the virtuous life. Without this Heavenly support, the soul will become distracted, even discouraged, along the way. Perseverance is like the dyke which holds back the flood of Satan's attack upon Holy Love in the heart; or it can be likened to a ladder that encourages and assists the soul in climbing the heights of sanctity. Never take perseverance for granted. Petition the Sacred Heart daily for this special virtue which safeguards all the others, and helps the souls to live in the Truth. Pray this way:"

Prayer for Perseverance in Pursuit of Personal Holiness

"Most Holy Sacred Heart of Jesus, help my heart to persevere in all that is holy. Make me strong in perseverance where I am weak. Never let me become discouraged in pursuing personal holiness. Amen."

■ July 10, 2011. LESSONS ON PERSEVERANCE (Part 4)

(P.M.) St. Rita of Cascia says: "Praise be to Jesus. When you make a soup, the broth becomes part of the vegetables and meat and vice versa. These flavor each other. So it is with perseverance. The virtues

are flavored with perseverance, and perseverance becomes part of the virtues. Perseverance holds the virtues together just as the broth embraces the parts of the soup. Or let me put it this way. The mortar that holds the bricks in place, in the house of holiness within the soul, would be perseverance. Perseverance in Truth must be in the center of every heart for the soul to progress through the Chambers of the United Hearts."

■ **July 11, 2011. LESSONS ON PERSEVERANCE (Part 5)**

St. Rita of Cascia says: "Praise be to Jesus. Please understand that every sin is a transgression against Holy Love. It follows, therefore, that every sin is the result of failure to persevere in Holy Love. I want to give you Heavenly understanding of these Truths. Such understanding would penetrate your heart and never leave."

■ **July 12, 2011. LESSONS ON PERSEVERANCE (Part 6)**

St. Rita of Cascia says: "Praise be to Jesus. I tell you, the soul that does not pray for perseverance in the virtuous life is not sincere in his pursuit of personal holiness. No one can hope to persevere in righteousness without Heavenly help. When souls become over-confident in their own capabilities, they are not God-reliant – not trusting and dependent on God's grace. This is how the enemy of every soul captures the present moment and influences thoughts, words and actions. This is the reason evil has crept into the holiest of places – into long-trusted institutions, governments, education and media. It is the lapse in perseverance towards personal holiness that is the root cause. People cannot live in the Truth if they do not persevere in the Truth. Therefore, comprehend that lack of perseverance leads to every sort of compromise."

■ **July 14, 2011. LESSONS ON PERSEVERANCE (Part 7)**

St. Rita of Cascia says: "Praise be to Jesus. I have come so that all the children of God hear this Truth. Perseverance is the mother of all virtue. Therefore, it follows, perseverance is the mother of all holiness. Consider the role that a mother assumes. She is protective, encouraging, nurturing; such is the way perseverance acts in the soul. Mother Perseverance protects the virtuous life by tenaciously guarding each effort in virtue. Through perseverance, the soul is encouraged to practice virtue, even in the most difficult trials. Like a mother, perseverance nurtures the virtuous life, and gives hope in every test or trial. Yes, perseverance deserves the title 'Mother Perseverance'. Esteem her as such."

■ **July 17, 2011. FORBEARANCE**

St. Rita of Cascia says: "Praise be to Jesus. Before I close my dialogue

with you on Mother Perseverance, I would be derelict if I did not mention a sister virtue to perseverance, which is forbearance. Forbearance is the courageous constraint of emotional reaction in ongoing difficulties. It is the showcase of patience – patient endurance. While perseverance can be practiced interiorly in the virtuous life, forbearance is the outward sign of inner courage in exterior trials. Forbearance is a special gift of grace given to the patient, persevering soul."

Prudence, Wisdom, Temperance and Discernment

■ January 19, 2000. LESSON ON PRUDENCE

"I am your Jesus, born Incarnate. I have come to help you understand the virtue of prudence. Prudence is the conscience of your soul. The prudent person lets Holy Love stand guard over his thoughts, words, and actions. Prudence is like a watchdog which guards his territory against marauders. Prudence stands guard over the soul, monitoring its motives and actions. If prudence could be seen, it would be like a sieve – filtering out all that is evil and keeping what is good. Or if prudence could be tasted, it would be like salt which enhances what it touches and makes it more perfect – more palatable. The soul cannot make himself prudent, just as food cannot season itself. But the soul can practice prudence and pray for it. Sincerity and simplicity precede prudence of heart. They ready the heart for prudence to enter. Prudence comes to perfection in wisdom. But every virtue has its root in love."

■ May 9, 2000. LESSONS ON PRUDENCE (Part 1)

"I am your Jesus, born Incarnate. I have come to help you understand the virtue of prudence. In prudence, wisdom and simplicity are combined. It is prudence which regulates our thoughts, word, and actions. Do you speak too much or not enough? Are you prone to excess in your actions or use of time? Do you allow Satan to rob you of the present by excessive thoughts of the past or future? The prudent person understands his own heart. He prudently avoids temptations and excesses."

■ May 13, 2000. LESSONS ON PRUDENCE (Part 2)

"I am your Jesus, born Incarnate. I have come today to help you understand the virtue of prudence. The first rule of prudence is

righteousness – that is, obedience to God's commandments. Prudence dictates the avoidance of excess in thought, word, or deed. A soul may be wise, but still lack prudence. For instance, a wise soul may – in trying to make a point – state his view over and over, not knowing when enough has been said. This shows lack of trust in My grace. I'll tell you why. This type of soul makes his point, but is unwilling to state his case and [then] let grace do the rest. He cannot allow grace to carry the point into the heart. He seems to think everything depends on his efforts. Prudence governs all the virtues. Sometimes we do not prudently use the virtues. Sometimes a person is too patient and does not speak up in the face of wrong. Or he may show love by spoiling a child and giving in to the child excessively. Prudence is not synonymous with self-righteousness either. For the prudent person seeks to know himself better, searches out his weaknesses and works on them. The simple-hearted soul has little difficulty with prudence, but the proud-hearted find this virtue elusive."

■ **July 3, 2007. PRUDENCE – WISDOM – TEMPERANCE**

St. Thomas Aquinas says: "Praise be to Jesus. I have come to further enlighten you on the virtues. The virtue of prudence goes hand in hand with the gift of wisdom. These two must be woven into the fabric of every virtue in order for them to be used according to God's Will. Attendant to prudence and wisdom is temperance. There is so much presumption in regards to inspiration and spiritual gifts – presumption as to the source of ideas and 'inspiration.' Many, through spiritual pride, presume their own thoughts, as well as Satan's influence, is all from the Holy Spirit; then they act accordingly. Wisdom and prudence must act together in discernment in order to disarm spiritual pride, which the enemy makes full use of. Temperance lets the soul know when to call on certain gifts and virtues, and to what extent the inspiration is from Heaven. Wisdom allows the soul to see the exact nugget of Truth in every inspiration. Prudence speaks to the heart, telling it how and when to act on inspiration. When wisdom, prudence and temperance are absent, the other virtues – no matter their depth – are easy prey for Satan's influence. It is easy for him to present false discernment and to misdirect even the best intentions."

■ **April 5, 2008. PRAY FOR PRUDENCE – WISDOM – TEMPERANCE**

"I am your Jesus, born Incarnate...My flock, pray this way:"

Search for Truth According to the Tradition of Faith

"Father, Son and Holy Spirit, grant me –

Temperance not to accept everything at face value.

Prudence to search out the Truth.

Wisdom to recognize the Truth. Amen."

■ February 19, 2000. LESSON ON DISCERNMENT

"I am your Jesus, born Incarnate. Today, I have come to discuss with you the topic of discernment. Discernment is a gift of the Holy Spirit which follows the virtues of prudence and wisdom. It is deeper than these two and can be likened to instinct in nature. Animals, birds, and fish are born with instincts which help them survive in the wild. These instincts also dictate behavioral patterns such as the swallows' return to Capistrano every year. In the spiritual realm, discernment is a necessity in distinguishing good from evil. Many never obtain the depth of this virtue. They mistake evil for good and vice versa. Discernment – to be real – comes from deep within the soul. It cannot be fingered or indexed. It is a feeling from within. It is not unlike viewing several fine paintings, but feeling from within that one is better than all the rest because it is painted in a more skillful, masterly way. Discernment mounts from many spiritual experiences. There is danger then, when someone presumes they have discernment because they have other gifts, or thinks they have other gifts. Many have been led astray in this way. Many who should have this gift, because they are in positions of authority, do not. Discernment is not synonymous with authority. It is not rash judgment based on leaping to conclusions. It is an opinion based on sifting out the Truth from falsehood. It is like a ship's compass holding the vessel on course. Discernment keeps your soul on track of good. This is a rare gift, given with love and care by God to the humble-hearted. You will make this known."

June 17, 2002

"I am your Jesus, born Incarnate. Child, I created you in the womb as I create each one to be a reflection of My Flame of Divine Love. I alone know how to call forth the inner beauty of the jewel of your soul. With My own Hand I chisel away the rough nature which influences the beauty I created. You often do not recognize My tools, though you feel their sharpness. My tools are temptation and trials. **Every test of virtue that you pass becomes a new facet on the face of the jewel of your heart.**"

"Finally, when I am finished, I look with eagerness to bring My jewel into Paradise - to reveal My handiwork amongst the angels and the saints. The perfect setting awaits the jewels that I refine. It is My Mother's Heart. Within Her Immaculate Heart every jewel reflects the elegance of the Flame of My Fire of Divine Love. It is My call to each soul."

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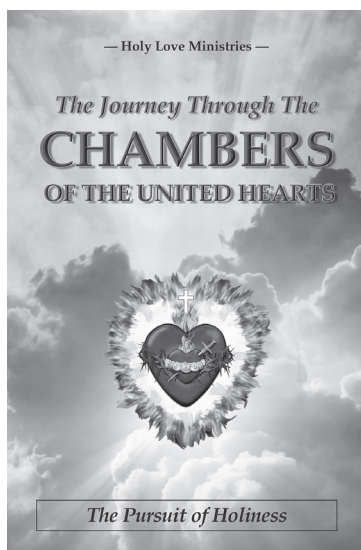


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